

OCTOBER 2020 High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza Orange Wedges 1% White Milk	Cinnamon Bun Raisins 1% White Milk	Bagel Craisins 1% White Milk	French Toast Sticks Strawberry Cup 1% White Milk	Chocolate Chip Muffin Applesauce Cup 1% White Milk
Maple Burst Waffles	Cinnamon Bun	ALL REMOTE	Blueberry Pancakes	Chocolate Chip Muffin
5	6	7	8	9
Spicy Chicken Patty Carrots Apple 1% White Milk	Macaroni & Cheese w/dinner roll Peas & Cranberry Sauce 1% White Milk	ALL REMOTE	Hot Dog on a Roll Corn Mandarin Oranges 1% White Milk	WORKSHOP DAY
Spicy Chicken Patty Carrots Apple 1% White Milk	Macaroni & Cheese w/dinner roll Peas & Cranberry Sauce 1% White Milk	Ham & Cheese Sandwich Carrot Sticks Apple 1% White Milk	Hot Dog on a Roll Corn Mandarin Oranges 1% White Milk	
12	13	14	15	16
HOLIDAY	Shepherd's Pie w/dinner roll Peaches 1% White Milk	ALL REMOTE	Toasted Cheese Broccoli Pears 1% White Milk	Pepperoni Pizza Sticks W/marinara Pineapple 1% White Milk
	Shepherd's Pie w/dinner roll Peaches 1% White Milk	Turkey & Cheese Sandwich Celery Sticks Apple 1% White Milk	Toasted Cheese Broccoli Pears 1% White Milk	Pepperoni Pizza Stick W/marinara Pineapple 1% White Milk
19	20	21	22	23
Chicken Fries Corn Fruit Cocktail 1% White Milk	Bacon Cheeseburger Green Beans Apple 1% White Milk	ALL REMOTE	Popcorn Fish French Fries Peaches 1% White Milk	Mozzarella Sticks w/marinara Pears 1% White Milk
Chicken Fries Corn Fruit Cocktail 1% White Milk	BLTC Wrap Craisins Pineapple 1% White Milk	Ham & Cheese Sandwich Carrot Sticks Apple 1% White Milk	Nachos w/cheese Broccoli & Raisins 1% White Milk	Mozzarella Sticks w/marinara Pears 1% White Milk
26	27	28	29	30
Cheese Lasagna w/dinner roll Carrots & Pears 1% White Milk	Tacos Refried Beans Mandarin Oranges 1% White Milk	ALL REMOTE	Rib-B-Que Corn Apple 1% White Milk	Garlic Breadsticks w/marinara Peaches 1% White Milk
Cheese Lasagna w/dinner roll Carrots & Pears 1% White Milk	Tacos Refried Beans Mandarin Oranges 1% White Milk	Turkey & Cheese Sandwich Celery Sticks Apple 1% White Milk	Rib-B-Que Corn Apple 1% White Milk	Garlic Breadsticks w/marinara Peaches 1% White Milk

BREAKFAST	COHORT A	COHORT B	REMOTE
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The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin.

This institution is an equal opportunity provider.