



Iroquois School District Pre-K – 12 Athletics Health and Safety Plan

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity, and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

Table of Contents

Athletics Health and Safety Plan: Iroquois School District	3
Resuming PK-12 Sports-Related Activities	4
Primary Point of Contact	5
Key Strategies, Policies, and Procedures	5
Cleaning, Sanitizing, Disinfecting, and Ventilation	6
Social Distancing and Other Safety Protocols	7
Monitoring Student Athletes and Staff Health	13
Other Considerations for Student Athletes and Staff	16
Athletics Health and Safety Plan Professional Development	18
Athletics Health and Safety Plan Communications	19
Athletics Health and Safety Plan Summary: Iroquois School District	21
Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation	21
Social Distancing and Other Safety Protocols	21
Monitoring Student Athletes and Staff Health	22
Other Considerations for Student Athletes and Staff	23
Athletics Health and Safety Plan Governing Body Affirmation Statement	24
Iroquois School District	28
WAIVER AND RELEASE	29
Coaches' COVID Contacts	30

Athletics Health and Safety Plan: Iroquois School District

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

Resuming PK-12 Sports-Related Activities

Key Questions

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities?

Summary of Responses to Key Questions:

Anticipated launch date for sports related activities: August 24, 2020

Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Mr. Richard Bonniger	Athletic Director	814-899-7643, ext. 2503
Mr. Doug Wilson	HS Principal	814-899-7643, ext. 1501
Mr. Shane Murray	Superintendent	814-899-7643, ext. 4002
Mrs. Karen Barringer	PAC	814-899-7643, ext. 6109

Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.

- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student athletes and sporting activities (i.e., restrooms, drinking fountains,	<p><u>Yellow Phase</u> Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease</p> <p>Athletic facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often.</p>	<p>Thad Urban, Iroquois SD Assistant Superintendent</p> <p>Char Schneider, Head Custodian</p>	Cleaning supplies recommended by the CDC, PA and Erie County DOH for appropriate disinfecting of athletic areas.	<p>Y</p> <p>Training on appropriate COVID-19 cleaning techniques re: CDC and DOH guidance</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
locker rooms and transportation)	<ul style="list-style-type: none"> • Weight room remains closed under PA Yellow. <p><u>Green Phase</u></p> <ul style="list-style-type: none"> • Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease. • Athletic facilities should be cleaned prior to arrival and post workouts and team gatherings; high touch areas should be cleaned more often. • Weight room equipment should be wiped down after each individual's use. • Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces. 			
Other cleaning, sanitizing, disinfecting, and ventilation practices	N/A	N/A	N/A	N/A

Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?

- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p>	<p><u>Yellow Phase</u> Physical Activity:</p> <ul style="list-style-type: none"> • Low Risk sports practices may begin. • Modified practices may begin for Moderate and High Risk sports (practices must remain non-contact and include social distancing where applicable. Activity should focus on individual skill development. • Students should refrain from sharing clothing/towels; clothing/towels should be washed after each practice, including pinnies. • Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary. • Hand sanitizer should be used periodically as resources allow. 	<p>Richard Bonniger, Athletic Director</p> <p>Doug Wilson, Iroquois High School Principal</p> <p>Karen Barringer, Pandemic Assistant Coordinator</p>	<p>None</p>	<p>Y</p> <p>Training of coaches on appropriate social distancing behaviors from CDC and Department of Health</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p><u>Green Phase</u></p> <ul style="list-style-type: none"> • Low, Moderate, and High Risk practices and Low and Moderate Risk competitions may begin (As per State, Local, and PIAA Guidelines). • Football games will begin as scheduled. • Wrestling and non-season sport conditioning will be discussed. • Winter and spring coaches will be required to attend COVID training session prior to any practices. • Students should refrain from sharing clothing/towels; clothing/towels should be washed after each practice, including pinnies. • Athletic equipment (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) that may be used by multiple individuals should be cleaned intermittently during practice and events as deemed necessary. • Hand sanitizer should be used periodically as resources allow. • Spotters for maximum weight lifts should be stationed at each end of the bar. <p><u>Sidelines/Bench</u></p> <ul style="list-style-type: none"> • Appropriate social distancing will need to be maintained on sidelines and benches during contests and events as deemed necessary by the school, PIAA, state and local governments. Consider using tape or paint as a guide for students and coaches. 			

