

Parent Tips for at Home Learning...

(Hey! I'm not a teacher!)

Now that we are in the swing of things and starting to get moving...how can we make the most of online learning while balancing family life?

Question and Answer:

Q: How do I get my child to complete work at home? Without a fight?

A:

- Set up a firm routine and don't sway...no matter what.
- Make sure that your child has a quiet place to work with all of their materials readily available.
- Plan for breaks
- Use a positive reinforcement system
- Have consequences for not completing work

-Communicate with your child's teacher- if the work isn't completed...let the teacher know why

It's likely that your child spends all day at school working without crying or arguing. To mimic that at home you need to have some teacher tricks!

✓ Do the tough stuff first, get it out of the way and move on. Once that task is done- give a reward.

Example: 5 minutes of playtime/movement break/screen time/drawing/playdoh
(whatever motivates your child)

✓ Break up the rest of the work in small manageable chunks.

✓ Make sure that you have breaks in between the work.

✓ Encourage independence (no matter what your child is telling you...they are not getting 1:1 help all day) ...there are times that a child should and needs to work alone. If your child is struggling with this...set a timer...when the timer goes off...check in on

your child. Then leave them to work again for a short amount of time.

- ✓ Be flexible...when does your child work best? When do they need a break? What if they want to read on the couch? What if they want to work outside? Do whatever works best for your family.

Teachers use all kinds of tricks and tools that keep students engaged. Don't be hard on yourself. Do the best that you can and ask for help!

Q: My child's work load seems like a lot/too? It is more/less than my other child(ren). What can I do?

A: Many different components come into play with work load. What is your child's ability? What is your child's learning style? Is your child a fluent reader? Is there information that is missing/a gap in learning? All these components come into play.

-If your child gets stuck...move on...and ask the teacher. It's not worth the tears. Sometimes it takes a re-teach from the teacher, other times it takes a break...other time it takes longer for a child to complete the work because they are slow workers/readers...that isn't necessarily bad.

-If you think that the work load is too much...talk to the teacher. Keep track of the time that you are spending on each subject/task...so that you can specifically let him/her know what is taking so long.

-If you think that the work load is too little...ask for more! Teachers are always willing to give enrichment tasks.

Q: Teams is hard to understand. What am I looking for? Why do grade levels look different?

A: Most teachers have a weekly schedule. Take that and use it as your guide. It helps kids to physically check off tasks and move on to the next one. If you are having tech issues...call the hotline 492.9330. Everyone is aware that there will be issues with technology. There are times

that it works/does not work. If you have specific questions about Teams. Ask your child's teacher.