

Warrior Times

USD 398 Newsletter



Volume 9, Issue 3

October 2020



Peabody-Burns Board of Education

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From the Superintendent.....

Growing up on our farm in southeast Kansas, we had a creek that cut diagonally through the quarter section the house sat on. When things got cold enough in the winter I spent hours playing on the ice. Sometimes I tempted fate with the thickness of the ice.



That feeling of venturing out on the ice, watching the cracks appear and hearing that cracking is a lot like how we are venturing forward right now with COVID-19. You have that dreaded feeling of the safety of the ice giving out at any time. That no matter how careful, it may give way. So, you stay vigilant, sometimes closer to the bank, and only venture out over shallow areas.

It is the same feeling and careful steps that we take each day with our students and staff. Staying ever vigilant. Taking careful steps. Retreating back to remote learning with students who take ill until verification it's just a seasonal bug.

Here's a reality; it's going to be a long winter and that ice is never going to reach the thickness to feel secure for many months ahead. Some believe that after Christmas, or immediately when a vaccine is introduced everything will go back to normal. This is false hope at this point. We will be practicing the safety procedures we are now, all school year. This is as explained by the CDC and

Health services in the state.

Fortunately the kids have been great with following the guidelines, which has helped in our defense of the virus. Still, we have had a bout with a seasonal bug that has elevated concerns with the fever and illness associated with it. This has sparked concerns where multiple tests have been sought with negative results for COVID-19 on all up to this date. This also has led to a clarification on our form concerning the need for seeking service of healthcare provider.

Doctor or no Doctor:

Students are to be 'fever-free' for 24 hours before being allowed to return to school as a rule. If there are COVID-19 symptoms associated with the fever, 72 hours before returning. Administrative assessment in conjunction with the Marion County Health Department is always maintained. Attendance is very important, but not when it puts others at risk of illness. Also, don't forget the doctor's notes when visiting the doctor's office.

Please refer to the form example on page five, and the chart on the last page of the newsletter.

Because of the COVID-19 pandemic, identification of the normal seasonal ailments come with concerns of being a Coronavirus case. Please bear with us through this process and always communicate when unsure. Parents do not need to test for COVID-19 unless the mitigating signs are there. Because it comes in all shapes and forms in symptoms, the safest procedure we know is allowing time for the virus to run its course. To ignore symptoms or to return too early puts others at risk. As always, it is important to not return too soon after a fever and/or illness.



Continues on page 2...

A comparison of COVID-19 and Flu symptoms

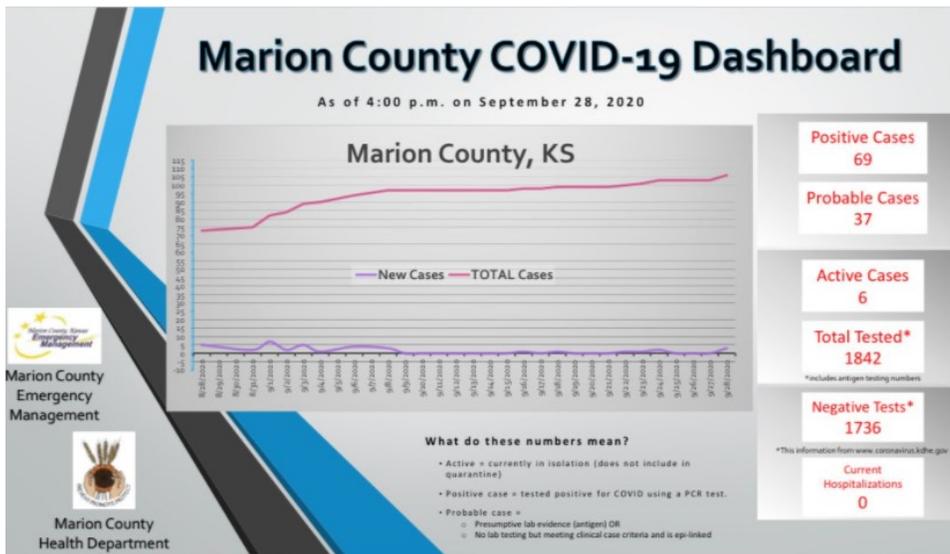
Symptoms	COVID-19	FLU
Fever	Common	Common
Cough	Common	Common
Shortness of breath	Common	Common
Fatigue	Common	Common
Headache	Common	Common
Muscle aches	Common	Common
Sneezing	No	Sometimes
Sore throat	Sometimes	Sometimes
Stuffy or runny nose	Sometimes	Sometimes
Loss of taste and smell	Sometimes	Rare
Diarrhea	Common	Sometimes for children

Here is a chart that shows the common similarities, and differences between seasonal illness' and the COVID-19 virus. This is a good example of how difficult it is to distinguish the severity of the ailment.

We at USD 398 schools feel that what we have established and are maintaining the environment needed to being able to maintain our face-to-face classroom experience. It is important for everyone to realize that this is working and not to "drop our guard" and stop practicing proper procedures established. That is when everything we have worked for will be undermined and the district will have to consider options other than in-classroom learning.

I want to also thank those parents and patrons who are following the guidelines while attending school activities. By doing so you are helping to maintain a safer environment for our students, which will prolong their chances of a full season of activities and classroom experience. As we move through the fall actives into the winter, we ask that you continue to support this effort on behalf of our kids. This is asked, not only for home events, but especially at away events as we travel to other communities.

