


MILAN HIGH, MIDDLE & INTERMEDIATE SCHOOLS

OCTOBER 2020 MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Menu Subject To Change</i>				1 <u>Cheese Omelet, Graham cracker, Fruit</u> Chicken Fajita Wrap, Refried Beans Salsa, Scoops Fruit	2 <u>Donuts, Yogurt, Fruit</u> French Bread Pizza Tossed Salad Cherry Tomatoes Fruit	3
4 Breakfast includes Fruit Juice and Milk	5 <i>Fall</i>	6 <i>Break</i>	7 <i>Week</i>	8 		10
11 Lunch includes Milk	12 <u>Pop-Tarts,, Cheese Stick, Fruit</u> Chicken Strips Mashed Potatoes & Gravy, Green Beans, Fruit, Muffin	13 <u>Sausage & Pancake Stick, Cheese, Fruit</u> Pizza Crunchers w/Sauce, String Cheese, Corn, Peas, Granola Bar Applesauce	14 <u>Cereal, Granola Bar, Fruit</u> Rotini in Meat Sauce with cheese, Breadstick, Tossed Salad, Tomatoes, Cucumbers/ ranch, Fruit	15 <i>eLearning Day</i>	16 <u>Pop-Tarts, Cheese Stick, Fruit</u> Nacho Grande (chips/meat/cheese) Salsa & Scoops, Black Beans, Fruit	17
18	19 <u>Mini Donuts, Yogurt, Fruit</u> Turkey & Ham Sub Sliced Tomatoes, Peas Applesauce	20 <u>Cereal, Granola Bar, Fruit</u> Biscuit & Gravy, Sausage Patty, Hash Brown Rd., V-Juice, Muffin, Fruit	21 <u>Sausage, Cheese Slice, Biscuit, Fruit</u> Teriyaki Grilled Chicken/Bun, Green Beans, Cole Slaw, Fruit	22 <u>Mini Donuts, Yogurt Fruit</u> Chicken Taquitos, Mexican Rice, Salsa w/ Scoops, Refried Beans, Fruit	23 <u>Pop-Tarts, Cheese Stick, Fruit</u> Pepperoni Pizza, Tossed Salad, Grape Tomatoes, Graham Cracker, Fruit	24
25	26 <u>Cinnamon Roll, Yogurt, Fruit</u> Pork Tenderloin/ Bun, Celery w/ Ranch, Baked Beans, Fruit	27 <u>Cereal, Granola Bar, Fruit</u> Cheeseburger/Bun French Fries Sliced Tomatoes, Fruit	28 <u>Mini Donuts, Yogurt, Fruit</u> Grilled Cheese Sand. Tomato Soup, Crackers, Corn, Applesauce	29 <u>Pop-Tarts, Cheese Stick, Fruit</u> Philly Cheesesteak/ Bun, Green Beans, Sweet Potato Fries, Fruit	30 <u>Cinnamon Roll, Yogurt, Fruit</u> Bosco Pretzel Cheese Sticks, Tossed Salad, Cherry Tomatoes, Fruit	31