

HESPERIA UNIFIED SCHOOL DISTRICT  
COMMUNITY RESOURCES  
2020 - 2021



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## ALCOHOL AND DRUG SERVICES

### **Al Anon/Teen Support Groups**

800-356-9996

<http://al-anon.org/>

Free 12-step support groups for family and friends who have been affected by someone's alcohol or drug addiction. **Virtual and in-person services during COVID**

### **Alcoholics Anonymous**

760-242-9292

<http://www.victorvalleyaa.org/>

Free 12-step groups throughout the Victor Valley community.

**Virtual and in-person services during COVID**

### **Narcotics Anonymous**

888-322-6817

<http://www.gma-na.org/>

Free 12-step groups throughout the Victor Valley community.

**Virtual and in-person services during COVID**

## ADULT OUTPATIENT

### **Aegis Treatment Centers, LLC.**

760-956-2462

11776 Mariposa Rd, Suite 103, Hesperia, CA

<http://aegistreatmentcenters.com/>

Opiate addiction treatment only. Methadone maintenance, Subxone, and counseling. Adults only.

**Open during COVID**

### **High Desert Child, Adolescent & Family Services Center**

760-243-7151

16248 Victor Street, Victorville, CA

Adult and child mental health and outpatient alcohol and drug services. Perinatal outpatient services with transportation provided. **Intake in-person, sessions are virtual during COVID**

### **Pine Ridge Treatment Center**

760-248-9199 or 909-867-7027

15367 Bonanza Rd., Suite A, Victorville, CA <http://www.prtreat.com/home>

Outpatient drug and alcohol programs and Employee Assistance Program. **Virtual services during COVID**

Residential Co-ed Substance Abuse Treatment Programs in Lucerne Valley and Running Springs.

**In-person services during COVID**

**St. John of God Health Care Services**

Hotline 888-233-4288 Outpatient: 760-952-9192

15534 6<sup>th</sup> Street, Victorville, CA

<http://stjog.org/centers#st-john-of-god-health-care-service>

Outpatient, adult, alcohol and drug services, contract providers.

**Virtual services during COVID**

**Victor Valley Center for Change - Mental Health Systems, Inc.**

760-843-7809

15770 Mojave Drive, Victorville, CA

[https://www.drug-rehabs.org/rehab-center/Mental-Health-Systems-Inc\\_Victorville\\_CA.htm](https://www.drug-rehabs.org/rehab-center/Mental-Health-Systems-Inc_Victorville_CA.htm)

VVCC is the case management and treatment provider for Adult Drug Court. Must have a referral from the Superior Court for Drug Court treatment.

**ADULT RESIDENTIAL ALCOHOL AND DRUG TREATMENT**

**BHS-American Recovery Center**

909-865-2336

2180 West Valley Boulevard, Pomona, CA

Inpatient, outpatient, and Detox drug treatment programs throughout Los Angeles County.

**Virtual and in-person services during COVID**

**Cedar House Life Change Center**

909-421-7120

18612 Santa Ana Avenue, Bloomington, CA

<http://www.cedarhouse.org/>

Adult male and female residential. Male or female parent with children allowed in residential and aftercare program. Dual diagnosis served (mental health diagnosis and a substance abuse issue that occur together). Detox program. Pregnant mother residential treatment funded through First 5 for up to 9 months. **Open during COVID**

**Gibson House**

909-884-0840 – Men’s residential

909-888-6956 – Women’s residential

San Bernardino, CA

Adult residential drug and alcohol treatment program for men and women. No children.

**Open during COVID**

**Inland Valley Drug & Alcohol Recovery Services - Residential**

909-932-1069 Admissions

909-608-2002 – Women’s residential

909-981-2171 – Men’s residential

Inpatient for men and women. Men and women allowed in residential with up to two children 11 years and under. **Open during COVID**

**MFI Recovery Center**

(866) 218-4697 & 951-683-6596

17270 Roosevelt St., Riverside, CA 92504

Numerous inpatient programs: 1 men's residential program, 2 women-only residential programs and 1 women-with-children residential program all located in different areas of Riverside County. Outpatient programs also available in Riverside County. Dual diagnosis served (mental health diagnosis and a substance abuse issue that occur together). **Open during COVID both virtual and in-person services**

**Prototypes**

909-634-2950 & 909-624-1233

845 East Arrow Hwy, Pomona, CA

<https://www.prototypes.org/>

Inpatient women and women with children (birth – 10 years). Dual Diagnosis served. LA county residents and LA county Medi-Cal only **Open during COVID**

**Salvation Army Adult Rehabilitation Centers (ARC)**

909-889-9605 San Bernardino Facility

363 S. Doolittle Rd., San Bernardino, CA

951-784-4490 Riverside County Facility

24201 Orange Ave., Perris, CA

Residential program serving men at no cost from six months to a year, depending on the needs. The program includes work therapy, counseling, improved social interaction, skill development and spiritual formation. Re-entry program. **Open during COVID**

**Set Free Christian Recovery Program**

Women's Ranch: 760-881-0831

Men's Ranch: 760-868-3805 Administration:

909-383-2323

<http://www.setfreesb.com/ranch.html>

Residential Christian based bible recovery program. **Open during COVID**

**SNT – Sick N' Tired Sobriety and Transformation Recovery Home for Women**

909-679-8564 – Kathy W. Braxton San

Bernardino Mountains/Big Bear

Residential women's recovery home.

**Closed during COVID**

**St. John of God Health Care Services Residential Treatment**

760-241-4917

15534 6<sup>th</sup> St., Victorville (out-pt) & 13333 Palmdale Rd, Victorville, CA <http://stjog.org/centers#st-john-of-god-health-care-service>

Inpatient for men, women & parents with children up to 5 years. **No Detox during COVID.**

Outpatient substance abuse, parenting, domestic violence, employment skills and anger management.

**Open during COVID-Outpatient is virtual during COVID**

## YOUTH SERVICES

### **Behavioral Awareness Center (BAC)**

760-947-2600

16501 Walnut Ave, Ste. 12, Hesperia, CA

Free youth classes offered with a referral through probation office (call Probation and request 'at-risk referral'). Substance abuse, anger management, boys counsel, girl's circle, teen parenting, victim awareness, domestic violence, petty theft, truancy, 'Be Proud Be Responsible'. Juvenile Probation Department: Ask for the 'Officer of the Day': 760-552-6600 **Virtual services during COVID**

### **High Desert Child, Adolescent & Family Services Center**

760-243-7151

16248 Victor Street, Victorville, CA

Adult, adolescent Perinatal mental health & outpatient alcohol and drug services.

**Virtual services during COVID**

### **Twilight Program – Mojave High School**

760-948-3999 ext.: 5108 Lily Melchor

Free, six-week student Alcohol & Drug & Anger Management. HUSD students have priority.

**Virtual services during COVID**

### **Youth Alternative Solutions Program (YASP)**

909-558-4077

11290 Campus St., Ste. 200, Loma Linda, CA

Hospital Based Diversion Program. Includes Trauma Center/Surgical Care Unit Visit, Coroner's Presentation and Visit, and Parent Class. \$150.00 charge can be waived (low income).

**Virtual services during COVID**

## YOUTH RESIDENTIAL

### **Phoenix House Academy**

818-686-3000

11600 Eldridge Ave, Lake View Terrace (Los Angeles), CA

<http://www.phoenixhouse.org/locations/california/lake-view-terrace/> Residential

Mental Health and Substance Abuse Treatment for Youth.

## BEREAVEMENT AND BURIAL

### **AARP Bereavement Support**

[www.AARP.org/life/griefandloss](http://www.AARP.org/life/griefandloss)

Tips and Articles for caregivers and loved ones.

### **Behavioral Awareness Center (BAC)**

760-947-2600

16501 Walnut Ave, Ste. 12, Hesperia, CA

Individual Therapy for youth and adults, Family therapy for youth only, Adult Anger Management and Parenting Classes and Bereavement Counseling. **Virtual services during COVID**

### **Calvary Chapel of Phelan Grief Support Group**

760-868-5102

4501 Nielson Rd., Phelan, CA 92371

Grief Support Group every first Monday of each month at 6:30pm.

**In-person services during COVID**

### **Grief Recovery Support Group – St. Mary’s Hospital (Admin Bldg., Room 1; 6-8pm)**

760-242-2311 ext. 4232

12 week structured program addresses death, divorce, loss of health, negative financial changes, relocation, etc... Scholarships available or \$30. **Closed during COVID**

### **High Desert Christian Family Counseling – Nyshia Johnson, LCSW**

760-490-0109

14420 Civic Drive, suite 4, Victorville, CA [www.hdchristiancounseling.com](http://www.hdchristiancounseling.com)

Individual, family counseling, parent support, married/pre-marital/couples counseling and bereavement counseling. **Virtual service during COVID**

### **Loma Linda University Children’s Hospital**

BEREAVEMENT

909-558-4073 & 800-825-5437 11234

Anderson Street, Loma Linda, CA

<http://childrens-hospital.lomalindahealth.org/our-services/camp-good-grief>

1. Camp Good Grief
  - a. 3-day camp experience for children 10-16 years of age that have had a sibling or parent die a minimum of 6 months prior. Provides opportunity for kids/teens to come together to learn about and understand their grief. Typically held in early November, submit applications early online. **Closed during COVID**
  
2. Camp Good Grief-Special Victims Program
  - a. 3-day camp experience for children ages 10-16 that have witnessed and/or experienced a traumatic event that was life threatening or in which a life was taken a minimum of 6 months prior. This camp typically held in early April. Submit applications early online. **Closed during COVID**



**Mourning Sun Children's Foundation**

760-221-6181

21812 HWY 18, Apple Valley, CA 92307

[Jennifer@mourningsuchchildren.com](mailto:Jennifer@mourningsuchchildren.com)

[www.mourningsunchildren.org](http://www.mourningsunchildren.org)

Evening support groups for Bereavement for preschool up to parent groups. Free of charge. Foster Youth Support Group, Healing After Loved Ones Suicide (HALOS), and Our Journey Group (for terminally-ill loved one's family members). Referrals can be made on the website. **No support groups during COVID**

**The Phoenix Foundation**

Burial Assistance for adult victims of crime or tragic accidents.

Contact Nicole, Executive Director

760-247-2290

**The Unforgettables Foundation**

951-680-9996

<http://unforgettables.org>

The Foundation's mission is to assist low-income families provide a dignified, appropriate burial for their children who have died. In addition, the Foundation empowers communities to memorialize children who have died, educate parents and children's caregivers to confront, control and conquer the primary risks to our children's health and wholeness, encourage communities to recognize the financial trauma which is often associated with the death of a child. **Open during COVID**

**Victor Community Support Services**

760-243-5417

15400 Cholame Road, Victorville, CA

Dealing with Grief and Loss support group. To find the meaning of grief through the five stages of loss.

**Virtual services during COVID**

## CHILDCARE RESOURCES

### **ASAP (After School Activities Program) - Hesperia Parks and Recreation**

<https://www.hesperiaparks.com/kids-kamp-asap>

Apply and pay online. Enrollment is open to HUSD students grades 1 thru 6<sup>th</sup>. **Closed during COVID**

### **Autism Daycare – Nu Focus Learning (Victorville)**

760-243-7980 (2-11 years old, after-school)

**Childcareavenue.com**

### **Childcare Resource Referral Center (CCRC)**

760-245-0770 – for Cal Works recipients

**DayCare.com**

### **Kinder Care**

760-949-8539 (After school care up to 12 years old) **Open during COVID**

### **La Petite Academy**

760-241-4748 (Ages 6 months to 10 years. Includes after-school)

**Open during COVID**

### **SB County Pre-School Services**

888-543-7025 (Early Head Start (0-3yrs) and Head Start (3-5yrs))

**Open during COVID**

### **Siegrist State, County and CCS Pre/Schools**

760-244-6131 ext. 253 (for state) (for special needs children)

### **Safe Families – Olive Crest**

800-550-2445 ext.1234

<http://www.olivecrest.org/safe-families/>

Parents experiencing a temporary crisis can arrange for their children (0- 18 years) to stay with Safe Families (SF) volunteers while addressing issues leading to instability in their lives. SF volunteers are supervised by their area church, supported by professional specialist, with case managers providing full support. Children matched with families in their own community, and placements average one day to three months. Homes open to children whose parents are experiencing short-term emergency, such as hospitalization, or a longer-term crisis, such as drug abuse. Designed to extend and strengthen the community safety net for at-risk families, Safe Families is a positive alternative to the state child welfare system, allowing parents to work out their problems without having to worry about losing custody of their children. **Open during COVID**

### **Bosch Family Childcare**

760-713-3233 - Veronica Bosch- **Open during COVID**

Drop-off and pick-up service provided, nutritional meals, play-based learning, and child-craft curriculum

## CRISIS AND SAFETY HOTLINES

### **Adult and Elder Abuse Hotline**

877-565-2020

<http://hss.sbcounty.gov/daas/programs/APS.aspx>

Provides resources for transportation, meals, and counseling for the elder population as well.

### **American Red Cross**

909-888-1481

10600 Trademark Parkway, Ste. 406, Rancho Cucamonga, CA 91730

Emergency relief, shelter, blood donations, CPR classes and various services.

### **Bikers Against Child Abuse (BACA) – Keepers of the Children**

661-428-4375 – Desert Chapter [www.bacaworld.org](http://www.bacaworld.org)

BACA exists with the intent to create a safer environment for abused children. Bikers are accepted on a cleared DOJ background check. With local and state officials, B.A.C.A. sends a message to all involved that the child is part of their organization. B.A.C.A. is prepared to lend their physical and emotional support by affiliation and physical presence. **Open during COVID**

### **California Youth Crisis Hotline**

800-843-5200

A statewide, toll free, 24-hour, confidential hotline available to teens and young adults ages 12-24 and/or any adults supporting youth. Reliable and free link between youth and local services. Help finding homeless youth shelters, youth-serving medical clinics, on-going counseling services and much more throughout CA.

### **Cancer Detection Program: Every Woman Counts**

800-511-2300

Free clinical breast exams, mammograms, pelvic exams, Pap tests to CA's underserved women.

### **Child Abuse Hotline**

800-827-8724

<http://hs.sbcounty.gov/cfs/Pages/Welcome.aspx>

For reporting of child abuse/neglect throughout San Bernardino County

### **Community Crisis Response Team (CCRT) – 24 hours' daily**

760-734-8093 & 760-956-2345 **Open during COVID**

<http://www.sbcounty.gov/dbh/CrisisServices/crisis.asp>

Psychiatric community response team for children/adults in danger of hurting self and/or others.

**Crisis Residential Treatment Centers (CRT)**

760-780-4400

Desert Hill Center - 16552 Sunhill Dr., Victorville, CA

CRT centers are voluntary 16-bed centers providing services to ages 18-59 for up to 90 days. Providing a home-like setting designed to provide short-term, recovery-based treatment for people experiencing a serious psychiatric crisis. Referrals generated by hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families. **Open during COVID**

**Crisis Stabilization Unit (CSU)**

Windsor Center CSU - 909-361-6470 – 1481 N. Windsor Dr., San Bernardino, CA

Merrill Center CSU – 951-643-2340 -14677 Merrill Ave., Fontana, CA

CSUs serve ages 13 and over who are experiencing a crisis. CSUs are a voluntary 20-chair facilities, provide a home-like setting designed to provide additional access points to receive recovery-based treatment and stabilization in least restrictive manner for up to 23 hour stays. Referrals by local law enforcement/emergency responders, hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families. **Open during COVID**

**First Call for Help – Elder Referral Service – Victor Valley Community Service Counsel**

760-243-9646

Housing, caregivers, senior information, senior and disabled resources.

**National Center for Missing and Exploited Children**

800-843-5678

**National Human Trafficking Hotline**

888-373-7888

Provides resources, services and rescue to victims of trafficking within the “Rescue and Restore”

**National Parent Helpline**

855-427-2736

[www.nationalparenthelpline.org](http://www.nationalparenthelpline.org)

Parents anonymous is a family strengthening organization leading the way in prevention by positively impacting the well-being of families and communities worldwide.

**National Runaway Safe Line**

800-786-2929 or Text 66008

[www.1800runaway.org](http://www.1800runaway.org)

FREE GREYHOUND BUS TICKET HOME

Provides assistance and a greyhound bus ticket back home from anywhere in the U.S. free through the Home Free Program.