Food for thought: The White House has said the virus has run its course. The Center for Disease Control (CDC) has said that 90% of Americans are still at risk. This means that over 200,000 people have died out of only 10% of the U.S. population in 9 months. To reach what they refer to as "herd immunity" would mean 2 million people would die in order to reach "herd immunity" in 100% of the U.S. population



When you look at this it becomes clear that wearing a mask and maintaining social distancing is a must for everyone while a vaccine is being developed. It is also important to acknowledge that this won't happen any time soon.

Please be smart and be safe. For your sake and the sake of others.



PBHS FFA

October brings the much anticipated Blue and Gold Sales! FFA members are selling until October 19th, with orders arriving the week of November 2nd.

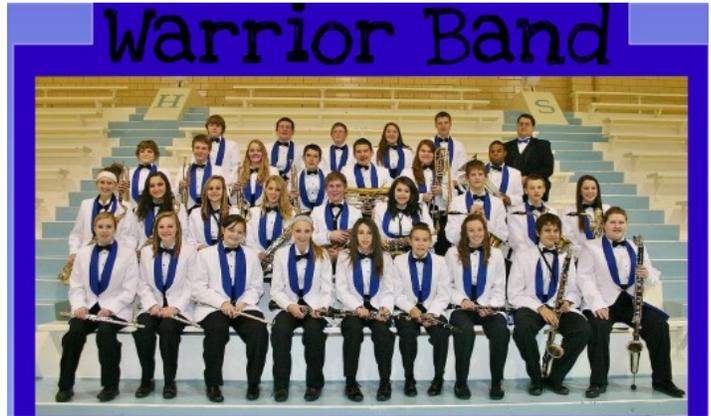
Our chapter will also be participating in a virtual National FFA Convention, which will allow all of our members to participate! We are looking forward to developing our leadership skills right from home! In addition, our chapter is getting ready to celebrate our 70th anniversary next month!

Watch out for more information on ways to join in on the celebration! Our officers have been hard at work planning and preparing for the year, and we are looking forward to sharing it with you all!

WE NEED YOUR HELP

Mrs. Leitnaker is looking for photos and memorabilia from past members of the Peabody-Burns Bands. Peabody has a long history of great bands but not many pictures are present around the school and band room for our current and future members to see.

If you have any photos (copies only please), memories, or memorabilia (that you are ok not having returned) you would like to be a part of a Band History wall please send them to PBHS or contact Mrs. Leitnaker at lleitnaker@usd398.com or by phone

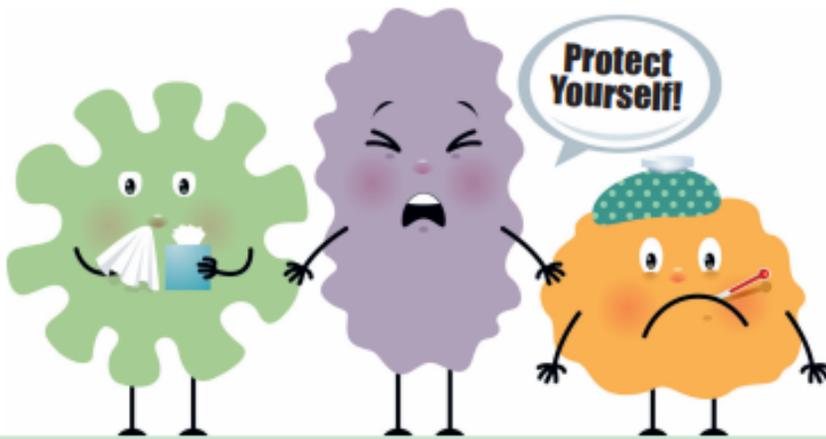


2012-13 PBHS Band

Culinary Essentials

During Culinary Essentials, the students learned about knife safety, proper cutting techniques, and different knife cuts. The students made salsa and fruit pizzas to practice their skills. Mrs. Upchurch is excited to see the students learn and implement new skills this semester. (Mrs. Upchurch)





FLU SHOTS

Marion County Health Department
Mondays – Wednesdays – Fridays
by appointment only

Walk-In Flu Clinic Locations

- Burns Community Center: October 5, 4:30-6:30 pm
- Florence Ambulance Center: October 6, 4:30-6:30 pm
- Goessel City Hall: October 8, 5:00-6:30 pm
- Hillsboro City Hall: October 13, 5:00-6:30 pm
- Lincolville Community Center: October 12, 4:30-6:30 pm
- Marion Co. Health Dept: October 15, 4:30-6:30 pm
- Marion Co. Health Fair: November 7, 8:00-11:00 am
- Marion Senior Center: October 12, 11:00 am-1:00 pm
- Peabody Senior Center: October 6, 11:00 am – 1:00 pm
- Peabody City Hall: October 19, 4:30-6:00 pm
- Tampa Senior Center: October 5, 11:00 am – 1:00 pm

Prior to coming to a clinic, check Facebook or call the Health Dept. to ensure there are no last-minute changes to the schedule.

We bill BCBS and most major medical insurances, along with Medicare & State KanCare insurances. If uninsured, call the Health Department to learn about State-funded flu vaccine.

COVID-19 PRECAUTIONS FOR STAFF AND CLIENTS:

- * Stay home if sick
- * Upon arrival your temp will be taken & you'll be asked to sanitize your hands
- * Face coverings are mandatory
- * We'll be practicing social distancing when filling out paperwork or waiting for a shot

We appreciate your cooperation as we work to safely serve Marion County residents.

