



Lebanon Public Schools

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ROBERT J. ANGELI, Superintendent of Schools
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October 1, 2020

Dear Students, Parents and Guardians,

I am writing to let you know that two members of our school community at Lebanon Middle School (LMS) have tested positive for COVID-19. I have consulted with Uncas Health District to ensure appropriate measures are taken. We are fortunate that there has been an open flow of communication with the district regarding potential COVID-19 exposure. As a result, we have been able to provide advice and recommend quarantine if needed. These two people have not been in LMS since September 18. With 13 days since their last contact in school, there is no need for anyone else to quarantine.

I learned on a meeting with superintendents and health officials that there have been very few incidents of in school transmission of COVID-19. We all need to remain cautious, in school and out of school, to keep ourselves and each other safe. Continue to alert your school when a COVID-19 exposure is suspected or a member of your household is getting tested for COVID-19.

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to discuss the following preventive measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Be sure to also wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maximize social distancing between yourself and others when outside of your home.

Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- Fever (100.4° Fahrenheit or higher)

- Chills or shaking chills
- Uncontrolled new cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell

For additional information on COVID-19 symptoms, please see:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

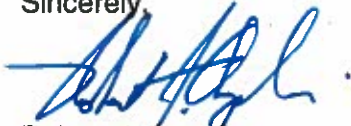
Staff and students exhibiting any of the above symptoms, or feeling ill, should call their medical provider to report their symptoms and ask about testing prior to seeking in-person care at a clinic, physician's office, or hospital.

For more information on what to do if you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see:

<https://portal.ct.gov/-/media/SDE/COVID-19/Addendum-5-Interim-Guidance-for-Responding-to-COVID-19-Scenarios-in-CT-School-Districts.pdf>

A copy of the Daily Checklist is included with this letter. We are in this together.

Sincerely,



Robert J. Angefi
Superintendent of Schools

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