**National Sexual Assault Hotline**

800-656-4673

Spanish bi-lingual therapist available

**National Suicide Prevention Lifeline**

800-273-TALK (8255)

<http://suicidepreventionlifeline.org>

**Poison Control**

800-222-1222

**Run 2 Rescue**

888-224-6062 [www.run2rescue.com](http://www.run2rescue.com)

Christian non-profit organization helping victims of sex trafficking. Works with the church, local, state and federal agencies to help identify victims of human trafficking. Once identified, everything is done to protect and provide a safe place for recovery and healing. At 18, a mentor program persists to assist with school, jobs, bank accounts, and life skills. Services include confidential housing/shelter, wraparound (intensive) services, trauma recovery, advocacy, mentoring, counseling, job and education training

**Open during COVID**

**San Bernardino Sexual Assault Services (SBSAS)**

760-952-0041 & hotline 909-885-8884

15437 Anacapa Rd, Ste. 8, Victorville, CA 92392

Free counseling for victims or family members of sexual assault, human trafficking and trauma:

Counselors will go out to a child's school. **Virtual services during COVID**

**Teen Rescue, Inc. – Nationwide referrals**

800-494-2200

**Trevor Lifeline**

866-488-7386

<https://www.thetrevorproject.org/>

LGBTQ youth crisis, suicide prevention/intervention, referral, educational and advocacy program.

**Veterans Crisis Line / National Suicide Lifeline**

800-273-8255

**Victor Valley Community Services Counsel**

760-243-9646

Transportation services, senior services, home makers program. **Open during COVID**

**Victorville Victim Services Center**

760-552-6947

15371 Civic Dr., 1st Floor, Victorville, CA 92392

San Bernardino County District Attorneys' Office, center for victim advocacy and resources. Any victim of a crime, whether we prosecute or not is eligible for the services. Other than support and mental health services, there are benefits available to help the victim with: medical, mental health, loss of wages, loss of support, relocation/home security, funeral services, home/vehicle modification, service dog, etc.

**WE TIP: Anonymous Crime Reporting - 800-782-7463**

## CULTURAL SPECIFIC SERVICES

### **Get on the Bus/Family Express** [www.getonthebus.us](http://www.getonthebus.us)

Free transportation with the goal of uniting children with their mothers and/or fathers in prison.

### **Give Something Back**

888-383-9877

<https://www.giveback.ngo/>

Targets foster, former foster, homeless and children of an incarcerated parent that are excelling in school and want to further their education. Give Back provides student coaches throughout high school and college on a monthly basis. Upon successfully graduating high school, Give Back often provides full funded 4-year scholarships to California State University of San Bernardino, Chapman University, and/or University of La Verne. Apply online in under 5 minutes.

### **High Desert Equality Support Group**

One of Life's Perk's Coffee House

18343 HWY 18, Suite 1, Apple Valley, CA 92307

All inclusive, all ages. Every 3<sup>rd</sup> Sunday of month at 1pm.

Holiday events, keep community informed, social/group activities (movie nights, dinner night, etc.), networking, guest speakers, discussion panels/meetings. Offers counseling, anger management, parenting classes, individual and family counseling, support groups, health and awareness, drug and alcohol counseling, transitional support, career counseling. **Closed during COVID**

### **Inland Caregivers Resource Center (ICRC)**

909-514-1404 & 800-675-6694

[www.inlandcaregivers.com](http://www.inlandcaregivers.com)

The center assists families in Riverside, San Bernardino, Inyo and Mono counties with housing resources, counseling, respite care and support for caregivers of those suffering with a brain impairment or age-related circumstances. **Open during COVID**

### **Native American Resource Center**

Riverside – San Bernardino County Indian Health, Inc.

760-256-9016 - 170 Yucca Ave, Barstow, CA 92311 - Barstow Indian Health

909-864-1097 - 11980 Mount Vernon Ave., Grand Terrace, CA 92313 - San Manuel Clinic

Services to American Indian and Alaskan Native children, youth, transitional age youth and families.

Assists individuals exposed to trauma and/or experiencing the onset of a mental or emotional illness and or substance abuse problem. Services include outreach and education, family support, parenting education, youth empowerment, counseling, healthy choice prevention activities, talking circles, drumming circles, employment development, education assistance, and community and individual counseling. No referral needed, individuals may self-refer.

COMMUNITY HEALTH WORKER PROGRAM: is designed to provide prevention services to the underserved and inappropriately served communities including: African American, LGBTQ+, and Native American communities. Also provides mental health presentations to the community.

**Virtual services during COVID**

**Transgender Only Support Group**

Contact Cynthia 760-244-4411 ext. 7255  
Private location information for confidentiality.  
Every Thursday 6-7:30pm  
All Inclusive, all ages.

**Trevor Lifeline**

866 488 7386  
<https://www.thetrevorproject.org/>  
LGBTQ youth crisis, suicide prevention/intervention, referral, educational and advocacy program.

**Trubian Village Male Youth Mentoring Program**

760-963-2026  
11624 Cornell St, Adelanto, Ca. 92301  
[www.TrubianVillage.com](http://www.TrubianVillage.com)  
Teaching boys to be men through integrity, honor and respect.  
For At-Risk Youth. Mentor groups meet once a week for one hour and once a month on the weekend for fun group activities. Provides African American studies designed to uplift and give guidance to youth among multiple topics. **Closed during COVID until Sept. then virtual services**

**Gender Spectrum**

<https://www.genderspectrum.org>  
Current online groups, events, and other resources for ages 11 and up, and do not need parents' permission. Online programs, online consulting, professional development and training available. Works to create gender sensitive and inclusive environments for all children and teens.  
**Virtual services during COVID**

## DISABILITY AND SPECIAL NEEDS SERVICES

### **Adaptive Bike Program**

760-321-8184 ext. 105

Sofia Campos email: [sofia@ucpie.org](mailto:sofia@ucpie.org)

UCPIE provides adaptive bikes to individuals diagnosed with cerebral palsy, spina bifida and other mobility disabilities. Each bike is custom made to the level of supports the individual needs for maximum independence. To get qualified or to sponsor a bike contact Sofia Campos

### **Autism Daycare – Nu Focus Learning**

760-243-7980

15030 Paseo Verde Pl., Victorville, CA 92394

Ages 2-12yrs. Mon –Fri, 5:30AM – 6:30PM

Structured Curriculum with Fine/Gross Motor Skills, Socialization, Sensory Room, Arts & Crafts.

**Closed during COVID**

### **Autism Support & Group - High Desert**

760-217-1214

19333 Bear Valley Rd, Suite 103, Apple Valley, CA - meeting location

Alicia – [highdesertautismgroup@gmail.com](mailto:highdesertautismgroup@gmail.com)

Meetings held every 4th Tuesday of every month.

On Facebook as well, this group meets to provide expert and experienced people to assist and guide newly diagnosed families in the process and resources needed. Please contact the group to obtain a High Desert Autism Support Resource Book.

### **Blindness Support Services, Inc.**

Services for the Blind 951-341-9244

<http://www.blindnesssupport.com/services.html>

### **Braille Institute**

1-800-272-4553

70-251 Ramon Rd., Rancho Mirage, CA <http://www.brailleinstitute.org>

Located in Rancho Mirage, east of Palm Springs, this center serves all of the desert communities in San Bernardino, Riverside and Imperial Counties. **Virtual services during COVID**

### **California Children's Services (CSS)**

909-458-1637

150 E. Holt Blvd., 3<sup>rd</sup> Floor, Ontario, CA 91762

[www.dhcs.ca.gov/services/ccs/](http://www.dhcs.ca.gov/services/ccs/)

CCS is a state program for children with certain diseases or health problems. Children up to 21 years old can get the health care and services they need. CCS connects you with doctors and trained health care people who know how to care for your child with special health care needs, including medical equipment.

**Open during COVID**



**Center on Deafness Inland Empire (CODIE)**

Voice: (951) 275-5000

TDD: (951) 275-0640

VP: (951) 801-5674

1737 Atlanta Ave, Suite H3A, Riverside, CA 92507 <https://codie.org/>

Communication assistance, peer counseling, advocacy, independent living skills, employment assistance, information and referral, community education and outreach.

**Open during COVID, virtual services during COVID**

**CSDR – California School for the Deaf, Riverside**

(951) 248-7700

3044 Horace Street, Riverside, CA 92506

<http://www.csd-r-cde.ca.gov> From Early

Education to High School

**Virtual services during COVID**

**Department of Rehabilitation**

760-243-6024

15415 W Sand St (2<sup>nd</sup> Floor), Victorville, CA

<https://www.dor.ca.gov/>

DOR works with consumers to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.

**Disability Rights California**

800-776-5746

Offers help and information regarding the protection of the legal, civil, and services rights of the developmentally disabled and/or mentally ill persons and their families.

**G.A.T.E.S. Resource Network (Gaining Access to Training, Education & Support)**

<https://www.facebook.com/pages/GATES-Resource-Network/262201797164301>

Offers online and real time help for disability and special needs, information, resources and trainings.

Free service. Join email list to receive notifications of events and resources by requesting at

[j.vitro@verizon.net](mailto:j.vitro@verizon.net)

**High Desert Speech and Language Center, Inc.**

760-782-8884

16785 Bear Valley Rd, Ste. 2, Hesperia, CA

<http://www.highdesertspeech.com/contact.html>

Services include articulation therapy, language therapy, fluency therapy, voice therapy, AAC (alternative communication systems), accent/dialect instruction, partner training for persons with aphasia, lip reading, corporate speaking and special summer camps.

**Office closed during COVID-Virtual services during COVID**

**Inland Caregivers Resource Center (ICRC)**

909-514-1404 & 800-675-6694

[www.inlandcaregivers.com](http://www.inlandcaregivers.com)

The center assists families in Riverside, San Bernardino, Inyo and Mono counties with housing, counseling, respite care and support for caregivers of those suffering with a brain impairment or age related circumstances. **Open during COVID**

**Inland Empire Health Plan (IEHP)**

(909) 890-2000 <https://www.iehp.org>

Links for disability programs and services throughout the Inland Empire related to: physical disabilities, blindness, deafness, education and medical disabilities. **Currently free COVID-19 testing**

**Inland Empire Lighthouse for the Blind, Inc.**

909-884-3121

359 E. Park Center circle South, San Bernardino, CA 92408

[www.ielighthousefortheblind.org](http://www.ielighthousefortheblind.org)

School for partially sighted or legally blind adults. Offers transportation from clients' homes to the school. Training in Braille mobility, getting around the kitchen, cooking, basket weaving, macramé, ceramics, and sewing classes. **Closed during COVID but store for gadgets and devices available**

**Inland Regional Center**

909-890-3000 - 1365 S Waterman Ave, San Bernardino, CA

760-243-1400 – Innovative Business Collaborations \_ contract service agency in Victorville

[www.inlandrc.org](http://www.inlandrc.org)

Community based agency which help people with a developmental disability obtain services and supports that enhance quality of life, increase independence, inclusion and normalization of day to day living skills. Must be evaluated before 18 years old to receive lifelong services. Call, leave message for your child's evaluation and you will receive a call back within 48 hours. **Virtual services during COVID**

**Life without Limits**

760-321-8184

70-017 Hwy 111, Suite 5, Rancho Mirage, Ca. 92270

Gaby Reyes-Outreach Coordinator/Spanish Liaison 760-625-5058

Email - [gabyreyes@ucpie.org](mailto:gabyreyes@ucpie.org)

In-home respite care, resource and referral services. **Services available during COVID**

**Rise Interpreting**

951-356-9901

<http://riseinterpreting.com/>

Interpreter services for the deaf and hard of hearing. **Open during COVID**

**Rolling Start, Inc. - Disability Advocacy, Resources and Training**

760-949-7626

16519 Victor St., Suite 406, Victorville, CA 92395

[www.rollingstart.com](http://www.rollingstart.com)

ANY disability (including migraines) that impedes the quality of life qualifies for services. Core services include: Information and Referral, independent living skills, systems change advocacy, peer advising, housing referrals, personal assistants, and assistive technology. **Virtual services during COVID**

**Siegrist State Pre/Schools for special needs children State, County, CCS**

760-244-6131 ext. 253 (for state)

**Soaring Eagles Club – Rock’n Our Disabilities Foundation**

760-998-2241

13558 Palm Ave, Hesperia, CA 92344 - Rick Novack Center

<https://rocknourdisabilitiesfoundation.org/>

Saturday camp, crafts & games, Zumba, Soaring Eagles class, field trips, and special needs prom.

**Virtual services during COVID**

**Social Security Administration**

800-772-1213

13955 Park Ave., Victorville, CA

To apply for a social security card or replacement card, and any other social security benefits.

## DOMESTIC VIOLENCE SERVICES

### **A Better Way Domestic Violence Shelter and Outreach Victor Valley Domestic Violence Inc.**

760-955-8010 & 760-955-8723 (24-hour hotline) [www.abetterwaydomesticviolence.org](http://www.abetterwaydomesticviolence.org)

In addition to shelter services, A Better Way offers life skills classes **through ZOOM** of anger management, parenting, victim awareness and peer support. Transitional aftercare housing, **check for availability during COVID**

### **Family Systems Management**

760-955-7374

14252 St. Andrews Dr., Suite 1, Victorville, CA

Classes for domestic violence, anger management, parenting. **In-person services during COVID**

### **HOPE HOUSE - Family Assistance Program**

760-843-0701 – Agency number

760-949-4357 – 24-hour domestic violence hotline

[www.familyassist.org](http://www.familyassist.org)

Shelter. Accepts women, men, children of all ages and pets. Transitional housing aftercare also available.

**Open during COVID**

### **House of Ruth**

909-988-5559 – 24-hour hotline

Shelter/Counseling for women/children who are victims of domestic violence.

### **THE OPEN DOOR - Family Assistance Program**

#### **Anti-Human Trafficking Department**

909-333-7476 Hotline

760-843-0701 Agency number

[www.familyassist.org](http://www.familyassist.org)

Family Assistance Program provides shelter and case management and support to victims of human trafficking and sexual exploitation, adults and children. **Open during COVID**

## EMPLOYMENT AND EDUCATION RESOURCES

### **A Greater Hope Foster Family Agency**

760-243-3999 - Recruitment Specialist

Ghffc.org

Treatment, Foster Care and Adoptions, Counseling, Supervised Visitations.

### **California Conservation Corps**

909-708-8470

1824 Commerecenter Circle, San Bernardino, CA

[www.ccc.ca.gov](http://www.ccc.ca.gov)

CCC engages young men and women in meaningful work, public service and educational activities that assist in becoming responsible citizens while protecting and enhancing California's environment, human resources, and communities. CCC offers residential and non-residential participation and provides required educational pursuit for either high school diploma or higher education. **Open during COVID**

### **California Dream Act Scholarships**

888-224-7268

<https://dream.csac.ca.gov>

The California Dream Act allows undocumented and nonresident students (U.S. Citizens and eligible non-citizens) who qualify for a non-resident exemption under Assembly Bill 540 (AB 540) to receive certain types of financial aid such as: private scholarships funded through public universities, state administered financial aid, university grants, community college fee waivers, and Cal Grants. In addition, the California Dream Act, allows eligible students to pay in-state tuition at any public college in California.

### **California State University, San Bernardino (CSUSB)**

909-537-5000

5500 University Parkway, San Bernardino, CA 92407 [www.csusb.edu](http://www.csusb.edu)

### **Employment Navigator – 211 United Way, San Bernardino County**

909-980-2857 ext. 229

Provides job leads throughout the County. Can also assist individuals and/or families connect to an array of other free health/social services.

### **Experiential Learning Program – HUSD**

760-244-4411 ext. 7275 or 760-338-9868 – Lucia Macias

15576 Main Street, Hesperia CA 92344

[Lucia.macias@hesperiausd.org](mailto:Lucia.macias@hesperiausd.org)

HUSD's high school internship program.

### **FAFSA –Free Application for Federal Student Aid**

Free Grant money to attend college

<https://fafsa.ed.gov>

**Food Worker Certification - Department of Environmental Health**

800-442-2283 [www.sbcounty.gov/dehs](http://www.sbcounty.gov/dehs)

Food employees working in San Bernardino County are required to obtain a food worker card from San Bernardino County Environmental Health Services only. The training and test are available online 24 hours a day, 7 days a week and cost \$22. There are locations to take the test as well (e.g. Victor Valley College).

