

OCTOBER 2020

MSHS FALCON CAFE

DAILY MENU OPTIONS:

CHICKEN PATTY ON ROLL
PIZZA ON WHOLE GRAIN CRUST
SUB, SANDWCHI, WRAP, OR SALAD
MADE TO ORDER

Thursday Tuesday **Monday** Wednesday **Friday** 2 Taco salad Grilled cheese sandwich Lettuce, cheese, salsa Tomato soup Sour cream Crackers Refried beans Baby carrots & ranch dip Rice Ice cream cup Corn 5 Deli Line 8 9 6 Chicken nuggets Made to Order Chicken wing pizza Taco salad Cheeseburger on roll Mashed potatoes Sub Chicken tender wrap-deli line Lettuce, cheese, salsa Baked tater tots Gravy Wrap Sour cream Sandwich Tossed salad Baked beans Steamed carrots Salad Steamed broccoli Refried beans Dinner roll Ice cream sandwich Rice Cheese Pizza Corn Green beans 12 13 14 15 16 Deli Line No School Today Made to Order Chicken wing pizza Chicken nuggets Chicken tender wrap-deli line Cheeseburger on roll Sub Mashed potatoes Tossed salad Baked tater tots Sandwich Wrap Gravy Steamed broccoli Baked beans Salad Steamed carrots Oreo cookies Dinner roll Hot dog on roll French Fries 20 22 No School for Students 23 19 Deli Line 21 Made to Order French toast sticks Macaroni and cheese Chicken nuggets Mashed potatoes Sub Sausage links Steamed peas Superintendent's Garlic bread Gravy Sandwich Wrap Hash brown patty Conference Steamed carrots Salad Cinnamon apple slices Ice cream sandwich Dinner roll Oreo cookies Day Corn dog Curly fries 27 26 Deli Line 28 29 30 Chicken nuggets French toast sticks Taco salad Macaroni and cheese Made to Order Mashed potatoes Sausage links Lettuce, cheese, salsa Steamed peas Sub Gravy Hash brown patty Sour cream Garlic bread Sandwich Wrap Cinnamon apple slices Steamed carrots Refried beans Ice cream sandwich Salad Dinner roll Halloween ice cream cup Rice Halloween ice cream cup Buffalo chicken patty Corn Steamed broccoli

Included with all meals:

Fresh fruit Fruit cup 100% Fruit juice

Fat free milk: white or chocolate

1% white milk

