Returning to Interscholastic Athletics

Portville Central School Elizabeth Colligan- Athletic Director Fall Sports 2020 Matt Gnan -Athletic Trainer

Updates on Athletics

- ► Low-Moderate Risk (NYSDOH) Activities began on Monday, September 21st
- Soccer and Swimming -Portville students
- Practice requirements-10 practices
- ▶ Play games within our league/section until 10/19; games may be played beyond our league/section after 10/19
- No Regional/State Championships
- ► High Risk Activities (football, volleyball, competitive cheer) have been moved to Fall Sports Season II -March 1st
- Winter Sports have been moved to Nov 30th -TBD and Spring Sports will begin April 19th-TBD

Requirements for all athletes to be eligible to play

- NEW THIS YEAR:
 - ▶ Physicals that were completed in the school year '18-'19 or '19-'20 will be accepted for this year
 - Must fill out a health history form (online)
- Code of Conduct, Concussion information and Health History Form must be filled out online
- ► All of these forms can be found on the school website @ www.portvillecsd.org -> Under Athletics

Information about playing sports at PCS

- Must be passing classes (if you are failing 2 or more you will have to attend study center to be eligible)
- Must come to school on time the day of a game and the day after to be eligible (unless it is an excused absence)
- ► A student cannot use or be in the possession of alcohol, controlled substances or tobacco. If they are found to have violated this they will be suspended from the activity for 28 days. They maybe reinstated after 14 days if they attend substance abuse education
- May ride home with legal guardian after away games. Must bring in a note if riding with someone else.

Important COVID Guidelines

Masks:

- Must ensure a distance of at least 6 feet is maintained among individuals at all times, unless safety or the core activity require a shorter distance. If a shorter distance is required, individuals must wear acceptable face coverings, unless players are unable to medically tolerate a face covering for physical activity, provided, however, that coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering. (NYSDOH)
- Acceptable face covering:
 - ▶ 2 -layer cloth-based that cover both the mouth and nose-school will be provided 2 per athlete with their uniforms. They will be turned in at the end of the season.
 - ▶ Bandanas, buffs and gaiters are not acceptable face covering

Screening

- ▶ All athletes will have their temperatures checked before practices and games
- ► The visiting team and all spectators will have their temperatures checked before entering the field area for games

COVID Guidelines

- ▶ Hand Sanitizer
 - ► Players entering/leaving games will be using hand sanitizer. Hand Sanitizer will be used often during practices.
- Disinfectant
 - ► Coaches are disinfecting all equipment after each practice/game
- Masks
 - ▶ Please wash mask daily

Guidelines Continued

- Spectators/Parents at games:
 - ► Must maintain six feet of distance between individuals at all times and all spectators must wear face coverings when the are in common areas and situations where six feet of distancing is not able to be maintained, so long as they are over the age of 2 and medically able to tolerate such cover (NYSDOH)
 - ► Limit of 2 spectators per athlete you will be given passes for away games
 - ▶ Before entering the soccer field area you will be temperature checked
 - ► At the end of the game: Please head to your cars immediately afterwards, your athlete will meet you there

At this time, please use the chat function to ask any questions you may have

Thanks for your understanding of these guidelines during this time. Please call me (716)790-0484 or email me at: ecolligan@portvillecsd.org if you need anything.