**Footsteps 2 Brilliance**

<https://www.myf2b.com/register/sanbernardinocounty>

Footsteps2Brilliance APP for any smart phone

Free comprehensive curriculum of over 1,000 English and Spanish books, songs, and games that are fun for children and easy for you to access on any smart device or computer. The program is proven to help children learn to read. Inscribe a su hijo en este programa gratis hoy!!

**GreenBooks**

760-242-3668

18837 US Highway 18, Apple Valley, CA 92307

All books for sale \$3, buy books for .25 cents, donations accepted. **Open during COVID**

**Hesperia Unified School District - Diploma, Career and Adult Education**

760-244-1771

16527 Lemon Street, Hesperia, CA 92345 [www.careeradulthoodeducation.com](http://www.careeradulthoodeducation.com)

Students must be at least 18 years old. Programs include High School Diploma (also offered online), GED Preparation and Testing, Citizenship Preparation, English as a Second Language, Career and Technical Trade educations. Ages 18-25 may qualify with WIOA program for funding.

**Job Corps**

909-887-6305

3173 Kerry St, San Bernardino

<http://inlandempire.jobcorps.gov>

Nation's largest and most comprehensive residential, education and job training program for at-risk youth ages 16-24 years. Free federal program provides housing, food and job training in multiple areas as electrical, solar energy, carpentry, culinary skills, and many more. Informational orientation every Tuesday at 1PM. **Accepting applications and interest list but closed during COVID**

**Jobs for Felons (Felon Friendly Employers List)**

<https://exoffenders.net/employment-jobs-for%20felons/>

**Library Cards for Foster Children (San Bernardino County)**

909-381-8201 [www.sbpl.org](http://www.sbpl.org)

**Literacy Programs for Youth and Adults**

Hesperia Branch Library

Phone: 760-244-4898

<http://www.sbclib.org/CoursesandEvents/LiteracyProgram.aspx>

This FREE program offers one on one, confidential tutoring to help you set and achieve literacy-based goals, improve your reading skills and leave you more confident to succeed.

Free program not running during COVID

**Resource Family Approval – Placement Resources Division**

909-891-3300

412 W Hospitality Lane San Bernardino, CA 92415

<http://hs.sbcounty.gov/cfs/Pages/Welcome.aspx>

Become a foster parent.

**Victor Valley (Community) College (VVC)**

760-245-4271

18422 Bear Valley Road, Victorville, CA 92395

[www.vvc.edu](http://www.vvc.edu)

**WIOA Youth Program at Hesperia Unified School District**

760-948-3999 ext. 5151

16527 Lemon St., Hesperia (Mojave High School campus).

[Werner.vonderheide@hesperiausd.org](mailto:Werner.vonderheide@hesperiausd.org)

Eligibility-based program designed to help youth ages 18-24 attain academic and employment goals.

Services include: Training Assistance, Employable Skills Training, Career Exploration, Paid Work

Experience, On-the-Job Training, Support services, Clothing and financial assistance for books,

transportation and college supplies. Open during COVID

**Workforce Development Department**

760-552-6550

17310 Bear Valley Rd., Ste. 109, Victorville, CA

[www.caljobs.ca.gov](http://www.caljobs.ca.gov)

WDD assists in exploring career options, prepare applications and resumes, provides job leads, improves interview skills and provides referrals to education and training providers.

**Young Visionaries Free Online and In-Person Tutoring**

909-513-4287 – Don Gray – [dongray@yvyla-ie.org](mailto:dongray@yvyla-ie.org)

Free online and in Person tutoring for all students in elementary-middle-high school in all subjects.

Contact Young Visionaries Mentor Specialist Don Gray

## FOOD, CLOTHING AND FURITURE

### **Community Action Food Bank: Community Action Partnership of SB County**

909-723-1500 or 1-800-635-4618

696 S. Tippecanoe, San Bernardino, CA 92415

<http://www.sbcounty.gov/capsbc/>

Food Bank, Utility assistance, homeless coalition, emergency assistance, case management, weatherization and energy conservation assistance. **Open during COVID**

### **Food Ministry**

323-984-5286 - Lorraine Vains

Curbside Fulfillment service is for those who are unable to leave their home to access services. Lorraine assists with food, clothing, and hygiene. She also has holiday gift-packs. Please call her and leave a message of needs so items are gathered. Mon-Thurs 10AM-1PM. **Open during COVID**

### **TAD (Transitional Aid Department) 'Food Stamps' Calfresh program**

877-410-8829

<http://wp.sbcounty.gov/tad/>

Apply online at [www.c4yourself.com](http://www.c4yourself.com)

Hesperia: 9655 9<sup>th</sup> Ave.

Victorville: 15010 Palmdale Rd.

Adelanto: 10875 Rancho Rd.

### **WIC (Women, Infant and Children program)**

800-472-2321

<https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx> Food

checks for pregnant women and parents with children under 5 years.

## ADELANTO

### **Swapping Mamas Clothing Sway/Closet**

760-508-5960 or 760-508-7392

17537 Montezuma St., Adelanto, CA 92301

<https://palpetlover.wixsite.com/swappingmamas>

At home, sort clean clothes by gender (ALL SIZES) into boxes or bags. THEN, when you get to the swap just give the bags/boxes to us and we will put it away. Next comes the fun part. You go to the tables with the gender clothes you are looking for and take what you need. Free of charge. No strings attached.

### **Victor Valley Rescue Mission**

760-955-5958

15572 7<sup>th</sup> Street, Victorville, CA

<https://www.vvrescuemission.org/>

Emergency Food Pantry: Calvary Chapel 11641 Rancho Rd., Adelanto CA #A&B. 2<sup>nd</sup>&4<sup>th</sup> Fri 10-12pm

Clothing Distribution: 15500 7<sup>th</sup> St., Victorville, CA Mondays 11:30-12:30pm. Ticket at Mission office.

**Open during COVID**



## APPLE VALLEY

### **Church of the Valley**

760-247-6494

20700 Standing Rock Ave., Apple Valley, CA

Food and clothing distribution Tuesday thru Thursday 10AM-12PM (bring ID) **Open during COVID**

### **Victor Valley Rescue Mission**

760-955-5958

15572 7<sup>th</sup> Street, Victorville, CA

<https://www.vvrescuemission.org/>

Emergency Food Pantry: Church of the Nazarene: 12935 Central Rd., Apple Valley. 3<sup>rd</sup> Friday 10-12pm

Clothing Distribution: 15500 7<sup>th</sup> St., Victorville. Mondays 11:30-12:30pm. Ticket at Mission office.

**Open during COVID**

### **Feed My Sheep**

First Assembly of God Church, Apple Valley Campus

760-247-6488 and [www.vfassembly.org](http://www.vfassembly.org)

21811 Ottawa Rd., Apple Valley (corner of Navajo)

1<sup>st</sup>, 2<sup>nd</sup>, and 4<sup>th</sup> Friday at 8AM, and USDA (meat) on third Friday of the Month.

First come first serve. Bring ID. Bring box/bags if you can. Apple Valley Residents Only

**Open during COVID**

## BLOOMINGTON

### **Vida-Life Ministries**

323-823-4762

<http://vidalifeministries.com/>

11608 Cedar Ave, Bloomington, CA

Bloomington center provides food bank, emergency food box for families in crisis that can feed up to 4 people for 4 days (Drive-thru) on Sat. from 8-11 am and they must pre-register on website. New clothes, Latino legal center and counseling services (crisis intervention, brief individual, couples and family therapy). **(Drive-thru) on Sat. from 8-11 am and must pre-register on website.**

## HESPERIA

### **4 Hungry**

760-954-6000

13032 Ranchero Rd, Hesperia

Supplemental groceries to any individual and family. Any ID accepted.

Saturday 10-1PM **Open during COVID**

**Catholic Charities: Located at Victor Valley Family Resource Center**

760-243-1100

15000 7th Street, Victorville, CA <http://ccsbriv.org/>

Utilities assistance when funding available, emergency food assistance, food delivered to seniors with limited income, immigration classes call 909-880-3625. **Open during COVID**

**Curbside Community Center**

Hesperia, CA

(760)953-7944

Call to meet at a grocery store in local area for food pick-ups on Tuesday 8AM.

Call before Tuesday to schedule. **Open during COVID**

**Desert Chapel Thrift Store**

760-985-5208 – Pastor Andy

12052 Hesperia Rd., Suite 5, Hesperia, CA 92345

Homeless families receive FREE clothing

**Feed my Sheep of the High Desert**

760-243-4343

11616 Hesperia Rd, Hesperia, CA

<http://www.vfassembly.org/feedmysheep/>

Food Bank Wednesdays 10AM-12PM

USDA service every fourth Wednesday of the month. **Available during COVID**

**High Desert Second Chance – High Desert Food Collaborative**

442-267-4444

16666 Smoke Tree Ave, Bldg. A8, Hesperia, CA 92345

USDA is last Thursday of the month 10am-2pm

Monday thru Thursday 10am-3pm emergency food boxes in bldg. B4.

Bring bags or boxes for your food. **Available during COVID**

**Holy Family Church**

760-900-4631 (Louie Rivera)

9974 I Ave, Hesperia, CA

<http://www.holyfamilyhd.org>

Food distribution 2nd and 3rd Wednesday (USDA whole chicken) of the month 10AM to 12PM. Must be Hesperia resident with picture ID. Emergency food daily 8:30-4pm. Closed for lunch.

**Available during COVID**

**New Life Chapel**

760-244-9050

10184 Seventh Avenue, Hesperia

Food Pantry on third Saturday of the month, 9am-10am (Drive-thru).

Must Pre-register on a Monday, Tuesday, or Wednesday from 9-10AM in office.

**Open during COVID**

**Spirit Filled Family Church Food Pantry**

760-956-2501

9980 Hesperia Rd., Hesperia

Saturdays 9-11AM. Bring ID, Proof of residency, bags/boxes for food. **Open during COVID**

**Operation School Bell – HUSD**

Request made at any HUSD elementary school

ONLY AT THE VERY BEGINNING OF THE YEAR.

Provides new school clothes to underprivileged children living in the Victor Valley.

**Hesperia Unified School District Family Resource Center (FRC)**

**The Caring Closet**

760-244-4411 ext.6776

Clothing assistance developed to promote school attendance and self-esteem in schools by providing clothing to children in need. School sites have referrals. Monetary donations accepted. For HUSD students only. **List open during COVID, no services.**

VICTORVILLE

**Family Assistance Program**

760-843-0701

16857 C Street, Victorville, CA <http://familyassist.org/>

Has clothing and appliance giveaways often. Please call.

Clothing giveaway every Wednesday 9am-3pm. **Available during COVID**

**High Desert Second Chance – High Desert Food Collaborative**

442-267-4444

12626 First Ave, Victorville, CA – Bible Baptist Church

Food Distribution every Saturday from 9am – 12pm. Bring bags/boxes for food. **Available during COVID**

**Salvation Army**

760-245-2545 (Mon-Fri 9-12pm & 1-3pm only)

14585 La Paz Dr., Victorville, CA

Afterschool program ages 6-12 Monday – Thursdays 3:45pm to 6pm Dinner served nightly 5-6pm., Pet food provided for those who qualify.

Emergency Food Assistance Monday thru Thursday 9AM-11:45AM

Emergency Food Bank Tuesdays and Thursdays 9AM-12PM

Homeless Lunches Monday through Friday 9AM -12PM

Rent, gas, housing, food utilities, and clothing when funds are available Mon-Fri 9AM-12PM

**Some services available during COVID**

**Samaritan Helping Hand**

760-243-5933

15527 8<sup>th</sup> Street, Victorville, CA

[http://www.needhelpayingbills.com/html/samaritans\\_helping\\_hand\\_assist.html](http://www.needhelpayingbills.com/html/samaritans_helping_hand_assist.html)

Walk-in Food Pantry 10AM-12PM Mondays and Tuesdays (I.D.s and social security cards).

Groceries, shelter, bus tickets, clothing, pharmacy and utilities when funds are available.

**Seventh Day Adventist Church**

760-245-3620

16070 Lorene Dr., Victorville, CA <http://greentreadventist.com/>

Food and clothing distributions Thursdays 9am-11am. Community Services

(Closed during COVID)

**The Ministry of the Lord's Table - St. Joan of Arc Catholic Church**

760-241-2043

15512 Sixth St., Victorville, CA

<http://stjoanhd.org/>

Hot meals Monday thru Friday 11AM-12PM (Sack lunch provided during COVID)

3<sup>rd</sup> week of month on Friday is 7:30am-10am. Available during COVID

**Victor Valley Rescue Mission**

760-955-5958

15572 7<sup>th</sup> St., Victorville, CA

<http://www.vvrescuemission.org/>

Emergency Food Pantries: Available during COVID

First Christian Church: 17746 George Blvd, Victorville. Tuesdays 11am-12pm.

Burning Bush Baptist Church: 14829 7<sup>th</sup> Street, Victorville. Wednesdays 11:30am-12:30pm.

Calvary Chapel in Adelanto: 11641 Rancho Rd. 92031. 2<sup>nd</sup> and 4<sup>th</sup> Fridays 10am-12 noon

Farmers Market at Rescue Mission: 15512 6<sup>th</sup> St., Victorville. Fridays 2:30pm.

Showers: at Rescue Mission Wednesdays 10 a.m-2 p.m. Available during COVID

Community Dinner: Fellowship Center Foursquare: 16885 Union St, Victorville at 3:30pm.

Not during COVID

Clothing Distribution: 15500 7<sup>th</sup> St., Victorville. Mondays 11:30-12:30pm. Ticket at Mission office.

Not during COVID

**Youth Enrichment Services – SantaClausInc.**

909-885-0090

824 E Sixth St., San Bernardino, CA 92410

Provides temporary hotel stays for homeless, backpacks with supplies, duffle bags with clothing for transitioning foster youth, Birthday Bags (bag with a pan, cake mix, frosting, party favors) in a customized duffle bag for low income families.

## FURNITURE

### **Ashley Furniture – Hope to Dream**

760-261-5386 press 2

12704 Armargosa Rd., Victorville, CA 92392

<https://stores.ashleyfurniture.com/store/us/california/victorville/7710000062/>

No-cost children's beds for qualifying families. Must walk in to complete application on site.

### **Children's Fund**

Call Cynthia at 760-244-4411 ext. 7255

Emergency assistance only after seeking other resources. May assist with appliances, beds and dressers and clothing. Must qualify.

### **Community Action Partnership of SB County**

909-723-1500

696 S. Tippecanoe, San Bernardino, CA 92415

<http://www.sbcounty.gov/capsbc/>

Weatherization and energy conservation assistance. May assist with Energy Efficient Devices, appliance repair or replacement, and minor home repair.

### **Family Assistance Program**

760-843-0701

16857 C Street, Victorville, CA

<http://familyassist.org/>

Has appliance giveaways often. Please call.

### **Southern California Edison**

800-447-6620 & 760-322-2653

<https://www.sce.com/care>

As a C.A.R.E. customer, you may qualify for the Energy Savings-Assistance Program. Whether you own or rent, you may be eligible to replace older appliances that use a lot of electricity with new energy-efficient models. Funding is limited and available on a first-come, first-serve basis

## FOSTER YOUTH AND FORMER FOSTER YOUTH SERVICES

### **Adoption**

#### **Dave Thomas Foundation for Adoption**

[www.davethomasfoundation.org](http://www.davethomasfoundation.org)

#### **Aftercare Program - Walden Family Services**

760-961-2662 general information & 760-596-7884 Aftercare on-call number

15450 W. Sand St., Victorville, CA 92392

<https://www.facebook.com/WaldenILPAftercare>

Aftercare programs are a supportive service to assist foster youth to overcome the challenges faced when leaving foster care. Young adults ages 17 and a half years to 21 years who will exit from the foster care or probation systems within three months and extended foster care non-minor dependents are eligible. Services include daily life skills support, medical, dental and emotional health support, permanent connections, computers, laundry/shower facilities, employment assistance/support, housing assistance/support, mentoring, and transportation. **Available during COVID**

#### **Chafee Grant for Foster/Former Foster Youth**

888-224-7268

<https://chafee.csac.ca.gov/>

If in foster care at least one day between ages of 16-18 as a dependent or ward of the court, and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. No paying money back. Can be used for child care, transportation and rent. Must be in eligible California college, university or career/technical school. Other States eligible. **Available during COVID**

#### **Child Care Resource Center – Bridge Program**

760-245-0770 ext. 3015

15456 Sage St., Victorville, CA 92392 [www.ccrccla.org](http://www.ccrccla.org)

The Bridge Program assists parenting foster youth and foster families with childcare. It provides vouchers for child care, navigator services, and Trauma-Informed Care (TIC) training/coaching.