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Procedures for serving food at events				
* Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices	<u>Yellow and Green Phase</u> <ul style="list-style-type: none"> Athletes/Coaches should use hand sanitizer as part of pre-workout screening. Hand Sanitizer should be used periodically as resources allow. 	Richard Bonniger, Athletic Director Karen Barringer, Pandemic Assistant Coordinator Derek Hornaman, Athletic Trainer	Hand Sanitizer	N
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	<u>Yellow and Green Phase</u> <ul style="list-style-type: none"> Signs shall be posted in visible locations around the school district informing all attendees of appropriate sanitation procedures for combatting COVID-19. 	Karen Barringer, Pandemic Assistant Coordinator	CDC, PA DOH Signage	N
* Identifying and restricting non-essential visitors and volunteers	<u>Yellow Phase</u> <ul style="list-style-type: none"> Under PA Yellow, no gathering of more than 25 individuals per group, including coaches, per practice area. Controlled non-contact practices only, modified game rules. Social Distancing should be applied during practices and in locker rooms, and gathering areas. <u>Green Phase</u> <ul style="list-style-type: none"> As per State and Local Guidelines (currently 250 – athletes, coaches and spectators) 	Richard Bonniger, Athletic Director Doug Wilson, Iroquois High School Principal	None	N

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<ul style="list-style-type: none"> When not directly participating in practices or contests, social distancing should be considered and applied when possible. 			
Limiting the sharing of materials and equipment among student athletes	<u>Yellow and Green Phase</u> <ul style="list-style-type: none"> All sports may resume normal practice and competition. Students should refrain from sharing clothing/towels; clothing/towels should be washed after each practice, including pinnies. Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary. Hand sanitizer should be used periodically as resources allow. Spotters for maximum weight lifts should be stationed at each end of the bar. <p>Hydration:</p> <ul style="list-style-type: none"> Students MUST bring their own water bottle. Water bottles must not be shared. Hydration stations may not be utilized. 	Richard Bonniger, Athletic Director All Head Coaches	Additional equipment as needed, water bottles	N
Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)	<u>Yellow Phase</u> <ul style="list-style-type: none"> Weight room will be closed. Use of facilities will be limited to one sport at a time. Distance will be kept between specific groups on teams to maintain social distancing. 	Richard Bonniger, Athletic Director All Head Coaches		

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<ul style="list-style-type: none"> Locker rooms are closed. <p><u>Green Phase</u></p> <ul style="list-style-type: none"> Weight room will be open with limitations on number of individuals permitted at a time. Locker rooms are open and athletes will practice social distancing in this area. Lockers are assigned in groups and one group at a time will use the facility Masks are required in locker rooms. 			
<p>Adjusting transportation schedules and practices to create social distance</p>	<p><u>Yellow and Green Phase</u> Modifications for student/coach transportation to and from athletic events may be necessary. This may include:</p> <ul style="list-style-type: none"> Reducing the number of students/coaches on a bus/van. Using hand sanitizer upon boarding a bus/van. Social distancing on a bus. <p>These potential modifications will be determined by the school district, bus companies, Department of Education, state and local governments.</p> <p>Masks must be worn on buses at all times.</p>	<p>Mike Huster, First Student Transportation Services</p> <p>Richard Bonniger, Athletic Director</p>	<p>Additional buses for transportation to athletic events.</p>	<p>N</p>
<p>Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes</p>	<p><u>Yellow Phase</u></p> <ul style="list-style-type: none"> Only necessary staff will be permitted at athletic facilities during practice. Athletes will be asked to social distance while not participating in an athletic practice or game. 	<p>Richard Bonniger, Athletic Director</p> <p>Doug Wilson, Iroquois High School Principal</p> <p>All Coaches</p>		

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<u>Green Phase</u> <ul style="list-style-type: none"> Outdoor events are limited to 250 individuals present counting teams, coaches, officials etc. Indoor events are limited to 25 individuals. 			
Other social distancing and safety practices	Spectators allowed per school district plan will be required to practice social distancing and wear masks.		Signage at stadium	

