

**Wabaunsee High School
Cross Country Results**

At: Wabaunsee Date: 9-24-2020 Weather: Warm

GIRLS:

Place and Record: 2nd, 0-1

Season Record: 3-4

Varsity

Rebekah Stuhlsatz	2 nd	23:07
Sienna Jones	5 th	25:57
Jenna Donaldson	10 th	27:44
Sophia Castillo	11 th	27:51
Cecelia Emmert	15 th	28:35
Kimi Buchanan	16 th	29:32
Emma Alderman	17 th	30:01

BOYS:

Place and Record: 2nd, 1-1

Season Record: 3-9

Varsity

Eli Mumpower	6 th	20:39
Isaac Lira	9 th	21:15
Angel Trujillo	13 th	22:01
Jacob Daley	23 rd	24:36
AJ Grutsch	26 th	25:25
Matthew Vanstory	27 th	25:39
Shawn Moser	30 th	27:36

JV

Justin Carlson	4 th	30:14
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Comments: First off, thank you to everyone who helped at our meet! It takes a lot of help to run a good meet, and your efforts are greatly appreciated!

It was a tough day to put up good times, but I thought we competed well. Our girls came within 1 point of beating a Rock Creek team that beat us by 22 at the first meet this year. Our boys were 23 points behind Rock Creek today after losing to them by 49 at the first meet of the year. We can keep closing the gap and passing teams if we are determined to get the most out of practice every day. We are entering our the time of year where our training load will be at its highest, and I think we are up to the test.