Emergency childcare voucher is time-limited coverage for foster children 0-12 years, and for youth with exceptional needs up to age 21. Available to current foster or parent-reunified child.

#### **Children and Family Services**

760-243-6640

15020 Palmdale Rd., Victorville, CA 92392

<http://hs.sbcounty.gov/cfs/Pages/Welcome.aspx>

Resources, therapy, clothing funds and transportation for youth currently in foster care.

#### **Court Appointed Special Advocates (CASA)**

760-515-6183 <http://www.casaofsb.org>

Community volunteers trained to improve the quality of life for foster youth through mentoring and advocacy. Impacting youth between the ages of 5-21 years of age. **Available during COVID**

**Crisis Residential Treatment Centers (CRT)**

760-780-4400

Desert Hill Center - 16552 Sunhill Dr., Victorville, CA

CRT centers are voluntary 16-bed centers providing services to ages 18-59 for up to 90 days. Providing home-like setting designed to provide short-term, recovery based treatment, services and interventions for people experiencing a serious psychiatric crisis. This center allows residents to practice day-to-day activities of running a household, learning basic living skills, and social/interpersonal skills. Referrals generated by hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families.

**Open during COVID**

**Crisis Stabilization Unit (CSU)**

Windsor Center CSU – 909-361-6470 – 1481 N. Windsor Dr., San Bernardino, CA

Merrill Center CSU – 951-643-2340 -14677 Merrill Ave., Fontana, CA CSUs

serve ages 13 and over who are experiencing a crisis.

CSUs are voluntary 20-chair facilities, provide home-like setting designed to provide referrals to receive recovery-based treatment, interventions, and stabilization services in the least restrictive manner for up to 23 hour stays. Referrals generated by local law enforcement, emergency responders, hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families. **Open during COVID**

**Foster & Kinship Care Education Program (FKCE)**

760-252-2411 ext. 7276 or 7376 or email [fkce@barstow.edu](mailto:fkce@barstow.edu)

Held at Hesperia Unified School District Family Resource Center

760-244-4411 ext. 6776

15776 Main Street, Suite 8, Hesperia, CA 92345

Education classes that meet Resource Family Approval (RFA) for foster placements. Training certificates for each class provided. All class sign-in sheets and participant registration forms entered into the state's database after all trainings. Classes open for the public. **Available during COVID**

**Foster Care Ombudsperson**

877-846-1602

744 P Street, MS9-025, Sacramento, CA 95814 [www.fosteryouthhelp.ca.gov](http://www.fosteryouthhelp.ca.gov)

Foster Care Ombudsman is here to help youth with problems or questions.

**Foster Youth Educational Liaison**

760-243-6717 Maria Gomez Liaison for CSF and HUSD

760-243-6714 Trini Hernandez

Educational Liaisons work with foster youth, social workers, caregivers, teachers and others to ensure youth are successful in their education. ELS will assist youth with a) services to help youth be successful in school, b) graduation from high school, c) opportunities for college or career vocational training.

**Get on the Bus [www.getonthebus.us](http://www.getonthebus.us)**

Free transportation, goal of uniting children with their mothers and/or fathers in prison.

**Give Something Back**

888-383-9877

<https://www.giveback.ngo/>

Targets foster, former foster, homeless and children of an incarcerated parent that are excelling in school and want to further their education. Give Back provides student coaches throughout high school and college on a monthly basis. Upon successfully graduating high school, Give Back often provides full funded 4 year scholarships to California State University of San Bernardino, Chapman University, and/or University of La Verne, trade school and community colleges. Apply online. **Available during COVID**

**Greater Hope Foundation**

760-243-3999

14344 Cajon Ave, Suite 102, Victorville, CA92392

Mental health services, counseling, groups, parenting classes, anger management and supervised visitations for foster youth and families.

**Independent Living Program (ILP)** – San Bernardino County 760-243-6654 – ILP Coordinator in Victorville, CA

[www.facebook.com/SBCountyILP](http://www.facebook.com/SBCountyILP)

1. Program to assist youth with the supportive services and skills necessary to transition from the foster care system to self-sufficiency. Youth eligible for services from age 16 to 21. Youth must be/have been in the foster care program between the ages 16-19 years. Services include, tutoring, financial aid workshops, peer support, campus tours, college/vocational school preparation and assistance with housing, employment, education, life skills, transportation, financial assistance, scholarships.
2. Transitional Housing Program Plus (THP+FC or THP+) may be requested by former foster youth or foster youth ages 18 -24. Puts youth in individual apartments in the community, scattered site living in an apartment within San Bernardino or with a Host Family by renting a room with a former foster family, relative or friend (requires approval). Youth must be in school or working a certain amount of hours monthly. Provides supportive services to maintain independence.

**Library Cards for Foster Children (San Bernardino County)**

909-381-8201 [www.sbpl.org](http://www.sbpl.org)

**Mourning Sun Children's Foundation**

760-221-6181

[Jennifer@mourningsuchchildren.com](mailto:Jennifer@mourningsuchchildren.com)

[www.mourningsunchildren.org](http://www.mourningsunchildren.org) 21812

HWY 18, Apple Valley, CA 92307

Evening support groups for Bereavement for preschool up to parent groups. Free of charge. Foster Youth Support Group, Healing After Loved Ones Suicide (HALOS), and Our Journey Group (for terminal loved ones), Scholarship Program and Ryan Cambridge Memorial Grant. **Closed during COVID**



**NextUp Program – Victor Valley College**

760-245-4271 ext. 2995

18422 Bear Valley Rd, Victorville, CA 92395 (Bldg. 80, Room 6)

Program serves current and former foster youth who attend or are looking to attend VVC. Eligibility does require having been in foster care on or after 16 years. Services include student fees assistance, textbook assistance, community referrals, meal vouchers, emergency housing, academic counseling, priority registration, financial aid assistance, transportation assistance, school supplies and more!

**One Simple Wish**

<https://www.onesimplewish.org/>

How it works: An agency that works with kids joins this community partner network, a wish is submitted on behalf of a child they are helping, One Wish shares their wish with the world, Caring people make the wish come true (donations), the wish is granted and child's world changes. Additional services include: Wish Parties for foster families and Day 1 Bags (a brand new, durable duffle bag or backpack to a foster child entering or transitioning through the foster care system)

**Prom Extravaganza for Foster Youth**

San Bernardino County Independent Living Program (ILP) 760-243-6654 – ILP Coordinator in Victorville, CA

[www.facebook.com/SBCountyILP](http://www.facebook.com/SBCountyILP)

<http://hs.sbcounty.gov/hsconnection/Documents/Vol%204.2015%20ILP%20Prom.pdf>

Request from Social Worker. Provided through ILP (Independent Living Program).

**Resource Family Approval – Placement Resources Division**

909-891-3300

412 W Hospitality Lane San Bernardino, CA 92415

<http://hs.sbcounty.gov/cfs/Pages/Welcome.aspx>

Become a foster parent.

**The Group – Walden Family Services**

760-961-2662

15450 W. Sand St., Victorville, CA 92392

The Group is a supportive networking community led by a Life Skills Coach for former foster youth. The goal is to assist transition aged youth to meet others in a mindful social environment. Youth will be provided resource information and mentoring support from peers and youth leaders to become comfortable with sharing your story. Open to former foster youth ages 18-25. **Virtual services during COVID**

**The STAY**

909-763-4760 xt.100

780 Gilbert St, bldg. H, San Bernardino, CA 92415

<http://wp.sbcounty.gov/dbh/mental-health-services/children-youth/tay/the-stay/>

The STAY is a short-term, 14-bed center for Transitional Age Youth (TAY) age 18-25 at risk and need of a higher level of care lower than a psychiatric hospital and willing to participate in their +recovery.

Priority given to at-risk, system-involved youth (dependents and wards), LGBTQ welcome, provides mental health services, psychiatry, housing, education, vocational, healthcare, available to those with or without Medi-Cal, and up to a 30-day stay (longer if eligible). **Open during COVID**

**Transitional Housing Placement Program + Foster Care (THP+FC)**

760-243-6640 ask to speak to an EFC worker.

Housing program for foster youth 18-24 years (Non-minor Dependents) in extended foster care (EFC). Foster youth who exited foster care at 18 may reapply. THP+FC provides several options of housing (university dorms, shared apartments, supervised apartments, or individual apartments). Request EFC worker to submit THP+FC application asap.

**Victor Community Support Services (VCSS)**

TAY One-Stop Center

760-243-5417

15400 Cholame Rd., Victorville, CA

<http://www.victor.org/victorville-desert-mountain-region>

Provides FREE services for youth age 16-25 (18 years + do not need parent enrollment) experiencing emotional/mental health disturbances, are homeless or at risk of becoming homeless, are/were in foster care or juvenile justice system. Services of Psychiatric/Medication support, individual/group therapy, independent living skills and socializing with peers. If youth engaged, transportation and housing assistance. Families and over 18 years old can self-refer. **Virtual services during COVID**

**Young Visionaries Free Online and In-Person Tutoring**

909-513-4287 – Don Gray – [dongray@yvyla-ie.org](mailto:dongray@yvyla-ie.org)

Free online and in Person tutoring for all students in elementary-middle-high school in all subjects.

Contact Young Visionaries Mentor Specialist Don Gray

**Youth Enrichment Services – SantaClausInc.**

909-885-0090

824 E Sixth St., San Bernardino, CA 92410

Provides critical services to youth in the Inland Empire, including temporary hotel stays for homeless, backpacks with supplies, duffle bags with clothing for transitioning foster youth, Birthday Bags (bag with a pan, cake mix, frosting, party favors) in a customized duffle bag for low income families.

## HEALTH SERVICES

### **American Cancer Society**

800-227-2345

Information and Referrals

### **Apple Valley Lion's Club**

Eye Glasses Program

760-810-0204

Must not have or be eligible for medical or other vision insurance. School nurse to provide vision screening. Assistance provided to students who have no means to pay for glasses. Nurse refers student to district social worker. VSP form filled out, upon eligibility certificate provided

### **Breathe Mobile**

909-213-3341

<https://www.arrowheadmedcenter.org/srvOutBreathMobile.aspx>

The Breath Mobile consists of pediatric specialty practitioner, a licensed vocational nurse and a respiratory therapist who are specially trained in asthma case management

The Breath Mobile travels to 40 different school sites throughout the County of San Bernardino. During school hours, Breath Mobile sees patients that attend the school site as well as any child referred from surrounding area. A complete evaluation, examination, care plan and extensive patient family education are completed at the time of the visit. Follow-up visits require a shorter time span than the initial evaluation.

### **Bright Futures Mobile Health Service**

760-956-7714

17071 Main Street, Ste. 100, Hesperia, CA

<http://www.stmaryapplevalley.com/About-Us/Community-Benefit/Community-Health/BrightFutures.aspx>

Healthcare for uninsured families. Bright Futures Mobile Health Services helps uninsured or low to moderate-income families get health care for adults and children. Our van brings health care services right to your neighborhood. Affiliated with St. Mary's Medical Center.

Monday, Tuesday and Wednesdays held in the Hesperia Clinic. Physical Examinations, Cancer Screening,

Evaluation for illness, Chronic Disease Management (e.g. Diabetes), Health Education & Information, Blood Pressure Check, etc... **Services not available during COVID**

### **California Children's Services (CSS)**

909-458-1637

150 E. Holt Blvd., 3<sup>rd</sup> Floor, Ontario, CA 91762 [www.dhcs.ca.gov/services/ccs/](http://www.dhcs.ca.gov/services/ccs/)

State program for children with certain diseases or health problems. Children up to 21 years. Can assist in referrals and medical equipment.

**Community Health Action Network (CHAN)**

760-241-9900

15000 7th Street, Victorville, CA

<http://chanhd.org/>

Nutritional health information, recipes, tips and classes throughout the county.

Provides educational outreach for health topics, including nutrition, smoking cessation, and more. Classes en espanol.

**Community Health Center - St. Mary / St. Joseph Health**

760-956-7714

17071 Main Street, Suite 100, Hesperia, CA 92345

Low Cost, income-based or financial assistance, and insurance based.

BRIDGES FAMILY RESOURCE: mental health counseling, diabetes program, faith and wellness, health education and support groups, nutrition services, outreach, dental screenings, legal service consultations and referrals.

PERINATAL CARE SERVICES 760-946-8169: Pregnancy testing (**Not during COVID**), pre-natal and post-partum care, breastfeeding education and support, community referrals, and counseling services and weight management. **Virtual services during COVID**

Cancer detection and screening for underserved populations.

PRIMARY CARE SERVICES 760-946-4240: Annual physical and well woman exams, adult and child immunizations, TB, and flu shots, chronic disease management (diabetes and hypertension), health education and weight management community referrals

**Dental Referral Services**

800-917-6453

Find dentists convenient to families.

**Department of Public Health**

800-722-4777

16453 Bear Valley Road, Hesperia, CA 92345

11336 Bartlett Ave #11, Adelanto, CA 92301

Free and low-cost full medical and dental care for citizens and undocumented community members.

Includes primary, prenatal, pediatric, reproductive health care, immunizations, STD/HIV testing, head lice clinics, and cancer screenings for men and women.

**Eyewear – Reasonable Price**

Coastal.com – 866-333-6888 – [www.coastal.com](http://www.coastal.com)

Eyebuydirect – 855-393-2891

Zenni Optical – 800-211-2105 – [www.zennioptical.com](http://www.zennioptical.com)

**Foothill AIDS Project**

760-684-4368 Hesperia, CA

Food Vouchers, Transitional Housing, Emergency Shelter, Permanent Housing, case management, utility assistance, supportive services. For clients only.

**Hi Desert Lift – Free Transportation**

760-366-5438

Provides free transportation to anyone in need of transport to Medical Center/Clinic appointments. Intermittent schedule of rides ‘down the hill’ for appointments. **Limited schedule during COVID**

**High Desert Cancer Connection Resource Centers**

760-245-3633 – Merle Norman Connection

[www.hdcancerconnection.com](http://www.hdcancerconnection.com) Cancer

support groups:

- Victorville support groups: at Victor Valley Global Medical Center 760-793-4863 in the Admin Bldg. every first Wednesday of the month at 6pm. **Closed during COVID**
- Together Living with Cancer - HD Church 14545 Hook Blvd, Victorville – 760-245-2415 xt.250 Room 322. Support for patients, caregivers and loved ones. Every 1st & 3<sup>rd</sup> Tuesday 6:30pm.
- Online Facebook Group Support: 424-265-2235
- Cancer support resources (transportation, hotel, and wigs)

Hotel Partners (for treatment/free/low cost accommodations): 800-227-2345

Road to Recovery: for those that need a driver: 800-227-2345 **Closed during COVID**

Wig Bank: Free wigs for those experiencing hair loss. Merle Norman Connection: 760-245-3633

**IEHP (Inland Empire Health Plan)**

888-355-2522

SBC Behavioral Access Unit for Mental Health referral 24-hour line - 888-743-1478

Bilingual Applications - 866-294-4347

Healthy kids’ program for kids through age 19 includes vision, health and dental.

**IEHP Psychiatry Walk-in Clinic**

442-327-9311

14390 Park Ave., Victorville, Ca

No appointment or referral needed, all ages welcome, services include psychiatric consultation, medication consultation, medication refills. Monday-Friday 9am-5pm. **Open during COVID**

**LaSalle Medical Clinic - No Insurance/Sick Child Visits**

760-947-2161

16455 Main Street Hesperia, CA

LaSalle Medical Clinic will see any undocumented child for \$15, but any medications ordered are out-of-pocket expense. **Open during COVID**

**Mid-Wife Program - Healthy Beginnings**

St Mary Hospital & Catholic Charities

760-946-8169

18300 HWY 18, Apple Valley, CA

**Mission City Community Network, Inc.**

818-895-3100

15201 11<sup>th</sup> Street, Ste. 300, Victorville, CA 92395

Low Cost – No Cost Primary Health Services for those without insurance. Services include: General Medicine, Pediatrics, Immunizations, Pre-Natal Care, OB/GYN, Family Planning, Mental Health Services.

**Mobile Clinic – Arrowhead Regional Medical Center (ARMC)**

909-520-1207 or call center 1-855-422-8029

The Medical Mobile Clinic offers a variety of healthcare services in underserved neighborhoods and remote areas of San Bernardino County. The 40-foot clinic on wheels features two fully-functional private exam rooms and a health consultation and education area, and is staffed by medical resident physicians. Services include: health screenings and immunizations, lab testing, diabetes education and care, physicals and treatment for acute and chronic illnesses, well-child checkups and women's services (including mammograms, pap/pelvic exams.