Monitoring Student Athletes and Staff Health

Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p>	<p><u>Yellow Phase</u></p> <ul style="list-style-type: none"> All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. The screenings could range from a verbal/written questionnaire to a temperature check (See Appendix for COVID-19 Screening Form) Responses to screening questions for each person should be recorded and stored so that there is a record of everyone present in the event a student develops COVID-19. Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his/her primary care provider or other appropriate healthcare professional. A clearance (PIAA Cippe form - page 8) may be required to return to play. <p><u>Green Phase</u></p> <ul style="list-style-type: none"> Any person who has COVID-19 symptoms should not be allowed to participate in practice/games, and should contact their primary care physician or another appropriate healthcare provider. A clearance may be required to return to play. COVID-19 Screenings (Questionnaire and Temperature Checks) may continue as per State and Local government recommendations. Team attendance should be recorded. 	<p>Richard Bonniger, Athletic Director</p> <p>Karen Barringer, Pandemic Assistant Coordinator</p> <p>Doug Wilson, Iroquois High School Principal</p>	<p>Team Bin containing:</p> <ul style="list-style-type: none"> Thermometer Binder for questionnaire Masks Fac Shield Hand Sanitizer Gloves 	<p>Y</p> <p>Training on appropriate temperature check measures</p>
<p>* Isolating or quarantining student athletes, coaching staff, or visitors if they</p>	<p><u>Yellow and Green Phase</u></p> <ul style="list-style-type: none"> Every effort will be made to isolate the ill individual from others, until the student or staff member can leave the school or event. 	<p>Karen Barringer, Pandemic Assistant Coordinator</p>	<p>COVID Screening Decision Flow Chart located in team binders</p>	<p>N</p>

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
become sick or demonstrate a history of exposure	<ul style="list-style-type: none"> If the individual is a student, the parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up. The ill individual will be asked to contact their physician or appropriate healthcare professional for direction. 	Doug Wilson, Iroquois High School Principal Richard Bonniger, Athletic Director		
* Returning isolated or quarantined coaches, staff or student athletes, to school and/or athletics	<u>Yellow and Green Phase</u> <ul style="list-style-type: none"> Student or staff should have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea. 	Doug Wilson, Iroquois High School Principal Mr. Shane Murray, Iroquois School District Superintendent	N	N
Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols	<u>Yellow and Green Phase</u> <ul style="list-style-type: none"> Please note that in the event that a school is closed due to COVID-19, all athletics and extracurricular activities for that school will be canceled and/or postponed. Please note that in the event a county is deemed in Phase Red, school districts will be closed including all athletics and extracurricular activities. Community letters will be circulated with physical copies and emailed copies to all stakeholders. Information will be placed on the School District website. 	Doug Wilson, Iroquois High School Principal Shane Murray, Iroquois School District Superintendent	None	N
Other monitoring and screening practices	N/A	N/A	N/A	N/A

Other Considerations for Student Athletes and Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting student athletes and coaching staff at higher risk for severe illness	<p><u>Yellow and Green Phase</u></p> <p>Require all to maintain physical distance by remaining 6 feet from any other person and avoid contact with people who are ill.</p> <p>Encourage students and staff to cough or sneeze with a tissue or cough or sneeze into your elbow.</p> <p>Avoid touching eyes, nose, and mouth.</p> <p>Encourage students to wash their hands with soap and water frequently.</p>	<p>Doug Wilson, Iroquois High School Principal</p> <p>Richard Bonniger, Athletic Director</p>	None	N

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p>Provide hand sanitizer for all teams.</p> <p>Promote non-contact methods of greeting others.</p> <p>Daily cleaning of athletic facilities as per cleaning and sanitization plan.</p>			
* Use of face coverings by all coaches and athletic staff	<p><u>Yellow and Green Phase</u> Face masks must be worn as per state order. Coaches and all staff members must wear face coverings.</p>	<p>Richard Bonniger, Athletic Director</p> <p>Karen Barringer, Pandemic Assistant Coordinator</p>	None	N
* Use of face coverings by student athletes as appropriate	<p><u>Yellow and Green Phase</u> Face masks must be worn as per state order. Athletes must wear face coverings unless they are outdoors and can consistently maintain social distancing of at least 6 feet. Athletes are not required to wear face coverings while actively engaged in workouts and competitions that prevent the wearing of face coverings, but must wear face coverings on the sidelines, in the dugout, etc. and anytime 6 feet of social distancing is not possible.</p>	<p>Richard Bonniger, Athletic Director</p> <p>Karen Barringer, Pandemic Assistant Coordinator</p>	None	N
Unique safety protocols for student athletes with complex needs or other vulnerable individuals	<p><u>Yellow and Green Phase</u> Student-athletes with disabilities or particular needs will have protections placed during athletic events in accordance with their IEP's or other documentation that has been developed to address their unique needs.</p>	<p>Maria Modzelewski, Director of Special Education</p>	None	N
Management of Coaches and Athletic Staff	<p><u>Yellow and Green Phase</u> The Administration and Athletic Director will continue to manage coaches and staff pursuant to usual protocols.</p>	<p>Shane Murray, Iroquois SD Superintendent</p>	None	N