Fluzone Flu Vaccine
(6 mo-49 yrs)

Flublok Flu Vaccine
(50-64 yrs)

Senior Flu Vaccine
(65 + yrs)

Marion County Health Department 620-382-2550
504 S. Roosevelt, Marion



Peabody-Burns USD 398 COVID-19 Symptom Checklist

This form will be used if a student/staff is showing symptoms of COVID-19. USD 398 will keep a copy of the form and send one home.

Student Name: _____ Date: _____

Temperature: _____ USD 398 Personnel: _____

Please circle Yes or No for each question and symptom listed below.

Have you been diagnosed with or tested positive for a COVID-19 infection--YES/ NO. If YES, date of diagnosis or positive test result: _____

Students and staff exhibiting symptoms of COVID-19 without other obvious explanations, are prohibited from coming to school, and if they do come to school, they will be sent home immediately. Parents and school staff should be familiar with the symptoms of COVID-19 based on KDHE guidance. Students who have a fever or exhibit other symptoms should not come to school. The current known symptoms are:

Do you have any of the following symptoms?

- * Fever 100 degrees or higher -- YES / NO
- * Lower respiratory illness;
(cough, shortness of breath or difficulty breathing) -- YES / NO
- Shaking, chills, chest pain, pressure or tightness in chest-- YES / NO
- Headache-- YES / NO
- Sore throat -- YES / NO
- Fatigue or difficulty with exercise -- YES / NO
- Nausea, vomiting, or diarrhea -- YES / NO
- Loss of taste or smell -- YES / NO
- Racing heart rate, unusual dizziness -- YES / NO
- Unusual rash or painful discoloration of fingers or toes -- YES / NO

“YES” to any three or more of the above questions or symptoms, and or one asterisk will be required to remain at home and be symptom free for 72 hours before returning. Symptoms beyond 72 hours should be evaluated by a healthcare provider. Students/Staff who have a fever or exhibit other symptoms should not come to school before 72 hours of being symptom free. Returning prior to this will require written clearance from their healthcare provider to the school before being permitted to come back into USD 398 buildings for school or events.

ADMINISTRATOR SIGNATURE: _____

Health Care Provider Numbers:

Marion County Health Dept.-- 620-382-2550

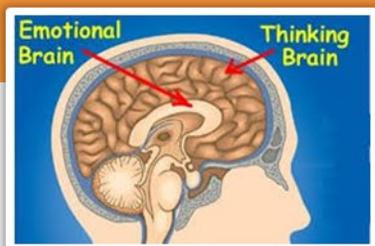
Axtell in Newton-- 316-283-2800

Health Ministries Newton--316-283-6103

**Other health care providers are acceptable.*

How well do you control your emotions?

(For me, it depends on the day, how tired I am, what the situation is about... like everyone else, I struggle with this- ALMOST DAILY)



Just a heads up....

If your child came home saying words like AMYGDALA, PFC, and HIPPOCAMPUS – GET EXCITED!!! If they didn't come home and mention it, ASK THEM ABOUT IT! Week one in group, we discussed three parts of the brain and their function. Then we talked about how important it is that these parts all function together.

When they do not function together, is typically when we have issues. We yell, we say things we don't mean, we get physical and irrational. This is what we termed "flipping your lid." Flipping your lid is when your amygdala begins to operate on its own and does not partner with your thinking part of your brain, the prefrontal cortex.

While it is GREAT that our amygdala does this in dangerous situations, it is not supposed to act alone at all times. Week two we talked about strategies to use to get our amygdala to partner back up with the PFC (prefrontal cortex) so that we THINK before we respond. We practiced taking deep breaths, counting backwards from ten, getting a big drink of water, taking a mindful minute to connect with our senses, and verbalized other tactics like singing your favorite song and coloring.

These are great things to educate ourselves on and practice no matter our age.

Until next time.

Mrs. Hind

✕ **Getting to Know and Love Your Brain** < >

There are three big helpers in your brain. One helps you make smart choices. One helps protect you from danger. And one saves your favorite memories and your ABCs. Can you name the three helpers?

Prefrontal Cortex
(pree-FRUH-tuhl KOR-teks)

I'm prefrontal cortex—PFC, for short. I help you solve math problems and get to know your favorite book and TV characters. Give me time to work, and I can help you make friends, or make the best decision in a tough situation.

Amygdala
(uh-MIG-duh-luh)

I'm amygdala and I'm here to keep you safe! I react FAST. If there's serious danger, I'll help you run, freeze, or fight back.

Hippocampus
(huh-puh-KAM-puhs)

I'm hippocampus and I'm like a scrapbook in your brain! I save everything important that you want to remember—from your ABCs to the names of all the people in your family. When something happens to make you smile, I'll save that as a happy memory!

1000 x 931

✕ → Prefrontal cortex P.F.C. "THE WISE LEADER"

← "Flipped Your Lid"

← The big emotions, anger, fear, anxiety etc... The AMYGDALA - The alarm center Acts on instinct fight, flight or freeze

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Adapted from Dr. Daniel J. Siegel's Hand Model of the Brain found in *Mindsight: The New Science of Personal Transformation* (Bantam Books, 2010)



FAMILIES AND COMMUNITIES TOGETHER, INC.
...Facilitating Collaborative Action to Improve Lives throughout Marion County

Presents



What Is It?

