

COVID-19 FAQ

Q: If I'm named as a Probably Close Contact (PCC), does it matter if I wore a mask or not?

A: *The guidance given by ADH for identifying a Probable Close Contact is to include only those within 6ft of a positive case, for a cumulative time of 15 minutes or more within 24 hours, during their infectious period. Within that guidance, it does not exclude those who were wearing a mask. The same would apply for plexiglass/temporary barriers between students in the classrooms; it is a preventative measure but does not eliminate the risk of viral transmission within 6 feet of distance.*

Q: How long do I need to quarantine if I'm named as a PCC?

A: *Quarantine begins immediately for 14 days from the last date of contact with the positive case. Testing is recommended for the PCC by standard PCR test (not a rapid test), but not required. They must complete the quarantine, even if they test negative for COVID-19.*

Q: When is the best time to get tested after being exposed to a positive case of COVID-19?

A: *It is recommended that a Close Contact be tested approximately 5 days after exposure to a positive case of COVID-19.*

Q: Are the family members of the PCC required to quarantine even as a secondary contact?

A: Updated 9/16/20: *The ADH is no longer recommending that Secondary Contacts to a positive case quarantine with family members who are considered Close Contacts. However, it is strongly advised that they do their best to allow the Close Contact to quarantine separately when possible.*

Q: How long will quarantine last if you live in the same house with a positive case of COVID-19?

A: Scenario 1: *Close contact with someone who has COVID-19 - live with the person but CAN avoid further close contact.--The last day of quarantine is 14 days from when the person with COVID-19 began home isolation.*

Scenario 2: *Under quarantine and had additional close contact with someone who has COVID-19.--Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.*

Scenario 3: *Live with someone who has COVID-19 and cannot avoid continued close contact.--Quarantine for 14 days after the person who has COVID-19 meets the criteria to end home isolation.*

Q: Do people who were previously diagnosed with COVID-19, need to quarantine if they are re-exposed to a person who has an active COVID-19 infection?

A: *The CDC states, "People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 90 days as long as they do not develop symptoms again." ADH physician, Dr. Joel Tumli-son, has clarified the CDC guidance with this statement, "This applies to someone who has tested positive, isolated, then were cleared from isolation to return to normal activities. If that person is exposed again to someone positive for COVID-19 within 3 months (90 days) of when they were diagnosed, then they do NOT need to quarantine again or get tested again. However, if they develop symptoms typical of COVID-19, they need to see a physician and likely need retesting."*

Updated 9/16/20: *90 Days begins upon Diagnosis. Symptomatic cases would begin on date symptoms started and asymptomatic cases would begin on the test date that resulted in positive.*

Q: If a student or teacher tests positive, will everyone in that classroom need to quarantine for 14 days?

A: *No. Only those that meet the definition of Probable Close Contact will be required to quarantine. Your POC for your school district will discuss with the student (when age appropriate) and teachers to determine who fits in the PCC definition when a positive case of COVID-19 is reported.*