

# OCTOBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Orange Chicken Rice Assorted Yogurt Mandarin Oranges Snap Peas with dip Carrot Sticks	2 5" Personal Pizza Pineapple Veggies-Cook's Choice Snickerdoodle Cookie
5 Hot Dog on a whole grain bun Sweet Potato Fries Cauliflower Applesauce	6 2 Tacos on whole grain tortillas Refried Beans Salsa Chilled Pears Rice Krispy Treat	7 Chicken Patty on a bun Spudsters Carrot Sticks with dip Peaches in light syrup	8 Cheese Dunkers Marinara Sauce Veggies-Cook's Choice Pineapple/Orange Fruit Chocolate Chip Cookie	9 Toasted Cheese Sandwich Veggies-Cook's Choice Fruit Cocktail Oatmeal Raisin Cookie
12 Chicken Drumstick Dinner Roll with butter Mashed Potatoes Peaches in light syrup	13 Cheeseburger on a bun Baked Beans Fresh Tomatoes Applesauce Pudding	14 Mac & Cheese Dinner Roll with butter Cooked Carrots Broccoli with dip Oranges	15 Chicken Nuggets with a Roll Sweet Potato Fries Cucumbers with dip Fruit Cocktail	16 Whole Grain Pizza Veggies-Cook's Choice Apple Chocolate Chip Cookie
19 Grilled Chicken Sandwich Fresh Garden Salad Fresh Broccoli Cranberries	20 Ham and Turkey Sub Carrot Sticks with dip Chilled Pears Baked Lays Chips	21 French Toast Sticks Sausage Links Hash Browns Wango Mango Juice Oranges	22 Hamburger on a whole grain bun Baked Beans Fresh Tomatoes Apple	23 Whole Grain Pizza Veggies-Cook's Choice Peaches in light syrup 100% Fruit Icee
26 Cheese Quesadilla Assorted Yogurt Mandarin Oranges Broccoli with dip Carrot Sticks	27 2 tacos on whole grain tortillas Refried Beans Applesauce Salsa Snickerdoodle Cookie	28 Spaghetti on whole grain noodles Fresh Garden Salad Fresh Cucumbers Garlic Bread Fruit Cocktail	29 Mini Corn Dogs Baked French Fries Cauliflower and Red Peppers Chilled Pears	30 NO SCHOOL  Fall Break