Dolly Parton's Imagination Library is a 60 volume set of books beginning with the children's classic *The Little Engine That Could™*. Each month a new, carefully selected book will be mailed in your child's name directly to your home. Best of all it is a **FREE GIFT!** There is no cost or obligation to your family.

Who Is Eligible?

Children under the age of five in **Marion County**.

What Are My Responsibilities?

1. Be a resident of **Marion County**.
2. Submit an official registration form, completely filled out by the authorized adult.
3. Notify **Marion County Early Childhood Task Force** any time your address changes. Books are mailed to the address listed on the account. Note: If the child's address changes, you must contact your friends at the address on this brochure in order to continue receiving books.
4. Read with your child and have fun!

When Will I Receive Books?

Eight to ten weeks after your registration form has been received, books will begin arriving at your home and will continue until your child turns five or you move out of the covered area.



Dolly Parton's IMAGINATION LIBRARY Official Registration Form

1st Preschool Child's FULL Name _____ Sex: M F Phone _____

Child's Date of Birth _____ / _____ / _____ Sex: M F Phone _____

2nd Preschool Child's FULL Name _____ Sex: M F Phone _____

Child's Date of Birth _____ / _____ / _____ Sex: M F Phone _____

Authorized Adult Name _____

Child's Mailing Address _____
ADDRESS _____
CITY _____ STATE _____ ZIP CODE _____

Email Address _____

I hereby explicitly consent to allow the Dollywood Foundation, Inc. to use the information provided herein for the purposes of participating in Dolly Parton's Imagination Library book gifting program. To measure the benefits of this program we may create datasets with the information provided herein and share them with research and educational advancement partners. You agree to review our full Terms & Conditions and Privacy Policy by visiting imaginationlibrary.com. By signing and submitting this form you expressly consent to the terms set forth herein.

*This child is a resident of **Marion County, KS** * _____

FOR OFFICE USE ONLY: Date Received: _____

SIGNATURE OF AUTHORIZED ADULT _____

Group Code: _____

Cut Here

Sign up your child today!

Simply fill out the above form and mail to:

**Marion County Early Childhood Task Force
 Families and Communities Together, Inc. (FACT)**

416 South Date Street
 Hillsboro, Kansas 67063
 (620) 947-3184 (opt. 5)



PBMHS - Principal Corner



Principal Notes:

As the weather continues to cool and the approaching season of fall is upon us, we find ourselves back into the routine of school. This past month we have watched the students do many exciting things -- the first being returning to school. While we have put in place precautions to help maintain the health of our students and staff, it has been the students who have stepped up and done an outstanding job of complying with the new procedures. I couldn't be more proud of our student body and staff.

We truly are living our motto: Warriors Lead the Way.

If you haven't done so, check out last week's Homecoming pictures of the student hallways on Facebook. Also, a huge shout out to the class of 2022 for placing 1st in the scarecrow contest -- awesome job! At the football game on Friday night, we crowned Madyson Foth and Gage Branson Homecoming queen and king. The Warriors football team ended the weekly activities with a huge victory over Tescott. Congratulations to all of our Warrior nation!!!

As we continue to move forward in the school year, our hope is to have school seem as normal as possible despite Covid-19 safety measures. As a staff, we are committed to in-person classes and maintaining a healthy environment for everyone. As a community and school it is important that each one of us does our small part to maintain the health of those around us. Wearing a mask, while not popular and inconvenient, does play a major part in maintaining a healthy school community.

Last week PBMHS parents received a text message or email containing a survey. This survey will help us prepare and plan in case we would be required to move to a remote environment for our student body. Please take a moment to complete the survey. If you need the link again please let us know. We would like everyone's opinion on this important topic.

Please feel free to call me any time if you have questions, suggestions, or just want to visit.

Scott Kimble – Principal PBMHS

TEACHER SPOTLIGHT

Ms. Heidi Hittle – PBMHS Special Education Teacher



I am proud to be an alumna of PBHS Class of 1992 and excited to be back in my hometown teaching. I graduated from Cloud County Community College in 1994 with a degree in Hotel Management, and again in 2008 with a degree in Early Childhood Education. I ran an in-home daycare for 11 years before moving back to Peabody with my husband and youngest daughter. I have worked for the past two years at PBHS as a para while attending Fort Hays State University online to receive a Bachelor's Degree in General Studies. I am currently working towards my Masters in Special Education at Pittsburg State University, am the junior class sponsor, and the liaison between the Peabody Community Foundation and PBHS for giving Tuesday. In my spare time I enjoy quilting, photography, knitting, scrapbooking, walking, raising chickens, gardening, and reading. I am looking forward to my first year of teaching and giving back to my community!

October Happenings

Oct. 1st MS FB/VB @ Herington
 Oct. 2nd HS FB vs South Barber
 Oct. 6th HS VB @ Little River
 Oct. 8th MS FB/VB vs Wakefield
 Oct. 9th HS FB @ Caldwell
 Oct. 13th HS VB @ Home (Quad)
 Oct. 15th MS FB/VB @ Little River

Oct. 16th FB vs South Haven
 Oct. 17th HS VB @ Little River (WSL)
 Oct. 19th MS VB @ Little River (WSL)
 Oct. 20th HS VB Regionals @ TBA
 Oct. 23rd HS FB @ Norwich
 Oct. 24th HS VB Sub-State @ TBA



"Warriors Lead the Way"



PBES STUDENT OF THE MONTH

NOMINATIONS FOR SEPTEMBER:

(Nominations can be / are made by ANY/ALL staff at PBES)

MaKyla Mann : Makyla is a very polite student. She listens well to directions and asks questions if she doesn't understand something. MaKyla is also very patient. She raises her hand and waits with no interruptions until an adult is available to help her. Her work space and assignments are always neatly done. I appreciate her big smile and cheerful attitude! MaKyla is a great addition to the PBES and 4th grade family!