Those without health insurance are welcome and may be eligible for certain programs at no cost. Patients with insurance under medi-cal or IEHP are also welcome. Please call to obtain calendar and locations.

**Planned Parenthood, Victorville Health Center**

760-245-9500

15403 Park Ave., Victorville, CA 92391

Reproductive health services. No cost low cost.

**Prescription Drug Assistance Programs**

Coast2Coast RX - 800-931-8872 - [www.coast2coastrx.com](http://www.coast2coastrx.com)

Free Drug Card – [www.freedrugcard.us/](http://www.freedrugcard.us/)

Medicine Assistance Tool - 888-477-2669 - [www.pparx.org](http://www.pparx.org)

**Riverside – San Bernardino County Indian Health, Inc.**

Native American Resource Center

909-864-1097 or 760-256-9016 Barstow

11980 Mount Vernon Ave., Grand Terrace, CA 92313

Free transportation to doctor/mental health appointments for Native American community.

**Services available during COVID**

**Shields Health Care**

800-557-8797

[www.Shieldhealthcare.com](http://www.Shieldhealthcare.com)

Medical supply company. Incontinent supplies (diapers for children and adults with special health care needs). They can also provide incontinent liners, wash, cream, mattress protection, cotton-lined panties and chucks. Doctor needs to write a prescription. Doctor's office calls in prescription to Shield. Product delivered to the home. Takes approximately 4-8 weeks. Accepts medi-cal.

**Su Familia**

866-783-2645

National Hispanic Family Health Helpline in Spanish and English. Su Familia offers Hispanic consumers free reliable and confidential health information in Spanish and English and helps navigate callers through the health system. Nationwide resources and local referral services are provided. The helpline provides basic information on a wide range of health topics.

**Women's Cancer Support Group -St. Mary Community Health Department**

760-242-2311 ext. 8435 or 760-946-4241

18300 HWY 18, Apple Valley in Brothers Conference Room

3<sup>rd</sup> Tuesday of each month 6-7:30pm **No support group currently due to staffing**

**HOTLINES FOR YOUTH**

**Crisis Stabilization Unit (CSU)**

Windsor Center CSU - 909-361-6470 – 1481 N. Windsor Dr., San Bernardino

Merrill Center CSU – 951-643-2340 -14677 Merrill Ave., Fontana, CA

CSUs serve ages 13 and over who are experiencing a crisis. CSUs are voluntary 20-chair facilities, provide a home-like setting designed to provide additional referrals to recovery-based treatment, interventions and stabilization services in the least restrictive manner for up to 23 hour stays. Referrals open from all. **Open during COVID**

**Dial '211' – Inland Empire United Way (For any information needed)**

**LGBTQ+ National Youth Talk Line**

800-246-7743

**Love is Respect - National Teen Dating Violence Hotline**

866-331-9474

**National Human Trafficking Hotline**

888- 373-7888

**National Runaway Safe Line**

800-786-2929

**National Sexual Assault Hotline**

800-656-4673

**Open Door / Our House 24 Hours**

909-333-7476

**Suicide Prevention Hotline**

800-273-8255

## HOUSING ASSISTANCE AND SHELTER RESOURCES

### **CALL 211 –**

Homelessness under HUD qualifications require a person or family to be unsheltered, living in a car, on the street, abandoned building, or a motel (only if paid by an outside agency, not self-pay). Eligibility does not include self-pay motels, couch surfing or staying with friends.

### SHELTERS – FOR IMMEDIATE NEED

#### **Foothill AIDS Program (FAP) - Housing Opportunities for People with AIDS (HOPWA)**

909-884-2722

Rental assistance and supportive services to individuals with HIV/AIDS. To qualify, low-income persons must be medically diagnosed with HIV/AIDS (and their families). Applications processed through the Foothill AIDS Project to the Housing Authority. Applicants must be receiving HIV case management services for a minimum of 6 months.

#### **Set Free Christian Fellowship and Discipleship**

909-383-2323

Victorville, CA 92392

Doors open 24/7 to people in any condition. Set Free Church is a 501 (C)(3) Not for Profit Organization in San Bernardino County that has been serving a diverse population of men, women and children in the high desert since 1999. **Services available during COVID**

#### **Veterans Affairs Supportive Housing Program (VASH) – Housing Authority, County of San Bernardino**

909-825-7084 extension 6085

Provides rental vouchers and supportive services to eligible veterans. Must be low-income homeless veteran with need for medical/mental health (psychiatric or substance abuse) service needs.

## HESPERIA

#### **Foothill AIDS Project (Has a Shelter)**

760-684-4368

SERVICES ARE ONLY FOR CLIENTS OF THE FACILITY

Transitional Housing, Emergency Shelter, Permanent Housing, Food Bank, case management, utility assistance, supportive services.

#### **Orenda Foundation Veterans Project (Has a shelter)**

760-962-1212

Hesperia, CA

Transitional housing, case management, utility assistance, supportive services, sober living services for Veteran Men.



**Victor Valley Family Resource Center (Has a shelter)**

760-669-0300

16000 Yucca Street, Hesperia, CA

<http://vvfrc.org/>

Transitional housing, shelter care, case management, utility assistance, supportive services.

**SAN BERNARDINO**

**Community Action Partnership of SB County**

211 & 909-723-1561

696 Tippecannoe Ave., San Bernardino, CA 92408

<https://www.capsbc.org/housing-shelter-assistance>

Family Development Program: Rental, Eviction Prevention, New Rental, Motel Voucher Assistance.

The Obershaw House (requires a referral) transitional housing program.

Inland Housing Solutions (Has a shelter) 909-796-

6381 - Loma Linda, CA

[www.ithomes.org](http://www.ithomes.org)

Inland Housing Solutions exists to break the cycle of family homelessness in the Inland Empire by providing housing, case management, and other supportive services to families who have no place to live.

**Time for Change Foundation (Has a shelter)**

909-886-2994 [www.TimeForChangeFoundation.org](http://www.TimeForChangeFoundation.org)

Multiple locations, San Bernardino, CA

Permanent supportive apartment housing for families (women and children) in crisis (case management required), long term transitional housing, long term shelter in a home for either single women or women with children for up to 24 months, rental, security and utility payment assistance, motel vouchers as needed, Certified Drug and Alcohol Treatment, Re-Entry Program for women returning home from prison through the Positive Futures Program.

**VICTORVILLE**

**Crisis Residential Treatment Centers (CRT)**

760-780-4400

Desert Hill Center - 16552 Sunhill Dr., Victorville, CA

CRT centers are voluntary 16-bed centers providing services to ages 18-59 for up to 90 days. Home-like setting designed for short-term, recovery based treatment, services and interventions for people experiencing a serious psychiatric crisis. Allows residents to practice real-world recovery through day-to-day activities of running a household, learning basic living s and social/interpersonal skills. Referrals generated by hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families. **Open during COVID**

**High Desert Homeless Services (Has a shelter)**

760-245-5991

14049 Armargosa Rd., Victorville, CA

<http://www.highdeserthomelesservices.org/>

90-day shelter services for men, women and children.

**Open Door- Anti-Human Trafficking Department (Family Assistance Program)**

760-843-0701

16857 C Street, Victorville, CA

Provides shelter, case management and support to victims of human trafficking and sexual exploitation, in some cases support to the families as well. Mentors and Youth Advocates support victims through the legal system and assist with accessing resources to overcome the trauma they have endured. Clients are housed at our confidential adult or youth shelters.

**TAD (Transitional Aid Department)**

Emergency Homeless Program - Family Stabilization 877-410-8829 and 760-956-4551

Hesperia: 9655 9<sup>th</sup> Ave. <http://wp.sbcounty.gov/tad/>

Services provided to address destabilizing events (homelessness, domestic violence, mental/emotional breakdown, substance abuse). Intensive case management and emergency resources (motel vouchers). Should be requested.

**YOUTH AND YOUNG ADULT (TAY) SHELTERS**

**My Place – Homeless and Runaway Youth Shelter and Services – Family Assistance Program**

909-435-8633

<http://familyassist.org/>

This program is designed just for youth (11-17) and their families. My Place wants youth to know that they have options and can discuss their options with Youth Advocates. If youth have already run away or have been kicked out, call us. We can provide a warm bed, nutritional meals, hot showers, and most importantly, compassion and support. Whatever the situation, contact My Place 24 hours a day 7 days a week. **Services available during COVID**

**Oasis House in the High Desert**

760-243-5417

Transitional Housing and Emergency Shelter for TAY-aged youth (18-25 years old). Provides a safe, comfortable living environment in addition to guidance, support and case management to access community resources for a better life. **Open during COVID**

**The STAY**

909-763-4760

780 Gilbert St, bldg. H, San Bernardino, CA 92415

<http://wp.sbcounty.gov/dbh/mental-health-services/children-youth/tay/the-stay/>

The STAY is a short-term, 14-bed center for Transitional Age Youth (TAY) age 18-25 at risk and need of a higher level of care lower than a psychiatric hospital and willing to participate in their recovery. Priority given to at-risk, system-involved youth (dependents and wards), LGBTQ welcome, provides mental health services, psychiatry, housing, education, vocational, healthcare, available to those with or without Medi-Cal, and up to a 30-day stay (longer if eligible). **Open during COVID**

## HOUSING ASSISTANCE – LONG TERM PROGRAMS

### **Homeless Outreach Support Team (HOST)**

Referral thru 211. 909-421-4633 for program information.

850 E. Foothill Blvd., Rialto, CA

Outreach and engagement services to individuals/families to obtain and maintain permanent supportive housing.

### **Housing Support Program (KEYS)**

909-332-6388 [www.keysnonprofit.org](http://www.keysnonprofit.org)

A Rapid Rehousing Program that couple short term rental assistance with case management and family stabilization to quickly move families back into permanent housing and maintain that housing over time. To qualify must be homeless family with children receiving CalWORKs through the TAD office. Must request at the TAD office.

### **H.U.D./Section 8**

760-243-1043

15465 Seneca Road, Victorville, CA 92392

<http://ww2.hacsb.com/>

Housing programs. Areas Covered: Adelanto, Apple Valley, Baker, Barstow, Big Bear, Cedar Glen, Crestline, Daggett, Green Valley Lake, Helendale, Hesperia, Hinkley, Joshua Tree, Lucerne Valley, Morongo Valley, Oro Grande, Phelan, Pinon Hills, Sugar Loaf, 29 Palms, Twin Peaks, Victorville, Wrightwood, Yermo, & Yucca Valley.

### **Life Community Development (Has a shelter home)**

<http://www.lifecommunitydevelopment.org/>

Transitional housing and Supportive Services to homeless individuals in the High Desert. In addition, LCD offers other opportunities to foster self-sufficiency for homeless female veterans and other opportunities to foster self-sufficiency for homeless female veterans and housing for male veterans.

### **No Child Left Unsheltered Program - Housing Authority, County of San Bernardino**

909-890-5314

Family must be unsheltered at time of application, must have been homeless for 90 days, have experienced persistent instability as evidenced by 2 moves or more in the past 6 months, be expected to continue homeless status due to circumstances (such as histories of child abuse, neglect, domestic violence, disability, etc.) and have two or more barriers to employment (which can include no diploma, illiteracy, history of incarceration, etc.).

### **No Wrong Door – Housing Authority, County of San Bernardino**

909-890-5314

Programs that support and assist homeless families in different levels of need and crisis. Agencies with similar missions and goals that will work together no matter who is contacted to match the best services to each family.

**Rental Assistance/Continuum of Care - Housing Authority, County of San Bernardino**

909-890-5314

Provides rental assistance and long-term supportive services for homeless persons with mental health needs and other disabilities. Must be low-income, homeless, disabled persons with mental health concerns (and their families). Must have an open case with the local DBH office or DBH project HOST team staff and cooperate with supportive service providers in order to maintain eligibility for the program.

**Step Up – Inland Empire Housing First Program**

909-963-5355 for program information.

211 for referral

<https://www.stepuponsecond.org/services/permanent-supportive-housing/inland-empire/>

If you are homeless you can call 2-1-1 and speak to someone who should be able to direct you to shelters or other homeless services and make a referral to begin the permanent supportive housing process.

**Victor Valley Behavioral Health – Outpatient Mental Health Services**

760-995-8300

12625 Hesperia Road, Victorville, CA

<http://wp.sbcounty.gov/dbh/mental-health-services/general/outpatient-clinics/>

Transitional and Permanent Housing assistance to enrolled patients/families.

## HOUSING RESOURCES

**Inland Fair Housing and Mediation Board**

760-243-2412

15428 Civic Dr., Ste. 225, Victorville, CA 92392

Free services to low and moderate-income families including fair housing services, landlord/tenant and mobile-home mediation, housing counseling, alternative dispute resolution and senior services.

**Salvation Army (No shelter)**

760-245-2545

14585 La Paz Dr., Victorville, CA

Homeless Services with food and clothing

**Samaritan Helping Hand (No shelter)**

760-243-5933

15527 8<sup>th</sup> Street, Victorville, CA

Shelter (3-day motel voucher at beginning of month with proof of income, ID for adults, birth certificate for children and social security # for all), groceries, bus tickets, clothing, pharmacy and utilities when funds are available. Walk-in Food Pantry 10AM-12PM.

**Street Outreach Team – Family Assistance Program**

760-843-0701

16857 C Street, Victorville, CA

Basic necessities and referrals for homeless and runaway youth living in the streets. Domestic violence, shelters/transitional housing, and services for sexually exploited youth. Families can self-refer.

**Victor Community Support Services -TAY Center (Transitional Age Youth)**

760-243-5417

[www.victor.org](http://www.victor.org)

Offers homeless services: Monday – Friday 8-10AM

Hygiene Bag, Laundry, hot/cold meals and resources. Not a Shelter.

**Victor Valley Rescue Mission (No Shelter)**

760-955-5958

15572 7<sup>th</sup> Street, Victorville, CA

<http://www.vvrescuemission.org/>

Transitional housing, food bank, supportive services.

**HOUSING AFFORDABLE RENTALS**

Housing Authority Affordable Housing Units

<http://www.hacsb.com/residents/other-housing-opportunities/affordable-housing-units>

**Shared Housing Program – Family Assistance Program**

760-843-0701

[www.familyassist.org](http://www.familyassist.org)

16857 C Street, Victorville, CA: Tuesday thru Saturday 2pm-8pm.

We are matching up individuals and families to share a house. The agency rents the house and then rents the rooms to people who would normally be renting an apartment. Sometimes, this is four individuals renting rooms in a four-bedroom house. For others, we can pair up families. For families, this has been especially helpful in navigating the new school system. When both families have elementary school age children, the parents can cover for each other for work, school, and the occasional mental health break.

**ROOM AND BOARD**

**Caring by Nature, Inc. (Room and Board)**

760-662-6519

Victorville, CA

Room and Board all utilities included, 3 meals a day, administrative fee, \$0 deposit.

**Peer-Driven Room and Board Advisory Coalition**

Call Cynthia 760-244-4411 ext. 7255

Room and Board Referral List. Throughout San Bernardino County

## HOUSING MORTGAGE ASSISTANCE

### **Habitat for Humanity – San Bernardino Area, Inc.**

909-478-1176

25948 Business Center Dr., Redlands, CA 92374

[www.habitatsb.org](http://www.habitatsb.org)

**Home Preservation Program:** revitalize the appearance of your home and neighborhood.

**Home Ownership:** designed to assist low income; first-time home-buyers achieve home-ownership.

Habitat homes are sold to home-buyers at no profit and financed with affordable loans. In addition to a down payment and monthly mortgage payments, homeowners invest the required sweat equity hours building their future home, the homes of other homebuyers, or other approved Habitat Volunteer activities. Submit an application for eligibility.

### **Keep Your Home California**

888-954-5337

<http://keepyourhomecalifornia.org>

**Unemployment Mortgage Assistance:** Program provides possible mortgage payment assistance to eligible homeowners who have experienced an involuntary job loss and are receiving unemployment benefits, can be up to \$3,000 per month (max of \$54,000) and last 18 months.

**Mortgage Reinstatement Assistance:** Possible assistance to eligible homeowners who, because of financial hardship, have fallen behind on their payments and need help to reinstate their past due first mortgage loan. Benefit assistance can be a one-time payment of up to \$54,000 to cover principal, interest, taxes and insurance, as well as any homeowner's association dues.

