

## October 2020

MONDAY	TUESDAY	WEDNESDAY (Remote)	THURSDAY	FRIDAY
Apple Cinnamon Muffin Applesauce Cup 1% White Milk	Maple Burst Waffles Strawberry Cup 1% White Milk	Cereal Orange 1% White Milk	Blueberry Pancakes Mixed Berry Cup 1% White Milk	Chocolate Chip Muffin Applesauce Cup 1% White Milk
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Chicken Tenders Green Beans Raisins 1% White Milk	Hot Dog on a Roll Corn Pears 1% White Milk	Ham & Cheese Carrot Sticks Apple 1% White Milk	Diced Chicken & Gravy w/Mashed Potato Peaches 1% White Milk	<b>WORKSHOP DAY</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>HOLIDAY</b>	Toasted Cheese Peas Peaches 1% White Milk	Turkey & Cheese Sandwich Celery Sticks Apple 1% White Milk	Shepherd's Pie Carrots Pears 1% White Milk	Pepperoni Pizza Sticks w/marinara Corn Raisins 1% White Milk
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Nacho's w/cheese Broccoli Raisins 1% White Milk	Teriyaki Chicken w/Rice Carrots Pears 1% White Milk	Ham & Cheese Sandwich Carrot Sticks Apple 1% White Milk	Cheeseburger Green Beans Peaches 1% White Milk	Pretzel Sticks w/cheese sauce Peas Apple 1% White Milk
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Chicken Patty Corn Apple 1% White Milk	Cheese Lasagna Green Beans Peaches 1% White Milk	Turkey & Cheese Sandwich Celery Sticks Apple 1% White Milk	Tacos Refried Beans Pears 1% White Milk	Mozzarella Sticks w/marinara Broccoli Raisins 1% White Milk

The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin.

This institution is an equal opportunity provider.