

## TECC LUNCH OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mazzios Cheese Pizza Corn Baby Carrots/FF Ranch Chocolate Chip Cookies Rosy applesauce Chocolate Milk 1% White Milk 1%	2 Grilled Cheese Doritos Vegetarian beans Broccoli Florets/w FF Ranch Banana Chocolate Milk 1% White Milk 1%
5 Pizza Burger Crispy Oven Fries Broccoli Crowns/Ranch Dip Mandarin Orange Slices Ketchup Chocolate Milk 1% White Milk 1%	6 Popcorn Chicken Mashed potatoes/Gravy Carrots Sliced Cooked Rosy applesauce Chocolate Milk 1% White Milk 1%	7 Hot Dog On Whole Grain Bun WG Cheetos Vegetarian beans Pickle Cup GRAPES Chocolate Milk 1% White Milk 1%	8 Mazzios Cheese Pizza Corn Baby Carrots/FF Ranch Chocolate Chip Cookies Diced Peaches Chocolate Milk 1% White Milk 1%	9 Chicken Taco Wrap Loco Potato Rounds Broccoli Florets/w FF Ranch Strawberries and Bananas Chocolate Milk 1% White Milk 1%
12 Chicken and Noodles Green Beans Baby Carrots/FF Ranch Rosy applesauce Chocolate Milk 1% White Milk 1%	13 Sweet Barbeque Chicken Bites Crispy Oven Fries Broccoli Florets/w FF Ranch Mandarin Orange Slices Ketchup Chocolate Milk 1% White Milk 1%	14 Cheese Nachos Refried Beans Baby Carrots/wFF Ranch Peaches diced Chocolate Milk 1% White Milk 1%	15 NO SCHOOL !!	16 NO SCHOOL !!
19 Chicken Sandwich Crispy Oven Fries Baby Carrots/wFF Ranch Rosy applesauce Ketchup Chocolate Milk 1% White Milk 1%	20 WG Spaghetti & Meat Sauce GARLIC TOAST Green Beans Peaches diced Chocolate Milk 1% White Milk 1%	21 Ham & Cheese Sandwich Doritos Vegetarian beans Broccoli Florets/w FF Ranch Mandarin Orange Slices Chocolate Milk 1% White Milk 1%	22 Pizza Corn Baby Carrots/FF Ranch Pineapple Chocolate Chip Cookies Chocolate Milk 1% White Milk 1%	23 Grilled Cheese Potato Wedges Carrot Sticks and Broccoli Florets Banana Ketchup Chocolate Milk 1% White Milk 1%
26 Popcorn Chicken Potato Wedges Green Beans Mandarin Orange Slices Ketchup Chocolate Milk 1% White Milk 1%	27 Cheeseburger WG Cheetos Vegetarian beans Broccoli Florets/w FF Ranch Pickle Cup Pineapple Chocolate Milk 1% White Milk 1%	28 Barbeque Pulled Pork Sandwich Tri Tators Baby Carrots/FF Ranch Rosy applesauce Ketchup Chocolate Milk 1% White Milk 1%	29 Pizza Corn Baby Carrots/FF Ranch Oatmeal Cookie Peaches diced Fat Free Chocolate Milk White Milk 1%	30 Beef Taco Wrap Salsa Green Salad Broccoli Crowns/Ranch Dip Banana Chocolate Milk 1% White Milk 1%

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