**Principal Reduction Program:** Possible assistance to eligible homeowners who owe more on their mortgage than their home is worth and/or have an unaffordable payment. Homeowners must have experienced an economic hardship or a severe decline in their home's value in order to be considered. Homeowners who qualify could be eligible for up to \$100,000 in assistance.

**Transition Assistance Program:** Possible one-time funds to help eligible homeowners relocate into a new housing situation after executing a short sale or deed-in-lieu of foreclosure program. Can provide up to \$5,000 in transition assistance per household.

## IMMIGRATION RESOURCES

### **American Immigration Lawyers Association**

<http://www.aialawyer.com>

### **Board of Immigration Appeals (BIA)**

<https://www.justice.gov/eoir>

### **California Dream Act Scholarships**

888-224-7268

<https://dream.csac.ca.gov>

The California Dream Act allows undocumented and nonresident students (U.S. Citizens and eligible non-citizens) who qualify for a non-resident exemption to receive certain types of financial aid such as: private scholarships funded through public universities, state administered financial aid, university grants, community college fee waivers, and Cal Grants. In addition, the California Dream Act, allows eligible students to pay in-state tuition at any public college in California.

### **Catholic Charities**

760-243-1100

15000 7<sup>th</sup> St., Victorville, CA

<http://ccsbriv.org/>

Utilities, emergency food, food delivered to seniors with limited income, immigration. **Open during COVID**

### **CHIRLA**

Coalition for Humane Immigrant Rights

213-353-1333 or 888-624-4752

<https://www.chirla.org/>

### **Council on American-Islamic Relations**

714-776-1847

2180 W Crescent Ave., Suite F, Anaheim, CA 92801

Application Assistance, Naturalization, Removal Defense, Education & Outreach.

**Detainee Locator - Immigration and Customs Enforcement (ICE)** <https://locator.ice.gov/odls/homePage.do>

### **Holy Family Church**

760-900-4631 (Louie Rivera)

9974 I Ave, Hesperia, CA

<http://www.holyfamilyhd.org>

Immigration and citizenship classes.

**Currently no classes due to staffing**

### **Immigrant Legal Resource Center (ILRC)**

<https://www.ilrc.org/community-resources>

**Informed Immigrant**

<https://www.informedimmigrant.com/>

Korean Resource Center & Korean Community Services

714-503-6550 – Clinic Services – Buena Park, CA – [www.koreancommunity.org](http://www.koreancommunity.org)

714-869-7624 – Resource Center – Buena Park, CA – [www.krcla.org](http://www.krcla.org) Application Assistance, Naturalization and resources.

**Mexican Consulate, San Bernardino**

909-889-9836 Luis Medina [lamedina@sre.gobmx](mailto:lamedina@sre.gobmx) can hire attorneys for defense. Nationals have right to remain silent and request a consulate.

**National Immigration Law Center (NILC)**

<https://www.nilc.org/>

**Orange County Asian & Pacific Islander Community Alliance**

714-636-9095

12912 Brookhurst Street, Suite 410, Garden Grove, CA 92840

[www.ocapica.org](http://www.ocapica.org)

Education, counseling & outreach services.

**Pomona Economic Opportunity Center, Inc. (PEOC)**

909-397-4215

1682 W Mission Blvd., Pomona, CA 91766

[www.pomonadaylabor.org](http://www.pomonadaylabor.org)

A non-profit day labor organization whose mission is to provide an opportunity for day laborers to find safe work at a fair wage, to obtain new trades and skills that improve their employability and quality of life, and to improve the overall conditions for all immigrant workers. The PEOC is made up of day laborers, household workers, other low-wage, immigrant workers, community leaders, Pomona residents, students from Claremont Colleges, and supporters of worker and immigrant rights coalition leaders. Immigrant rights.

**TODEC Legal Center**

442-327-9117

14335 Hesperia Rd., Victorville, CA

<https://www.todec.org/>

(Training Occupational Development Educating Communities) TODEC Legal Center is a grassroots community based non-profit organization that has been serving migrant communities since 1984

**United Cambodian Community**

562-433-2490

2201 E. Anaheim St, Suite 200, Long Beach, CA 90804

[www.ucclb.org](http://www.ucclb.org)



**United Farmworkers Foundation**

323-264-2700

3002 Whittier Blvd., Los Angeles, CA 90023

[www.sisepuede.org](http://www.sisepuede.org)

**KINSHIP SERVICES (EXTENDED FAMILY MEMBERS RAISING CHILDREN)**

**California Kinship Navigator Program**

800-546-0047

Offers referrals, resources and support. Information and referral line.

**Foster & Kinship Care Education Program (FKCE)**

760-252-2411 ext. 7276 or 7376 or email [fkce@barstow.edu](mailto:fkce@barstow.edu) **Virtual services during COVID**

Held at Hesperia Unified School District Family Resource Center

760-244-4411 ext. 6776 **Virtual services during COVID**

15776 Main Street, Suite 8, Hesperia, CA 92345

All education classes listed meet criteria for San Bernardino County's training for RFA (Resource Family Approval) pre and post trainings. Training certificates for each class provided. All class sign-in sheets and participant registration forms are entered into the state's database after all trainings. Classes open to the public.

**Helping Hands Kinship Support Services Program – Mental Health Systems**

760-843-1177

16519 Victor St., #404, Victorville, CA

Kinship Caregiver Support Group: Every Monday 10am-11:30am. **Virtual services during COVID**

Kinship services are for grandparents, aunts & uncles, brothers & sisters, and other relatives that are raising children of their family members.

**Kikz 4 Kidz - Lighthouse of Restoration**

760-881-3260

15000 7<sup>th</sup> Street, Ste. 202G, Victorville, CA 92395

<http://thelighthouseofrestoration.org/>

Shoes donated to school age children in need. The mission is be a "Lighthouse" in the lives of single mothers and grandparents that are raising their grandchildren. Lighthouse provides resourceful information such as current housing listings, current job listings, GED programs, monthly motivational meetings and other programs that are available. Provides personal hygiene, clothing, under garments, school supplies, shoes, coats/jackets, pampers/wipes, computer access and monthly support groups.

**Placement Resources Division**

<http://hs.sbcounty.gov/cfs/Pages/Welcome.aspx>

Resource Family Approval is a new process that includes one application for all families to foster children. Relative caregivers are now required to engage in this application and training process to foster their relatives. Required trainings can be found here.

**Safe Families – Olive Crest**

800-550-2445 ext.1234

<http://www.olivecrest.org/safe-families/>

Parents experiencing a temporary crisis can arrange for their children (0- 18 years) to stay with Safe Families (SF) volunteers while addressing issues leading to instability in their lives. SF volunteers are supervised by their area church, supported by professional specialist, with case managers providing full support. Children matched with families in their own community, and placements average one day to three months. Homes open to children whose parents are experiencing short-term emergency, such as hospitalization, or a longer-term crisis, such as drug abuse. Designed to extend and strengthen the community safety net for at-risk families, Safe Families is a positive alternative to the state child welfare system, allowing parents to work out their problems without having to worry about losing custody of their children. **Open during COVID**

**LEGAL RESOURCES**

**California Courts-The Judicial Branch of California**

Custody and Parenting Information

<http://www.courts.ca.gov/sselfhelp-cusody.htm>

**Child Support – CA Department of Child Support Services**

866-901-3212

<https://childsupport.ca.gov/customer-connect/>

**Disability Rights Legal Center (DRLC)**

866-999-3752

<https://thedrlc.org>

DRLC mission is to advance the rights of people with disabilities through education, advocacy, and litigation.

**Inland Counties Legal Services, Inc.**

760-241-7073 and 888-805-6455

888-245-4257 for services and for seniors 60 and over.

13911 Park Ave. #210, Victorville, CA 92392

[www.inlandlegal.org](http://www.inlandlegal.org)

Legal advice and clinics

**Inland Empire Latino Lawyers Association (IELLA)**

951-369-3009

2060 University Ave., #113, Riverside, CA 92507

[www.iella.org](http://www.iella.org)

IELLA holds clinics at various locations throughout Riverside and San Bernardino Counties. Call for clinic schedules and locations. Works to increase and improve services to our communities, focusing on providing legal services to seniors.

**Lawyer Referral Service – San Bernardino County Bar Association**

909-885-1986

555 N Arrowhead, San Bernardino, CA 92401

[www.sbcba.org](http://www.sbcba.org)

Lawyers Referral, Consultants, Lawyer directory, Tel-Law.

**Legal Aid Society of San Bernardino, Inc. (LASSB)**

909-889-7328

588 W. Sixth St, San Bernardino, CA 92410

[www.legalaidofsb.org](http://www.legalaidofsb.org)

LASSB holds clinics at various locations throughout San Bernardino county. Call for clinic schedules and locations.

**Probation Department**

760-552-6600 – Juvenile

15345 Bonanza Rd., Victorville

760-243-8269 – Adult

15480 Ramona Rd, Victorville

Day Reporting Centers and Reentry Services Center

**Public Defenders Office**

760-261-5322 - Juvenile

760-241-0413 - Adult

14344 Cajon Dr., Ste. 104, Victorville <http://sbpubdef.com/>

**San Bernardino County Superior Court Resource Center Locations:**

All services provided are free, on a first-come, first-served basis.

The only requirement is that they DO NOT HAVE AN ATTORNEY

Email: [selfhelpforms@sb-court.org](mailto:selfhelpforms@sb-court.org)

[smallclaims@sb-court.org](mailto:smallclaims@sb-court.org)

[landlordteneant@sb-court.org](mailto:landlordteneant@sb-court.org)

[childsupportselfhelp@sb-court.org](mailto:childsupportselfhelp@sb-court.org)

Barstow Courthouse-1<sup>st</sup> floor, Room 109

235 East Mountain View St., Barstow, Ca. 92311

Monday-Thursday: 8:30 a.m. to 4:00 p.m.

Assistance with small claims and eviction cases

San Bernardino - Child Support Courthouse-2<sup>nd</sup> floor Self Help/Facilitator

655 W. 2<sup>nd</sup> St., San Bernardino, Ca. 92415

Monday-Thursday: 8:30 a.m. to 4:00 p.m. and Friday: 8:00 a.m. to 12:00 noon

Assistance with government child support cases

San Bernardino Historic-1<sup>st</sup> floor across from Document Control  
351 N. Arrowhead Ave., San Bernardino, Ca. 92415  
Monday: 5-minute clinic (no document review)

Tuesday, Wednesday, and Thursday: document review from 8:30 a.m. to 4:00 p.m.  
Monday mornings only: review guardianship petitions  
Assistance with family law and guardianship cases

Victorville - San Bernardino Superior Court, (Criminal and Family Law)  
760-245-6215  
14455 Civic Drive, Victorville, CA

<http://www.sb-court.org/Locations/Victorville.aspx>

Mondays: 5-minute clinic (no document review)  
Tuesday, Wednesday, and Thursday: document review from 8:30 a.m. to 4:00 p.m.  
Thursday mornings: review guardianship petitions  
Assistance with family law, guardianship, and government child support cases

**Victorville Victim Services Center**

760-552-6947 & 800-777-9229  
15371 Civic Dr., 1st Floor, Victorville, CA 92392

[www.victims.ca.gov](http://www.victims.ca.gov)

San Bernardino County District Attorneys' Office, center for victim advocacy and resources. Any victim of a crime, whether we prosecute or not is eligible for the services. Other than support and mental health services, there are benefits available to help the victim with: medical, mental health, loss of wages, loss of support, relocation, home security, funeral services, home security, home/vehicle modification, service dog, etc....

## MENTAL HEALTH & COUNSELING SERVICES FOR YOUTH/FAMILIES

### **A New Beginning Therapeutic Solutions Counseling Center**

760-244-8188

15731 Main St, Hesperia 92345

Individual and family therapy, parenting classes and anger management. Accepts IEHP and Medi-cal.

**Virtual services during COVID**

### **Access Unit**

909-381-2420 & 888-743-1478

700 East Gilbert Street, San Bernardino, CA 92415

<http://www.sbcounty.gov/dbh/index.asp>

When you telephone the Access Unity, a mental health professional will give you information, provide a screening and discuss the types of services which would be most helpful to you, provide you with referrals, and/or authorize services – either at one of the Department’s clinics or with one of the Mental Health Plan’s fee-for-services providers.

### **Anchor Psychological & Parenting**

760-244-5757

14465 Main ST., St. 6, Hesperia, CA 92345

Self-pay, English only, Psychological services, counseling, parenting and co-parenting support.

### **Behavioral Awareness Center (BAC)**

760-947-2600

16501 Walnut Ave, Ste. 12, Hesperia, CA 91345

Individual Therapy for youth and adults, Family therapy for youth only, and bereavement counseling.

Additional free youth classes and counseling offered with a request for At-Risk Referral. Substance abuse program, boys counsel, girl’s circle, teen parenting, victim awareness, domestic violence, petty theft, truancy and ‘Be Proud Be Responsible’. **Virtual services during COVID**

### **Carol Voll Counseling, MFT - Our Children Sexual Abuse Treatment Program**

760-961-0250

<https://www.icarol.info/ResourceView2.aspx?org=2286&agencynum=7426134>

For children and families recovering from sexual abuse. Afternoon victim group sessions for children (4-10years, 11-14 years, 15-18 years, parent/caregivers support group). Evening Youth Offenders Program (youth 12-18 years with at least one parent/guardian required to attend parent group).

### **Community Crisis Response Team (CCRT) – 24 hours’ daily**

760-734-8093 & 760-956-2345

<http://www.sbcounty.gov/dbh/CrisisServices/crisis.asp>

Psychiatric community response team for children/adults in danger of hurting self and/or others.

**Crisis Walk-In Clinics - Valley Star Behavioral Health, Inc. – open 24 hours daily and holidays.**

760-245-8837

12240 Hesperia Rd, Victorville, CA

<http://www.starsinc.com/valley-star-behavioral-health/victorville-crisis-walk-in-center-cwic/>

Provides a voluntary facility for children, adolescents, and all adults in need of immediate assistance in mental health and psychiatric services. 24/7-hour walk-in and appointment accepted. Crisis stabilization, intervention, medications and referrals. An unlocked setting with a stay of up to 23 hours. Services and support to ensure the individual's safe transition to the next level of care, or back to the community. Linkage to housing and other support services in the community.

**Desert Behavioral Health**

760-946-2070

16195 Siskiyou Road, Ste. 12A, Apple Valley, CA

<http://www.desertbehavioralhealth.com/>

Outpatient Mental Health

**Desert Mountain SELPA Children's Center**

760-552-6700

17800 Highway 18, Apple Valley, CA

<http://dmselpa.org>

Student Assistance Program (SAP) - provides therapy/counseling at HUSD's school sites K – 12<sup>th</sup> grade.

**Family Assistance Program**

760-843-0701

16857 C Street, Victorville, CA

<http://familyassist.org/>

Services are for men, women and children. Services include emergency shelter, parenting, anger management, financial and legal advice, domestic violence groups, restraining order clinic, and supervised visitations.

**Fam Spot (youth drop-in center) – Family Assistance Program**

760-843-0701

16857 C Street, Victorville, CA: Tuesday thru Saturday 2pm-8pm.

Youth drop-in and hang-out center with full supervision. Families can self-refer. Provides a positive environment and offers tools to help youth reach their full potential. Talk-it-out venting sessions, art classes, teen dating classes, anger management classes, the clothing closet, the social spot (rec room, outing field trips, giving-back community volunteering opportunities) and the work spot (computer lab, internet/printer, tutoring, homework help, studying center, job search assistance, after school snacks.

**Open during COVID**

**Gender Spectrum**

<https://www.genderspectrum.org>

Current online groups, events, and other resources for ages 11 and up, and do not need parents' permission. Online programs, online consulting, professional development and training available. Works to create gender sensitive and inclusive environments for all children and teens.