Kayden Spectenhauser: Kayden has been working hard on all areas of study this year. Even if an assignment is tough, he is sticking in there to getting it done! Kayden has been a mentor to another new student & has been exceptional at it. Kayden also works hard at areas besides academics and I feel this is something he has earned & deserves!!

Ruger Lies: Ruger is always very polite and says please and thank you. He is very good at sharing and has given up his turn on the swing for others in his class without a second thought on more than 1 occasion. He tries hard to make good choices and follow expectations not just in the classroom but in the hallway as well. Thank you Ruger for being a great example for your classmates!

Bailey Watts: When I see Bailey, she is always being very kind to her classmates. She shares well with others and is great at including others who are around her. Bailey is a joy to be around and has such a sweet heart. Thank you Bailey for being such a great friend to everyone and making kindness a priority.

Jayden Hort: I would like to nominate Jaden Hort for September student of the month because he has shown good citizenship qualities this month. When I see Jayden in the hallway or in his classroom he uses respectful words like please and thank you. He also makes great eye contact when being talked to and follows directions. Way to go Jayden!

Gaby Sears: Gaby has been doing a fantastic job of attending her classes through remote learning. Remote learning is NOT EASY! It takes dedication and perseverance to be successful. You have to be a good listener and problem solver. You need to be

able to attend each class period and participate. Gaby, we are so proud of you. Keep up the great remote attendance!!!

Alex Tincher: I nominate Alex Tincher as September student of the month. Alex has been working hard to be pleasant in the hallways. Even though he is wearing his mask, he still is polite using please and thank yous. He says good morning each morning and responds with kindness. Alex is a good role model for a good citizen of Peabody-Burns Elementary. Keep up the great work, Alex!

Brooke Gfeller - Brooke does an absolutely amazing job of following instructions and working her hardest. She not only does this in the classroom with her skills and academics, but she also excels in keeping everybody safe during this trying time. I never have to tell her to social distance or put her mask on. She knows to do it all on her own. She constantly thinks of others and how she can best keep them safe. Excellent job, Brooke!

AND YOUR SEPTEMBER STUDENT OF THE MONTH WINNER IS.....



KAYDEN SPECHTENHAUSER

USD 398 District Job Opportunities

Teacher Aides
Helping Difference

Substitute Teachers



Substitute Custodian



Substitute Bus Driver



If interested in any of the positions listed, please contact the USD 398 office at 506 N Elm St. in Peabody, or call 620.983.2198. Contact us now for details!



5th Grade Update...

The school year of 2020-21 is off to a fast start. The Fifth grade students are faithfully following all of our school's Covid protocol. They are happy to be back in school and being able to see their friends even though they have to follow social distancing.

We are Dragons this year:

- **Determined,**
- **Resourceful,**
- **Accepting,**
- **Gracious,**
- **Outgoing,**
- **Neat, and**
- **Skillful**
- ***The 5th grade dragons!***

The 5th graders have charged into math this year by attacking decimals, rounding, fractions and exponents. They have been studying scientist and what scientists do. They are learning about our government and the importance of our citizenship and elections.

Due to the possibility of online learning they have learned how to use Google classroom, gmail, Google slides, Google docs, Google search and google meets, as well as Istation, typing club and fastbridge in preparation for any future remote learning.

Mrs. Welch has challenged all of the 5th graders to a Reading challenge. She will read 40 books this school year if they read 4 chapter books per 9 weeks. The reward will be a movie day at the end of the year. Our first book for the list is entitled The City of Ember. The students are learning about personification, similes, characters, plot, and summaries. They are also trying in science concepts like electricity and magnetism, questioning and investigating.

The students are super excited about being able to start playing band instruments with Mrs. Leitnaker, playing and learning skills with their new PE teacher Coach Whitlock, music on computers and in class with Miss Wattson and Maker-Space.

Article collectively written by the PBES 5th graders.



PBES OCTOBER FUN

Dear Parents,

October 12th Columbus Day



October 12th – 16th School Lunch Week

October 14th Board Meeting 6:00



October 22nd – 23rd NO SCHOOL – Staff Development

October 26th Nutrition – Wear something with a healthy food item printed on it or dress the color of a healthy food.

October 27th Exercise – Dress as if you were about to do your favorite form of exercise

October 28th Sleep – Wear your pajamas to school



October 29th PBES Picture Day Retakes
Mental Health – Protect your head/mind – Wear a Hat Day!

October 30th Halloween / Practice Self-Care. Having fun is a healthy habit!



We will plan a fun activity in the morning and bring your costume to wear in the afternoon.

Classroom Parties start at 2:30

A virtual parade by class will start on the PBES Facebook page

AM Pre-K Parade at 10:00am

PM Pre-K – 5th grade at 2:15pm

October 31st Daylight Saving Time ends. Turn your clocks back 1 hour.



Students have been in school for a couple of weeks now, and we are checking with you to see if you have any changes on your contact numbers, or email. If so please call the office to make those changes. It is extremely important that we are able to contact you during an emergency.