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Management of Coaches and Athletic Staff		Doug Wilson, Iroquois High School Principal Richard Bonniger, Athletic Director		

Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Preliminary Plan Overview	Community, staff, parents	Shane Murray, Iroquois SD Superintendent	Board Meeting	Handouts	June 18, 2020	August 17, 2020
Preliminary Plan Overview		Karen Barringer, Pandemic Assistant Coordinator				
		Richard Bonniger, Athletic Director				
Post Approved Plan	Community, staff, parents	Shane Murray, Iroquois SD Superintendent	School District Website		June, 19 2020	

Athletics Health and Safety Plan Communications

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Preliminary Plan Overview	Community, Staff, Parents	Shane Murray, Iroquois SD Superintendent	Board Meeting	June 18, 2020	

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
		Karen Barringer, Pandemic Assistant Coordinator Richard Bonniger, Athletic Director			
Post Approved Plan	Community, staff, parents, students	Shane Murray, Iroquois SD Superintendent	School District Website	June 19, 2020	

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Athletics Health and Safety Plan Summary: Iroquois School District

Anticipated Launch Date: August 2020

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)	We will use all appropriate CDC and DOH guidelines to clean facilities regularly, and will provide training to appropriate staff to do the same.

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p> <p>* Procedures for serving food at events including team meetings and meals</p> <p>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</p> <p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p> <p>Identifying and restricting non-essential visitors and volunteers</p>	<ul style="list-style-type: none"> • Will keep separation between appropriate groups (pods) on athletic teams; allowing them to practice in different areas of the athletic facilities. • Will follow all guidelines from the CDC and PA DOH. • Will encourage hand washing, use of hand sanitizer, personal clothing and water bottles. • Signs will be posted in all areas of the School District that inform on CDC and DOH protocols. • Yellow Phase will restrict attendance at athletic events to 25 individuals per group and Green phase will be limited to 250 outdoors and 25 indoors with only necessary attendees. <ul style="list-style-type: none"> • Student athletes will each have their own practice equipment and jerseys, as well as personal water bottles. All equipment will be thoroughly cleaned and sanitized subsequent to each event. • Weight room will be closed in Yellow Phase. Athletes will maintain social distancing while practicing, only one team will use an athletic facility at a time.

Requirement(s)	Strategies, Policies and Procedures
<p>Limiting the sharing of materials and equipment among student athletes</p> <p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p> <p>Adjusting transportation schedules and practices to create social distance between students</p> <p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p> <p>Other social distancing and safety practices</p>	<ul style="list-style-type: none"> • Additional buses will be provided as needed to encourage social distancing. • Teams will be broken in to pods of no more than 14 during practice to facilitate social distancing. • N/A

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</p> <p>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<ul style="list-style-type: none"> • Temperatures will be taken prior to being allowed to compete/coach, will utilize questionnaires for history of exposure. • Individuals who have positive responses to questionnaire may not participate and must return. Individuals testing positive for COVID 19 will follow DOH guidelines for isolation. Contact tracing will be done with the DOH. • Individuals will require medical clearance prior to being permitted to return to athletics. • The Superintendent and Athletic Director will utilize all physical and electronic methods of notifications regarding COVID -19 closures and protocols.

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p> <p>* Use of face coverings by all coaches and athletic staff</p> <p>* Use of face coverings by student athletes as appropriate</p> <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<ul style="list-style-type: none"> • Individuals who are at high risk will be permitted to excuse themselves from participation. • All coaches and staff will utilize facial coverings during events. • Athletes will utilize facial coverings when not actively participating in events. • All appropriate procedures will be followed for students with IEP's and other specific plans to address their unique issues. • The Administration and Athletic Director will continue to supervise all coaches and staff.

Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Iroquois School District** reviewed and approved the Athletics Health and Safety Plan on **(INSERT DATE AS MONTH, DAY, YEAR)**.