**Virtual services during COVID**

**High Desert Center, Inc. – High Desert Child, Adolescent and Family Services Center**

760-243-7151

16248 Victor Street, Victorville, CA

Outpatient substance abuse groups and counseling (court ordered approved) for adolescents and adults, drug testing, court ordered supervised visitation for families, individual/group/family therapy, anger management/parenting/child abuse classes, and enrichment services for youth 11 to 18 years of age on or at risk for formal/informal probation. Enrichment classes provide skill building in the areas of anger management, basic life skills, gang avoidance, substance abuse, truancy, parenting and self-esteem. Provides children ages 11-18 years tutoring by credentialed teacher and a day reporting center reduce juvenile arrests, school expulsions, gang related activities, truancy and substance abuse. High Desert also serves senior citizens who feel isolated and lonely, have medical challenges and physical limitations, grief and loss issues, depression and drug and alcohol addictions. **Virtual services during COVID**

**High Desert Christian Family Counseling – Nyshia Johnson, LCSW**

760-490-0109

[www.hdchristiancounseling.com](http://www.hdchristiancounseling.com)

14420 Civic Drive, suite 4, Victorville, CA 92392

Individual and family counseling, parent support, married/pre-marital/couples counseling and bereavement counseling. Christianity is not a requisite for counseling. **Virtual services during COVID**

**IEHP Psychiatry Walk-in Clinic**

442-327-9311

14390 Park Ave, Victorville, Ca

No appointment or referral needed, all ages welcome, services include psychiatric consultation, medication consultation, medication refills. Monday-Friday 9am-5pm

**Open during COVID**

**Inland Psychiatric Medical Group**

760-947-0070

16279 Walnut St., Hesperia, CA 92345

<http://www.inlandpsych.com/>

Monday thru Friday 8AM – 5PM, Saturday 8AM – 4PM

Children 5 years up to Adolescence, young adult and adult psychiatry, Behavioral Health Services, Therapy, 24 Hour On Call Clinicians, Bilingual Therapists, Same Day Appointments (When available), Evening Appointments, Emergency Consultations, Lectures and Presentations, Psychological Testing, Eating Problems, Stress and Migraine Management, Sleeping and Mood Problems.

**Juvenile Intervention Program**

909-387-3676

For 13-17 years. Juveniles must not have been to juvenile hall, be on probation or in any current ongoing criminal proceedings. Scared-straight program. Participant must have a parent or legal guardian who is capable and willing to attend. Parent must call. **Closed during COVID**

**Life Skills Awareness**

760-205-3690

16501 Walnut St, Ste 12, Hesperia 92345 **Open during COVID**

Individual/Family Therapy/Groups, Parenting/Domestic Violence/Prop 47, reduced fee & insurance.

**Mea Ola's Place**

[www.meaola.org](http://www.meaola.org)

Equine Assisted Therapy utilizes horses in a therapeutic manner. This organization is dedicated to the rescue and rehabilitation of horses and donkeys. **Closed during COVID**

**Mental Health Peer Support Group – NAMI**

Ascension Lutheran Church

22130 Ottawa Road, Apple Valley, CA

Meetings held on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month from 6-8PM. Meetings are free and confidential with local resources provided. Groups provides peer directed emotional support, education and resources to help family members with loved ones living with mental illness. No cost nationally recognized training.

**Mission City Community Network, Inc.**

818-895-3100

15201 11<sup>th</sup> Street, Ste. 300, Victorville, CA 92395

Children 8+ years and adult Psychiatry (Thursdays thru Saturdays 8:30-4:30pm), mental health therapy and services, prescription refills, psychological testing/evaluations. Multiple insurances accepted, no insurance accepted with sliding fee for cash (low cost – no cost).

**Native American Resource Center**

Riverside – San Bernardino County Indian Health, Inc.

760-256-9016 - 170 Yucca Ave, Barstow, CA 92311

909-864-1097 - 11980 Mount Vernon Ave., Grand Terrace 92313

This program provides services to American Indian and Alaskan Native children, youth, transitional age youth and families, including individuals exposed to trauma and individuals experiencing the onset of a mental or emotional illness and or substance abuse problem. Services include outreach and education, family support, parenting education, youth empowerment, including counseling, healthy choice prevention activities, talking circles, drumming circles, employment development, education assistance, and community and individual counseling. No referral needed, individuals may self-refer.

COMMUNITY HEALTH WORKER PROGRAM: is designed to provide prevention services to the underserved and inappropriately served communities including: African American, LGBTQ+, and Native American communities. Also provides mental health presentations to the community.

**In-person and virtual services during COVID**

**New Horizons Counseling**

760-536-5288

17130 Sequoia Street, Ste. 103 & 106, Hesperia, CA 92345

New Horizons provides counseling, educational classes, and other community services: Addictions, Adolescents and Teens, Anger Management, Art Therapy, Child Therapy, Domestic Violence Prevention and Treatment, EMDR, Faith-Based, Foster and Adoptive Families, Grief Work, LGBTQI, Marriage, Meditation, Military Affiliation, Parenting and Co-Parenting, People with Disabilities, Play Therapy, PTSD, and Substance Abuse Treatment.



**Phoenix House Academy**

818-686-3000

11600 Eldridge Ave, Lake View Terrace (Los Angeles) CA

<http://www.phoenixhouse.org/locations/california/lake-view-terrace/>

Residential Mental Health and Substance Abuse Treatment for Youth. Various insurances accepted.

**San Bernardino Sexual Assault Services**

24- hour Crisis Hotline – 760-952-0041 (Victorville)

[www.sbsas.org](http://www.sbsas.org)

Free and confidential counseling services. Counseling offered at the school site for youth.

**Shield Program for Adolescent Self-Injury – Loma Linda University Behavioral Medicine Center**

800-752-5999 & 909-558-9288

1710 Barton Road, Redlands, CA

<https://lluh.org/behavioral-health/our-services/youth-mental-health/adolescent-mental-health-programs>

Shield program is designed to help teens learn ways to cope with extreme emotions without resorting to self-injury and to help parents understand how overwhelming emotions lead some teens to hurt themselves. Groups are focused on intervention of self-injury (such as cutting). Groups held occur three days per week for three hours. No transportation provided. Most insurance plans cover the treatment. For some patients, grant funds may be available to provide scholarship funds, either to supplement or to provide a full treatment program.

**The High Desert Juvenile Day Reporting Center - San Bernardino County Probation Department**

760-552-6600

15345 Bonanza Rd., Victorville, CA 92392

Offers programs for the community & youth, including drug & alcohol classes, individual and family counseling, parent project parenting classes, truancy classes, defensive driving course, teen parenting, petty theft classes, group counseling, behavioral awareness groups, and gender specific programs to build self-esteem-responsibility-accountability: Girls Circle / The Council and Be Proud Be Responsible sex education class. **Virtual services during COVID**

**The Landing – New Life Chapel**

909-276-2056 – Anna

10184 7<sup>th</sup> Ave., Hesperia CA 92345

Groups for 13-17 years old Friday at 7pm (subject to change) in SW Campus Room 7. Groups address Anxiety, bullying, teen parents, guilt, peer pressure, depression, addiction, worthlessness, loss, anger – Life. Childcare is available (check availability). **In-person services during COVID**

**Trevor Lifeline**

866 488 7386

<https://www.thetrevorproject.org/>

LGBTQ youth crisis, suicide prevention/intervention, referral, educational and advocacy program.

**Trubian Village Male Youth Mentoring Program**

760-963-2026

[www.TrubianVillage.com](http://www.TrubianVillage.com)

11624 Cornell St., Adelanto, Ca 92301

Teaching boys to be men through integrity, honor and respect.

For At-Risk Youth. Mentor groups meet once a week for one hour and once a month on the weekend for fun group activities. Provides African American studies designed to uplift and give guidance to youth among multiple topics. **Closed during COVID until Sept. then virtual services**

**Victor Community Support Services (VCSS)**

Family Resource Center

760-243-5417

15400 Cholame Road, Victorville, CA

<http://www.victor.org/victorville-desert-mountain-region>

Family Resource Center offers FREE services of groups for all ages, youth prevention and leadership programs, mental health workshops for all ages, counseling for all ages, adult skill based education programs (computer and resume assistance), parenting support classes and support groups. Families can self-refer and walk-in. **Virtual services during COVID**

**VCSS - TAY One-Stop Center**

760-243-5417

15400 Cholame Road, Victorville, CA

<https://www.victor.org/service/transition-age-youth>

FREE services for youth age 16-25 (18 years + do not need parent enrollment) experiencing emotional/mental health disturbances, are homeless or at risk of becoming homeless, are/were in foster care or juvenile justice system. Services of Psychiatric/Medication support, individual/group therapy, independent living skills and socializing with peers. If youth engaged, transportation and housing assistance. Families and over 18 years old can self-refer. **Virtual services during COVID**

**VCSS - WrapAround, Success First, and TBS Program**

760-245-4695

1595 Armargosa Rd., Ste. 21, Victorville, CA

<http://www.victor.org/victorville-desert-mountain-region>

WRAPAROUND and SUCCESS FIRST (0-15YRS)- intensive family services for serious emotionally disturbed, unserved, underserved children and adolescents), in home, school and community. THERAPEUTIC BEHAVIORAL SERVICES (TBS) are intensive one-on-one short-term outpatient intervention for children at risk of out-of-home placement and with history of hospitalizations. Parent-Child Interactive Therapy, Aggression Replacement Therapy and Cognitive Behavioral Therapy.

**Victor Valley Behavioral Health – Outpatient Mental Health Services- DBH**

760-995-8300

12625 Hesperia Road, Victorville, CA

<https://www.victor.org/victorville-desert-mountain-region>

Mental health evaluation, assessment and diagnosis. Psychiatric referrals and services for children and adults. No therapy provided. Adults walk-in only first come first serve from Monday through Thursday 8AM to 10:30AM. Children's caregiver/parents by appointment only.

**Victorville Counseling Services**

951-333-7363

15431 Anacapa Rd., Ste. D, Victorville, Ca 92392

Email: [victorvillecounseling@gmail.com](mailto:victorvillecounseling@gmail.com)

Specializing in individual, family, couples, group counseling, and therapy. Group counseling include spirituality, moral injury, children of divorce, and parenting. Insurance accepted and sliding scale fee. Faith is a part of the recovery, some models used include equine-assisted therapy, sand-tray therapy, and play therapy.

**Watson Family Services -Jerome Watson, LMFT**

760-881-3558

12180 Ridgecrest Rd., Ste. 402A Victorville, CA 92395

Jerome Watson is a marriage and family therapist in Victorville. May provide weekend appointments.

**Young Visionaries Free Online and In-Person Tutoring & Mentoring**

909-513-4287 – Don Gray – [dongray@yvyla-ie.org](mailto:dongray@yvyla-ie.org)

Free online and in Person tutoring for all students in elementary-middle-high school in all subjects.

Contact Young Visionaries Mentor Specialist Don Gray

**OLDER ADULT SERVICES**

**Age-Wise by San Bernardino County Dept. of Behavioral Health**

760-956-2434

11951 Hesperia Rd., Hesperia, CA 92345

Free older adult (59 years +) in-home/community services, including therapy, counseling and referrals to resources. **Virtual services during COVID**

**Alzheimer's Association**

800-272-3900

[www.alz.org](http://www.alz.org)

**Barstow Senior Citizen's Center**

760-256-9111

Serves residents of Adelanto, Apple Valley, Barstow, Hesperia, Hinkley, Victorville and surrounding areas. Home Bound Meals are home delivered

**CA Advocate for Nursing Home Referral**

800-474-1116

**Catholic Charities**

760-243-1100

15000 7<sup>th</sup> St., Victorville, CA

<http://ccsbriv.org/>

Utilities, emergency food assistance, food delivered to seniors with limited income, immigration classes.

**Open during COVID**

**ElderCare Locator**

800-677-1116

**Eye Care America**

Senior Eye Care, Diabetes and Glaucoma Programs

877-887-6327

[www.eyecareamerica.org](http://www.eyecareamerica.org)

Provides seniors 65+ with information about eye care referral to a volunteer ophthalmologist in their area.

**Family Caregiver Support Program (SIA)**

909-891-3900

San Bernardino County

Provides services to spouses, adult children, extended family or neighbors 18 years of age or older who provide care on an informal basis to a senior age 60+. Also assists grandparents, aunts or uncles 55+ years who are primary caregivers for their grandchildren or other relatives under 19 years of age, or any age if disabled. Services include assessment, interpretation and translation, information and referral to services, support groups, counseling and respite services.

**First Call for Help – Referral Service – Victor Valley Community Service Counsel**

760-243-9646

Housing, caregivers, senior information, senior and disabled, transportation, minor home repair, chores, friendly visits or phone calls, homemaker assistance, senior center activities, veterinary assistance fund.

**Health Insurance Counseling & Advocacy Program (HICAP)**

800-434-0222 or 909-256-8369

9121 Haven Ave., #120, Rancho Cucamonga, CA 91739

[www.coasc.org](http://www.coasc.org)

Free counseling on health care options and rights.

**In Home Supportive Services**

877-800-4544

Assistance for eligible aged blind and disabled individuals who without this care would be unable to remain safely in their own homes. Provides services according to the client's needs: e.g. feeding, bathing, dressing, housekeeping, laundry, shopping errands, meal preparation and clean up, respiration, bowel and bladder care, mobbing in and out of bed, rubbing the skin (to prevent skin breakdown), accompaniment to medical appointments, paramedical services, and protective supervision.

**Inland Caregivers Resource Center (ICRC)**

909-514-1404 & 800-675-6694

<https://www.inlandcaregivers.com/>

The center assists families housing, counseling, respite care and support for caregivers of those suffering with a brain impairment or age-related circumstances. **Open during COVID**

**Inland Counties Legal Services, Inc.**

760-241-7073 and 888-805-6455  
888-245-4257 for services seniors aged 60 or over  
13911 Park Ave. #210, Victorville CA 92392  
[www.inlandlegal.org](http://www.inlandlegal.org)  
Legal advice and clinics

**Inland Empire Latino Lawyers Association (IELLA)**

951-369-3009  
[www.IELLA.org](http://www.IELLA.org)  
IELLA holds clinics at various locations throughout Riverside and San Bernardino Counties. Call for clinic schedules and locations. Works to increase and improve services to our communities, focusing on providing legal services to seniors.

**Inland Empire Lighthouse for the Blind, Inc.**

909-884-3121  
359 E. Park Center circle South, San Bernardino, CA 92408  
[www.ielighthousefortheblind.org](http://www.ielighthousefortheblind.org)

School for partially sighted or legally blind adults. Offers transportation from clients' homes to the school. Training in Braille mobility, getting around the kitchen, cooking, basket weaving, macramé, ceramics, and sewing classes. **Closed during COVID but store for gadgets and devices available**

**Long Term Care Ombudsman**

866-229-0284  
Ombudsmen are independent, objective, neutral persons who advocate for dignity, quality of life and care for all residents in long-term care facilities. The ombudsman receives, investigates and resolves complaints by or on behalf of residents in long-term care facilities, skilled nursing facilities and community care licensed board and care homes.

**Long Term Residential Care – Mental Facility**

Riverside: Vista Pacifica – 951-682-4833 –  
3674 Pacific Ave., Riverside, CA 92509

**Multipurpose Senior Service Program (MSSP)**

877-565-2020  
MSSP Program helps to avoid or delay the inappropriate placement of person in nursing facilities, while fostering independent living in the community. Services include basic housekeeping chores, personal hygiene, personal health care chores, grocery shipping, and transportation to non-emergency medical appointments.

**Neurovitality Center**

760-323-7676  
2800 Alejo Road, Palm Springs, CA 92262  
[www.neurovitalitycenter.org](http://www.neurovitalitycenter.org)  
Extensive, medical program offered to frail adults who are at risk for admission to skilled nursing facilities or full time care at home. Patients must be over 18 years of age and have chronic, debilitating medical, cognitive or behavioral conditions. Additional services include physical, mental and emotional rehabilitation for elders.

**Office of the Public Guardian**

909-798-8500

Public Guardian is appointed by the Superior Court to act as conservator of persons who are not able to manage their own affairs.

A conservator is a person or agency appointed by the Superior Court to act in the best interest of the conservatee. Conservatorship may be granted to a public conservator (public guardian) or a private conservator (relative/friend). Several forms of conservator exist with differing qualifications:

- Superior Court Conservatorship Investigator – 909-521-3388
- Court Mental Health Counselors Behavioral Health Bldg. – 909-498-2296
- Behavioral Health Resource Center (BHRC) Phoenix Community Counseling – 909-387-7200
- LPS Conservatorship Investigator – 909-798-8589
- San Bernardino County Recorder-Clerk – 909-387-8306
- Attorneys for LPS Conservatees/Hartnell Law Group – 909-796-6881
- Superior Court Probate Division – 909-521-3388

**Retired Senior Volunteer Program (RSVP)**

909-384-5414

600 W 5<sup>th</sup> Street, San Bernardino CA 92410

Purpose is to recruit and place seniors in community volunteer positions. Types of volunteer opportunities available include: citizen patrol, law enforcement assistance, tutoring/mentoring in schools and literacy programs, and library or hospital assistance. Also, seminars for seniors are offered regularly concerning identity theft, telemarketing and investment fraud.