Students getting here on time is important to their learning. School doors open at 7:35am. Breakfast starts at 7:40am, in the classroom. Students will be counted **tardy** if they are not in class at **7:55am**. Please visit with your child to make sure they understand the importance of this critical issue.

Remember to bring in a doctor's note after visiting a doctor, or have them Fax a note to us at 620-983-2247. We will put it with your child's records and record it properly.

As you know, students may purchase an extra milk at lunch for 45 cents. Please send money to the office to put on your child's meal account. Our School has a Zero Tolerance Policy.

Please call the office before 3:00 with information on where your child needs to go after school. Please try and make plans **PRIOR** to them coming to school if at all possible.

Thank you.

HELLO PBES FAMILY!

Things are going really well! Thank you parents / guardians for supporting our efforts to keep everyone safe. Your children are doing great here and it is the best feeling to have them back!

A few quick things -

- Do not forget about the DRESS UP DAYS for the last week of October- "Healthy Habits Week"
- Review our nominees and winner for September student of the month! These ladies and gentlemen are nominated and voted for by other / any staff of PBES.
- I have a website this year! Check it out. :) Here is the URL-

<https://sites.google.com/view/mrshind/home>

AIR HUGS to you all.

(struggling without the real hugs...just saying)

- Mrs. Hind.

PBES DRESS UP DAYS (woot!)

ENCOURAGE HEALTHY HABITS WEEK!

October 26th: **Nutrition-** Wear something with a healthy food on it or dress in the color of a healthy food.

October 27th: **Exercise-** Dress as if you were about to go participate in your favorite form of exercise

October 28th: **Sleep-** Wear your pajamas to school

October 29th: **Mental Health-**

Protect your head / mind - Wear a Hat day!

October 30th: **Halloween / Practice Self-**

Care- Having fun is a healthy habit! We will plan a fun activity in the morning and bring your costume to wear in the afternoon. |

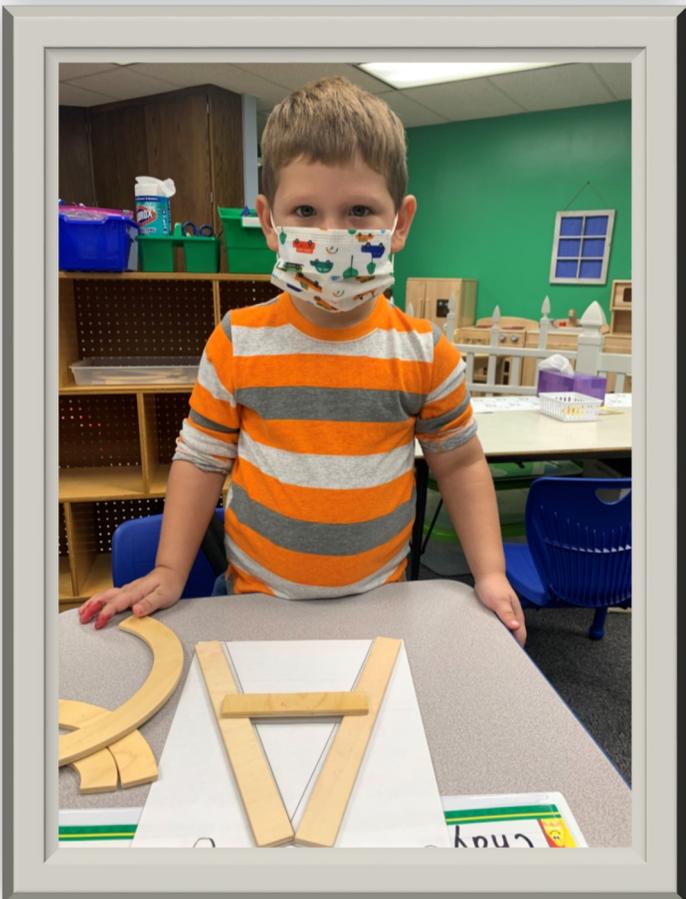


Preschool RULES!



Eliza Unruh paints an apple.

Chase Bozman make a letter A



Scarlett Swain enjoys riding a trike at recess

PBES Happenings.....Mr. Traxson

October is upon us and so is the season for “bugs”. No not the creepy crawly bugs, the bugs that bring fevers, aches, and upset stomachs. It is an important reminder for parents to keep your children at home when your child has a fever. Students are to be ‘fever-free’ for 24 hours before being allowed to return to school. We encourage ‘sharing’ at PBES, but NOT sharing germs and virus’. Attendance is very important at PBES, but not when it puts others at risk of illness. Also, don’t forget the doctor’s notes when visiting the doctor’s office. Please refer to the form example on page five, and the chart on the last page of the newsletter. Because of the COVID-19 pandemic, identification of the normal seasonal ailments come with concerns of being a Coronavirus case. Please bear with us through this process and always communicate when unsure. Parents do not need to test for COVID-19 unless the mitigating signs are there. Because it comes in all shapes and forms in symptoms, the safest procedure we know is allowing time for the virus to run its course. To ignore symptoms or to return too early puts others at risk.