The plan was approved by a vote of:

_____ **Yes**

_____ **No**

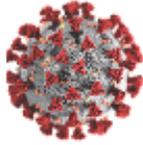
Affirmed on: **(INSERT DATE AS MONTH, DAY, YEAR)**

By:

Signature of Board President

Print Name of Board President

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



CS134057A 04/15/2020

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

BACKGROUND

Contact tracing is the process of reaching out to anyone who came into close contact with an individual who is positive for COVID-19. Contact tracing helps monitor close contacts for symptoms and to determine if they need to be tested. Contact tracing is a key strategy for preventing the further spread of infectious diseases such as COVID-19.

WHAT DOES THIS PROCESS LOOK LIKE?

- In contact tracing, public health staff work with a case to help them recall everyone they have had close contact with during the time they were infectious.
- Public health staff then inform individuals who have had close contact (e.g. “close contacts”) that they have potentially been exposed to COVID-19. Close contacts are only told that they may have been exposed to someone who has COVID-19; they are not told who may have exposed them.
- Close contacts are given education, information and support so they understand their risk. They receive information on what they should do to separate themselves from others who have not been exposed, how to monitor themselves for illness, and are made aware that they could possibly spread the infection to others, even if they do not feel sick.
- Close contacts will be asked to quarantine themselves and are encouraged to stay home and maintain social distancing through the end of their infectious period, which is about 14 days, in case they become sick. They should monitor themselves by checking their temperature twice a day and watch for any other symptoms of COVID-19. Public health staff will check in with these contacts to make sure they are self-monitoring and have not developed symptoms.
- If a close contact develops symptoms, they should isolate themselves and let public health staff know. The close contact will be evaluated to see if they need medical care. A test may be necessary unless the individual is already in a household or long-term care facility with a confirmed case, then the close contact would be considered a probable case without a test.

WHAT TERMS SHOULD I KNOW WHEN IT COMES TO CONTACT TRACING?

- A **case** is a patient who has been diagnosed with COVID-19. A case should isolate themselves, meaning they should stay away from other people who are not sick to avoid spreading the illness.
- A **close contact** is an individual who had close contact with a case while the case was infectious. A close contact should quarantine themselves, meaning they should stay at home to limit community exposure and self-monitor for symptoms.
- A **contact of a close contact** is an individual who had or continues to have contact with a close contact. A contact of a close contact should take all regular preventative actions, like washing hands, covering coughs and sneezes, and cleaning surfaces frequently. A contact of a close contact should be alert for symptoms.

RESOURCES:

Modified from HASD with permission, June 2020

NFHS: Guidance for Opening Up High School Athletics and Activities (per update on May 2020)

Centers for Disease Control and Prevention

Website: [cdc.gov/coronavirus/2019-ncov/index.html](https://www.cdc.gov/coronavirus/2019-ncov/index.html)

“What You Should Know About COVID-19 to Protect Yourself and Others”, “Schools Decision Tree”

PA Department of Health

Website: [health.pa.gov](https://www.health.pa.gov)

“Coronavirus Symptoms”, “What is Contact Tracing”, “Phased Re-opening Plan by Governor Wolf”

A Guide to Re-Entry to Athletics in Texas Secondary Schools

By Jamie Woodall, MPH, LAT, ATC, CPH and Josh Woodall Med, LAT, ATC

**Iroquois School District
Athletic Department
Participation Waiver for Communicable Diseases
Including COVID-19 Recommendations for Athletic Participation**

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that, while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The IROQUOIS SD will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA and DOH, as well as the NFHS and PIAA. The IROQUOIS SD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

These recommendations include but may not be limited to:

1. Athletes, Coaches, and Staff will undergo a COVID-19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the pandemic Phase level. The purpose of the screening is to check for signs and symptoms of COVID-19. It will include a questionnaire and temperature check as needed.
2. Promote healthy hygiene practices such as handwashing, using hand sanitizer, coughing into your elbow, avoiding touching eyes, nose, face and mouth, no spitting, no gum chewing, no handshakes/celebrations (high-fives, fist/elbow bumps, chest bumps, hugging).
3. Intensify cleaning, disinfection, and ventilation in all facilities.
4. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible.
5. Educate Athletes, Coaches, and Staff on health and safety protocols.
6. Anyone who is sick must stay home.
7. Have a plan in place if a student or employee becomes sick.
8. Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures.
9. Athletes and Coaches **MUST** provide their own water bottle for hydration. Water bottles must not be shared. **Refill stations and water fountains will NOT BE initially AVAILABLE!**
10. PPE (gloves, masks, eye protection) will be used as needed and as situations warrant, or are determined by local/state governments. Face coverings will not be used for athletes while practicing or competing.

