

TECC BREAKFAST OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cereal WG Pop Tart Fresh Apple Slices Chocolate Milk 1% White Milk 1% Apple Juice	2 Cereal Graham Crackers Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice
5 Cereal Biscuit Jelly Packet Fresh Apple Slices Chocolate Milk 1% White Milk 1% Apple Juice	6 Pancake on a Stick Syrup Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	7 Cereal Whole Grain Toast Jelly Packet Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	8 Cinnamon Sugar Oatmeal WG Pop Tart Fresh Apple Slices Chocolate Milk 1% White Milk 1% Apple Juice	9 Trix Yogurt Graham Crackers Banana Chocolate Milk 1% White Milk 1% Apple Juice
12 Cereal Chocolate Elf Grahams Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	13 Country Sausage Biscuit Chocolate Milk 1% Apple Wedges White Milk 1% Apple Juice	14 Cereal Whole Grain Toast Jelly Packet Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	15 NO SCHOOL !!	16 NO SCHOOL !!
19 Cereal WG Pop Tart Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	20 Mini Cinnamon Rolls Applesauce Chocolate Milk 1% White Milk 1% Apple Juice	21 Cereal Whole Grain Toast Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	22 WG Pancakes SYRUP Pineapple Chocolate Milk 1% White Milk 1% Apple Juice	23 Trix Yogurt Goldfish Graham Banana Chocolate Milk 1% White Milk 1% Apple Juice
26 Cereal Whole Grain Toast Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	27 Breakfast Frudel Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	28 Cereal Graham Crackers Applesauce Chocolate Milk 1% White Milk 1% Apple Juice	29 WG Pancakes SYRUP Banana Chocolate Milk 1% White Milk 1% Apple Juice	30 Cereal Graham Crackers Fresh Fruit Variety Chocolate Milk 1% White Milk 1% Apple Juice

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