And how do we avoid getting “bit by a bug”? **Flu Shots** will be available on October 5th 4:30 to 6:30 pm at the Burns Community Center, October 9th from 1 am to 1 pm at the Peabody Senior Center, and October 19th 4:30-6 pm at the Peabody City Hall for those parents wanting to take advantage of this opportunity. This is also a good time for a reminder that student shot records are being reviewed to make sure they are up-to-date. State laws require students to be vaccinated if they are attending public schools for the protection of school age students and siblings at home that may be affected. A good example is Pertussis, or commonly called “whooping cough”. Pertussis vaccination is recommended as part of routine childhood immunization. Doses of vaccine are given at 2, 4 and 6 months of age, with booster doses at 4 years and 10-15 years. If these doses are not up-to-date, then students are at-risk. Please make sure your children’s immunizations are current.

Students have been in school for a month now, and we are checking with you to see if you have any changes on your contact numbers. If so please call the office to make those changes. It is extremely important that we are able to contact you during an emergency.

Students getting here on time is important to their learning.

- As cold weather approaches it is important for you to remember that the doors do not open until we have supervision at 7:35 am.
- Breakfast in the classroom starts at 7:40 and students begin their day with announcements at 7:55.
- Students will be counted **tardy** if they are not in class at **7:55**. Please visit with your child to make sure they understand the importance of this critical issue.

Remember to bring in a doctor’s note after visiting a doctor, or have them Fax a note to us at 620-983-2247. We will put it with your child’s records and record it properly.

As you know, students may purchase an extra milk at lunch for 45 cents. Please send money to the office to put on your child's meal account. Our School has a Zero Tolerance Policy.

Please call the office before 3:00 with information on where your child needs to go after school. Please try and make plans PRIOR to them coming to school if at all possible.

November 6th marks the **End of the 1st 9 Weeks**. Decisions still need to be made regarding any Fall Parent-Teacher Conferences.

Just a reminder, there will be **no school on October 22nd and October 23rd**.

Our annual **Halloween Parade** and classroom parties will be held on Friday, October 30th. At 2:30, the students will march around the halls of PBES to show off their costumes. There will be no outside visitors, but it will be recorded on Facebook Live. The parade will be followed by our annual Halloween classroom parties.

Remember to set your clock back on **Saturday night, October 31st**.



School Lunch Menus are located on the district web site under the appropriate building information sites.

Go to www.usd398.net

USD 398 Calendar Corrections/Additions/Reminders

This school year has seen many changes, and will continue to change in order to address new issues and make corrections that were overlooked in the rush to get the calendar out. Because of this, this section will become very important to review with the publishing of each edition.

- Sept. 30** **2019-20 NHS Induction Ceremony** @ 7 pm in the Brown Gym
- Oct. 29** **PBES Picture Re-Take Day**
- Nov. 03** **PBMSHS Picture Re-Take Day**
- Mar. 25** **FFA Chapter Banquet** (moved from April 1st)
- Mar. 30** **Spring Parent-Teacher Conferences** (moved from March 9th)
- Apr. 01** **Spring Parent-Teacher Conferences** (moved from March 11th)
- Apr. 21** **PBES Kids Camp**
- Apr. 30** **PBES Muffins with Mom**
- May 17** **PBES Spring Vocal Program** at the Brown Gym at 7 pm
- May 26** **PBES Field Day & Butler Picnic** on the last day of school

Please check the district calendar on the school website www.usd398.net for ALL the upcoming activities.

Do NOT wear a mask



Around your neck



On your forehead



Under your nose



On your chin



Dangling from one ear



Only on your nose



On your arm



www.cdc.gov/coronavirus

Welcome everybody to the October athletics / activities corner. As the Activities Director I can say it's been a nervous and stressful start of the sports year, but I can say wholeheartedly that I'm extremely proud of the student-athletes and coaches, and sponsors.

We've hosted a volleyball tournament, a volleyball quad, three varsity football games, and one middle school volleyball game, and have had nothing but compliments on how well WE are running OUR events. This does not happen without help from many individuals, with a fear of leaving someone out, I will simply say Thank You to all who help make sure our athletes and events happen successfully. With the current state of COVID-19, we have already honored our senior fall athletes and band members. Unusual as it may have been, I believe it was the right decision to make for the seniors and their parents.

USD 398 Newsletter

FOOTBALL : High school football is currently 2-2 overall. The boys had a THRILLING WIN week 3 vs Stafford, and a great win on homecoming vs Tescott 54-6. With a tough upcoming schedule the warriors will look to position themselves for an opportunity to participate in the playoffs .

PBMS Football: With 4 games cancelled due to low numbers, the boys opened up their season on Oct 1 vs Herington. This group of young men have been working extremely hard and are excited to be on the football field playing.

VOLLEYBALL : The Lady Warriors are fighting hard. These young ladies continue to battle and give solid effort each night. The Lady Warriors are making a great push with the Wheat State League tournament and the playoffs just right around the corner. Sub-State brackets will be released Oct 21 and the games will take place Oct 24, place and time are still TBA.

PBMS Volleyball: This group of young ladies have yet to see the win column, but they continue to fight each night and are playing hard. It has been exciting to watch the growth of this team.

CHEER: The cheerleaders are still practicing hard to cheer on the warriors

DEBATE: These students continue to practice and work on their skills, in hopes for a debate tournament either virtual or in person. They are ready to go compete for PBHS.

FFA: All the members and officers are still pushing forward in becoming leaders and developing the skills needed to compete in competitions. Blue and Gold sales will be starting, so be on the lookout for an FFA member, if you are interested.

BAND/VOICES: Mrs. Leitnaker has been working with band members to learn more about the history and stories behind the music they are playing. The band is also still working on their skills and musicianship while enjoying making music for their own enjoyment, and they do hope to schedule a performance as guidelines change. Voices are practicing everyday and rehearsing.