WAIVER AND RELEASE

In consideration for my student athlete being permitted to participate in IROQUOIS SD athletics during the 2020-2021 academic year during the COVID-19 pandemic, the undersigned, intending to be legally bound hereby, acknowledges and agrees to the following on behalf of themselves and on behalf of their minor children:

I understand and I acknowledge that my minor student-athlete’s participation in athletic events during the COVID-19 pandemic may be inherently dangerous. I further acknowledge that even when conducted in an appropriate and proper manner, exposure to COVID-19 during an athletic event could cause injury to my person and/or property as well as the person or property of my minor student-athlete. I hereby expressly assume the risk associated with all activities regarding my student-athlete’s participation in interscholastic athletics, for myself and for my minor child.

I hereby for myself, my minor child, my heirs, administrators, and assigns specifically acknowledge and agree that the following persons and entities, including but not limited to, the Iroquois School District, its officials, agents, representatives, officers, directors, employees, members or affiliates of any person or entity named above (the “Releasees”) are not responsible for my safety nor the safety of my minor child and that I am fully responsible for my own safety and for the safety of my minor child during athletic participation, BEING FULLY AWARE OF THE RISKS, CONDITIONS, AND HAZARDS of my minor child’s participation in athletic activities and events, I specifically WAIVE, RELEASE, and DISCHARGE, in advance, for myself, my minor child, my heirs, administrators, and assigns, the Releasees above from any and all liability, whether known, or unknown, foreseen or unforeseen, including, but not limited to, damages for death, personal injury, or property damage, from any and all actions, causes of action, claims, damages, demands, injuries, medical expenses, and liability of any nature whatsoever, including reasonable attorney’s fees and interest, which may arise out of the negligence or carelessness on the part of the parties or entities mentioned above, or which may arise from the conditions, whether structural, man-made, natural or otherwise, of participation in athletic activities. I agree to accept all responsibilities for the risks, conditions, and hazards which may occur, whether they are known or unknown, whether they are apparent or not, whether they are foreseen or unforeseen on behalf of myself, my minor child, and my heirs.

BY SIGNING BELOW, I ACKNOWLEDGE AND UNDERSTAND THE RISKS ASSOCIATED WITH MY MINOR CHILD’S PARTICIPATION IN THIS ACTIVITY, AND I SPECIFICALLY RELEASE, DISCHARGE, AND WAIVE ALL ABOVE-MENTIONED RELEASEES OF ANY LIABILITY DESCRIBED ABOVE. I HAVE READ THIS WAIVER AND RELEASE, AND I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.

Sport: _____

Signature of Parent/Guardian

Date

Signature of Student-Athlete

Date

* Parents/Guardians may request a full copy of the ISD Resocialization of Sports Recommendations from the ISD Superintendent and/or Athletic Director.

Coaches' COVID Contacts

- ◇ Have *one* or more of the symptoms in Group A OR
- ◇ Have *two* or more of the symptoms in Group B **OR**

Group A One or more symptoms	Group B Two or more symptoms
<ul style="list-style-type: none"> ◇ Cough ◇ Shortness of Breath ◇ Difficulty Breathing ◇ Sudden loss of taste or smell 	<ul style="list-style-type: none"> ◇ Fever of 100.4 or higher ◇ Sore Throat ◇ Runny nose/Congestion ◇ Chills ◇ Muscle Pain ◇ Nausea or Vomiting, Diarrhea ◇ Headache

If one of your athlete comes to practice with or becomes ill during practice/game with the above symptoms, please:

- Isolate the athlete
- Contact parent to pick up athlete
- Contact:
 - Athletic Trainer - Derek Hornaman @ 814-282-6817
 - Athletic Director – Richard Bonniger @ 814-397-2139
 - High School Principal – Doug Wilson @ 814-790-8049
 - Assistant Pandemic Coordinator – Karen Barringer @ 814-490-6105
- Fill out COVID incident report and turn in to Mr. Bonniger.
- See attached approved screening tool.

Feel free to contact me with any questions at above number of via email @ kbarringer@iroquois.iu5.org.

Karen Barringer
Pandemic Assistant Coordinator