

TeleBehavioral Health Program



Adolescence presents unique challenges that may feel overwhelming. The TeleBehavioral Health Program offers a safe and supportive environment where students will explore personal difficulties, identify individual strengths and learn skills to address challenges in a community of peers. The program provides students with year-round long term or short term counseling.

Target issues (not limited to the following):

- Depression
- Anxiety
- Self-Advocacy and Confidence
- Self-Regulation
- Life Transitions
- Grieving and Loss
- LGBTQ Stressors
- Peer & Family Relationships and Dynamics



A School-based Community Health Worker is assigned to assist with linkage between clinician, school and family needs.

Students meet with clinicians using 2-way interactive video conferencing.

Referrals can be made via the guidance office or other school staff, family member or a student may self refer.

For more details, please contact:

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