Notice to all community members: In today's "new normal" there are many changes that have and will take place this year with Athletics/Activities. Some guidelines that we are currently using are, for indoor sports, we are requiring all fans to get their temperature checked, and wear a mask anytime when in USD 398 buildings. Social distancing must be done when possible, and no student sections will be allowed. Direct family members may sit together. Outdoor sports will require a mask to enter the game, socially distancing themselves from others, masks are also being required in what we are calling COVID-19 "zones" (concession stand line, bathrooms, sidelines) and no student sections will be allowed.

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AWAY games may be different from place to place, I will get all information from the school our athletes will be going to. Myself and coaches will relay information to the athletes and community ASAP. Please understand that with COVID-19 things can change in a hurry, as the AD I will continue to do my best to keep the coaches, athletes, staff, and community informed very quickly. All the above guidelines can and will more than likely change day to day or week by week.

KSHSAA has placed many guidelines in place for ALL events and athletes this year, I can assure you that each of PBHS/MS athletes and student members are following these guidelines to the best of their abilities. Some examples of what we are and will continue to do here at PBHS/MS athletes are, no shared water bottles, no shared towels, daily temperature checks, mask when not active, daily disinfection of equipment, and social distancing when possible.

Please check the district calendar on the school website www.usd398.net for ALL the upcoming activities on the "LIVE FEED" section, and the PBHS/MS Facebook page.

IT'S A GREAT DAY TO BE A WARRIOR!!!!

Mr. Joshua G Laney



KSHSAA Classification

The school classifications are out. Peabody-Burns HS remains a 1A.
Listed is our current number and the **Wheat State League** schools numbers from the last 2 years

	2018-19 9 th -12 th Numbers	2019-20 9 th -12 th Numbers	2020-21 9 th -12 th Numbers	KSHSAA Classification
<u>Wheat State League</u>				
Herington	136	119	126	2A
Goessel	112	101	104	1A
Solomon	99	93	95	1A
Little River	99	105	93	1A
Canton-Galva	107	112	91	1A
<i>Hope</i>	(43)	(42)	(38)	
<i>White City</i>	(38)	(39)	(39)	
<u>Rural Vista</u>	<u>81</u>	<u>81</u>	<u>77</u>	<u>1A</u>
Lost Springs-Centre	66	62	69	1A
Peabody-Burns	85	90	65	1A
Elyria Christian	66	68	63	1A
Wakefield	77	67	61	1A



Counselor's Corner

Peabody-Burns Jr./Sr. High School

Welcome Back!

School Counselor:
Ms. Vivone
Email:
[hhvivone@usd398.com](mailto:hvivone@usd398.com)
Phone:
620-983-2196

SEPTEMBER ACT DATES:

Saturday, October 10
Saturday, October 17
Saturday, October 24

To register, please visit:
www.act.org or you can
contact Ms. Vivone.

Study material can be
found on www.act.org

CHARACTER TRAIT OF THE MONTH:

Generosity

"The quality of being kind
and generous."

www.merriam-webster.com/dictionary/

Important Dates to Remember

Sunday, October 4th – Saturday October 10th: Mental Illness Awareness Week

Wednesday, October 7th: PreACT 8/9 for 9th Grade Only

Thursday, October 22nd: NO SCHOOL

Friday, October 23rd: NO SCHOOL

Monday, October 26th- Friday, October 30th: Red Ribbon Week

What is Red Ribbon Week?



"Since its beginning in 1985, the Red Ribbon has touched the lives of millions of people around the world. In response to the murder of DEA Agent Enrique Camarena, angered parents and youth in communities across the country began wearing Red Ribbons as a symbol of their commitment to raise awareness of the killing and destruction cause by drugs in America.

Red Ribbon Week is an ideal way for people and communities to unite and take a visible stand against drugs. Show your personal commitment to a drug-free lifestyle through the symbol of the Red Ribbon, October 23 - 31st." For more information, please visit <https://www.redribbon.org/>.

Mental Illness Awareness Week

How to get help:

- Talk with a health care professional
- Call the NAMI (National Alliance on Mental Illness) Hotline at 800-950-NAMI(6264)

"1 in 5 US adults experience mental illness" and "17% of youth experience a mental health disorder.

Local Alliance on Mental Illness: Wichita
<http://www.namiwichita.org/>



PEABODY-BURNS USD 398

506 Elm

Peabody, KS 66866

Non-Profit Org.

U.S. POSTAGE

Permit No. 5

Peabody, KS

Postal Patron

 		CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES			
SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES	
 Fever	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days	No	
 Headache	Sometimes	Rare	Intense	Sometimes	
 General aches, pains	Sometimes	Slight	Common, often severe	No	
 Fatigue, weakness	Sometimes	Slight	Common, often severe	Sometimes	
 Extreme exhaustion	Sometimes (progresses slowly)	Never	Common (starts early)	No	
 Stuffy nose	Rare	Common	Sometimes	Common	
 Sneezing	Rare	Common	Sometimes	Common	
 Sore throat	Rare	Common	Common	No	
 Cough	Common	Mild to moderate	Common, can become severe	Sometimes	
 Shortness of breath	In more serious infections	Rare	Rare	Common	
 Runny nose	Rare	Common	Sometimes	Common	
 Diarrhea	Sometimes	No	Sometimes**	No	