**Senior Community Service Employment Program (SCSEP)**

760-243-8462

Offers part-time on-the-job training positions to qualified persons. To qualify for the program a person must be at least fifty-five years old, an unemployed resident of San Bernardino County, and meet federal low-income guidelines. Positions with the SCSEP are not meant to be permanent employment. It is a pathway to employment through on-the-job training.

**Senior Information and Assistance (SIA) Line and Nutrition Services**

800-510-2020

Provides information and assistance through referrals and advocacy in accessing services and programs. Follow up and evaluation provided to ensure services provided.

SIA oversees: Senior Nutrition Services, Family Caregiver Support Program (FCSP), Transportation reimbursement and the Office of the Public Guardian-Conservator.

**Therapeutic Alliance Program (TAP) - Adult Continuing Care Program**

909-421-9425

This program assists in co-occurring disorders (mental illness and substance abuse) and has established a 30-bed, 90-day residential treatment program at a contract agency to address the unique needs of this population. Individuals can self-refer, but must ask for the TAP program.

**Transportation Reimbursement Escort Program (TREP)**

Prevention and Early Intervention/Aging and Adult Services  
760-243-8459 and 800-510-2020

Provides mileage reimbursement to eligible seniors as incentive for volunteer drivers (relatives/friends/neighbor) to assist them for necessary transportation services. 60 years and older, and when no transit service exists. Eligible trips include medical, dental, RX, shopping, banking, social engagements, etc...

**Van Connect Transportation Program**

760-998-3197

Door-to-door assisted transportation for seniors and individuals with disabilities who cannot easily use other transportation services in the high desert region. Call to receive a brief assessment over phone to determine eligibility. Rides must be scheduled 36 hours in advance. **Services available during COVID**

**Wood burning logs for the Elderly**

Call Cynthia 760-244-4411 ext. 7255

Specifically, for elderly without funding for wood logs used for heat in the home.

**PARENTING, PREGNANCY AND MOTHERHOOD RESOURCES**

**A New Beginning Therapeutic Solutions Counseling Center**

760-244-8188

15731 Main St, Hesperia, CA 92345

Individual and family therapy, parenting classes and anger management. **Virtual services during COVID**

**Another Level for Women (ALFW)**

760-475-9844

11555 Cortez Ave, Adelanto, CA 92301

[www.anotherlevelforwomen.com](http://www.anotherlevelforwomen.com)

Helping women to acknowledge and identify the issues in their life that are affecting their lifestyles. Referrals for services, prevention programs, mentoring and community/utilities assistance. Financial literacy, transformation and employment preparation programs that enable women to become independent and self-sufficient.

**Behavioral Awareness Center (BAC)**

760-947-2600

16501 Walnut Ave, Ste. 12, Hesperia, CA 91345

Parenting Classes. Insurances accepted: Molina, IEHP, Blue Cross/Shield, Health Net.

**Virtual services during COVID**

**Call for Life Help Center**

760-244-7675

Pregnancy resources, diapers, formula and pregnancy tests.

**Family Assistance Program**

760-843-0701

16857 C Street, Victorville, CA

<http://familyassist.org/>

Services are for men, women and children. Services include parenting classes.

**Virtual services during COVID**

**Hesperia Unified School District Family Resource Center (FRC)**

Parenting Classes and Parent Support Group

760-244-4411 ext. 6776

Intermittent Parenting Classes Provided. Call for more information.

**Home Visiting Initiative (HVI) – Parent Training Program (Virtual)**

760-956-4572, 760-996-1531

662 S Tippecanoe Avenue, Sa Bernardino, CA 92415

For CalWORKs families who are first-time parents, currently pregnant or have a child less than 24 months old. Request information from TAD worker. Program services include screenings, training, immigration referrals and services, high quality early learning linkage, transportation assistance, laptop computers, parent workshops and coaching, and a weekly 90-minute in-home visitation session.

**Open during COVID**

**LIFT Program**

San Bernardino County Preschool Services Department

760-559-7456 – Rebecca Hutchinson

662 S. Tippecanoe Ave, San Bernardino, CA 92415

<http://hs.sbcounty.gov/psd/Content%20Documents/LIFT%20English%20Brochure.pdf>

This program seeks to improve the health, well-being and self-sufficiency of low-income mothers of any age and their children. Services in the home by nurses who provide educational information, link family members with needed services, and assistance with developmental milestones for the child that last for the duration of the mother’s pregnancy and until the child is two years old. Infant is enrolled into early head start and transitioned into head start with no wait list or income qualifications needed. Must be pregnant to qualify.

**Lighthouse of Restoration**

760-881-3260

15000 7<sup>th</sup> Street, Victorville, CA 92395

<http://thelighthouseofrestoration.org/>

The mission is be a “Lighthouse” in the lives of single mothers and grandparents that are raising their grandchildren. Lighthouse provides resourceful information and supplies (clothing, shoes, hygiene, support groups, etc.).



**Moses House Ministries**

760-955-1895

15180 Anacapa Rd, Victorville, CA

<http://www.moseshouse.org/>

For single mothers and their children, parenting classes, support groups, baby and maternity supplies, adoption resource network, free pregnancy tests, programs for young, pregnant women, mentoring, life skills training, transportation and housing, pregnancy loss support and education speakers. Additional no-cost classes of child abuse, parenting, self-esteem also offered with child care and transportation.

**Parenting Program - Victor Community Support Services**

760-243-5417

15400 Cholame Road, Victorville, CA

Parenting classes strive to teach parents to have appropriate expectations of children, recognizing and understanding feelings, rewards and punishments, improving child's self-worth, helping children manage their behavior, alternative to spanking, family rules, criticism and confrontation, anger management, discipline, verbal and physical redirection, etc.... **Virtual services during COVID**

**Planned Parenthood, Victorville Health Center**

760-245-9500

15403 Park Ave., Victorville, CA 92391

<https://www.plannedparenthood.org/health-center/california/victorville/92391/victorville-health-center4082-90160>

Reproductive and health services (birth control, STD testing, pregnancy tests, family planning). No cost low cost.

**Rose of Sharon Life Center**

760-243-5006

14725 7<sup>th</sup> Street #600, Victorville, CA 92395

<https://roseofsharonprc.org/>

Assistance for pregnant moms, parenting classes, emergency supplies (diapers and formula), used clothes supply. Free pregnancy tests, parenting for pregnant women, counseling. Loan maternity clothes, abortion counseling, help with baby clothes, diapers and formula when in supply.

**Open during COVID, virtual services**

**St. John of God Health Care Services**

Hotline 888-233-4288

Outpatient: 760-952-9192

15534 6<sup>th</sup> Street, Victorville, CA

<http://stjog.org/centers#st-john-of-god-health-care-service>

Provides free parenting classes.

**TAD Transitional Assistance Dept. (Cash Aid, Cal-Fresh and Medi-cal)**

877-410-8829

<http://wp.sbcounty.gov/tad/>

Apply online at C4yourself.com

Hesperia: 9655 9<sup>th</sup> Ave

**W.I.C. (Women Infant Children) Program**

800-472-2321

<http://cms.sbcounty.gov/wic/home.aspx>

Provides food vouchers for pregnant women and women with children under 5 years.

**PSYCHIATRIC ASSISTANCE AND SUPPORT SERVICES**

**Arrowhead Regional Medical Center (ARMC)**

Behavioral Health (Psychiatric) Unit

909-580-1800

**Canyon Ridge Hospital (CRH)**

Behavioral Health (Psychiatric) Unit

909-590-3700

**Crisis Residential Treatment Centers (CRT)**

760-780-4400

**Desert Hill Center**

16552 Sunhill Dr., Victorville, CA

CRT centers are voluntary 16-bed centers providing services to ages 18-59 for up to 90 days. Providing a home-like setting designed to provide short-term, recovery based treatment options, services and interventions for people experiencing a serious psychiatric crisis. This center will allow residents to practice real-world recovery by participating in the day-to-day activities of running a household, including learning basic living skills, social/interpersonal skills.

Referrals may be generated by hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families. **Open during COVID**

**Crisis Stabilization Unit (CSU)**

Windsor Center CSU - 909-361-6470 – 1481 N. Windsor Dr., San Bernardino, CA

Merrill Center CSU – 951-643-2340 -14677 Merrill Ave., Fontana, CA

CSUs serve ages 13 and over who are experiencing a crisis. CSUs are a voluntary 20-chair facilities, provide a home-like setting designed to provide additional access points to receive recovery-based treatment options, interventions and stabilization services in the least restrictive manner possible in their community for up to 23 hour stays. Referrals may be generated by local law enforcement/emergency responders, hospital ER, medical depts., CCRT, DBH outpatient clinics, individuals and families.

**Open during COVID**

**Crisis Walk-In Clinics - Valley Star Behavioral Health, Inc. – open 24 hours daily and holidays**

760-245-8837

12240 Hesperia Rd, Victorville, CA

<http://www.starsinc.com/valley-star-behavioral-health/victorville-crisis-walk-in-center-cwic/>

Provides children and adults immediate urgent mental health and psychiatric services on walk-in and appointment basis. Crisis intervention/assessments, medications and referrals.

**Inland Psychiatric Medical Group**

760-947-0070

16279 Walnut St., Hesperia, CA 92345

<http://www.inlandpsych.com/>

Monday thru Friday 8AM – 5PM, Saturday 8AM – 4PM. Children 5 years to Adolescence, young adult and adult psychiatry, Behavioral Health, Therapy, 24 Hour, Bilingual Therapists, Same Day & Evening Appointments, Emergency Consultations, Lectures and Presentations, Psych Testing, Eating Problems, Stress & Migraine Management, Sleeping and Mood Problems. **Open during COVID, virtual services**

**Loma Linda University Behavioral Medicine Center**

800-752-5999 or 909-558-9275

1710 Barton Rd., Redlands, CA 92373

Also has an outpatient program for Cutting (SHIELDS) and Eating Disorders.

**Loma Linda VA Hospital**

800-741-8387 or 909-825-7084

**Mission City Community Network, Inc.**

818-895-3100

15201 11<sup>th</sup> Street, Ste. 300, Victorville, CA 92395

Children 8+ years and adult Psychiatry (Thursdays thru Saturdays 8:30-4:30pm), mental health therapy and services, prescription refills, psychological testing/evaluations. Multiple insurances accepted, no insurance accepted with sliding fee for cash (low cost – no cost).

**National Alliance on Mental Illness (NAMI)** <http://www.namib.org>

NAMI San Bernardino Area, P.O. Box 7042, Redlands, CA 92375

Education and support groups for those suffering with mental health issues and their families.

Redlands Community Hospital

Behavioral Health (Psychiatric) Unit

909-335-5655

**San Bernardino Community Hospital**

Behavioral Health (Psychiatric) Unit

909-887-6333

**Serenity Clubhouse**

760-955-6224

12625 Hesperia Rd., Ste. B., Victorville, CA 92392

The clubhouse is run by recipients of behavioral health services or members 18 years and over with minimal support from staff. Must have a mental health diagnosis. They offer job training, social activities, field trips and education. Open Monday through Friday 8AM to 3PM.

### **The STAY**

909-763-4760 xt.100

780 Gilbert St, bldg. H, San Bernardino, CA 92415

<http://wp.sbcounty.gov/dbh/mental-health-services/children-youth/tay/the-stay/>

The STAY is a short-term, 14-bed center for Transitional Age Youth (TAY) age 18-25 at risk and need of a higher level of care lower than a psychiatric hospital and willing to participate in their recovery. Priority given to at-risk, system-involved youth (dependents and wards), LGBTQ welcome, provides mental health services, psychiatry, housing, education, vocational, healthcare, available to those with or without Medi-Cal, and up to a 30-day stay (longer if eligible).

### **Victor Valley Behavioral Health – Outpatient Mental Health Services**

760-995-8300

12625 Hesperia Road, Victorville, CA

<http://wp.sbcounty.gov/dbh/mental-health-services/general/outpatient-clinics/>

Services include mental health evaluation, assessment and diagnosis. Can provide psychiatric referrals and services for children and adults. No therapy provided.

Adults are walk-in only first come first serve from Monday through Thursday 8AM to 10:30AM.

Children’s caregiver/parents to call and schedule appointment only. Ask for Jeff Rogers.

**Open during COVID, virtual services**

### **IEHP Psychiatry Walk-in Clinic**

442-327-9311

14390 Park Ave, Victorville, Ca

No appointment or referral needed, all ages welcome, services include psychiatric consultation, medication consultation, medication refills. Monday-Friday 9am-5pm. **Open during COVID**

## **TRANSPORTATION**

### **Hi Desert Lift – Free Transportation**

760-366-5438

Provides free transportation to anyone in need of transport to Medical Center/Clinic appointments. Intermittent schedule of rides ‘down the hill’ for appointments. **Services available during COVID**

### **Van Connect Transportation Program**

760-998-3197

Door-to-door assisted transportation for seniors and individuals with disabilities who cannot easily use other transportation services in the high desert region. Call to receive a brief assessment over phone to determine eligibility. Rides must be scheduled 36 hours in advance. **Services available during COVID**

### **Victor Valley Community Services Council – VVCSC**

760-243-9646

Provides free transportation to low income senior citizens/disabled in the high desert region.

**Services available during COVID**

**Victor Valley Transit Authority (VVTA)**

760-948-3030

17150 Smoke Tree St., Hesperia, CA

[www.vvta.org](http://www.vvta.org)

Direct Access –

760-244-4000 ext.3

Curb to curb service for certified disabled individuals (ADA) and their registered personal care attendants. Must make reservation and have ADA registration. **Open during COVID**

Apply for ADA at: 877-232-7433 or [adaride.com](http://adaride.com).

TRIP – 909-381-8585

A volunteer driver (relative/friend/neighbor) and mileage reimbursement program that allows qualified seniors and disabled individuals the opportunity to reimburse friends and neighbors for providing transportation services.

**TUTORING, STUDENT AND PROM RESOURCES**

**Hesperia Unified School District Family Resource Center (FRC)**

Free Tutoring

760-244-4411 xt.6776

Free daily K-6th grade tutoring and weekly peer tutoring during after school hours.

In addition, adult tutoring in Spanish and English in various subjects. Education Workshops. Rosetta Stone, GED prep group, etc...Monthly calendars available at the site.

**Hesperia Unified School District Homeless Student Transportation Enrollment Affidavit**

760-244-4411 ext. 7233

15576 Main St., Hesperia 92345

Door to door bus transport for students with extenuating circumstances related to homelessness. Designed to assist the student in maintaining attendance and access to education. Contact for eligibility. For HUSD students only.

**Hesperia Unified School District Family Resource Center (FRC)**

The Caring Closet

760-244-4411 xt.6776

Clothing assistance developed to promote school attendance and self-esteem in schools by providing clothing to children in need. School sites have referrals. Monetary donations accepted. For HUSD students only.

**Homework Hotline**

877-827-5462

**Harvey Mudd College**

Askhmc.org

Free over-the-phone mathematics and science tutoring grades 4-12. Sunday through Thursday 6-9PM.

**Kikz 4 Kidz**

Lighthouse of Restoration

760-881-3260

15000 7<sup>th</sup> Street, Victorville, CA 92395

<http://thelighthouseofrestoration.org/>

Shoes donated to school age children in need. The mission is be a “Lighthouse” in the lives of single mothers and grandparents that are raising their grandchildren. Lighthouse provides resourceful information such as current housing listings, current job listings, GED programs, monthly motivational meetings and other programs that are available.

**Prom Extravaganza for Foster Youth - San Bernardino County Independent Living Program (ILP)**

Independent Living Program (ILP) - San Bernardino County

760-243-6640 – ILP Coordinator in Victorville, CA

[www.facebook.com/SBCountyILP](http://www.facebook.com/SBCountyILP)

Request from Social Worker. Prom resources provided through ILP (Independent Living Program).

**Rena’s Dresses (Non-profit Prom Organization)**

Provides dresses for those students unable to afford one.

Contacts for referrals are listed below:

Hesperia High School

Diley Greiser -909-446-2493

Oak Hills High School

Diane Rodriguez - Career Center- 760-244-2283 ext. 4791

**School On Wheels Online Tutoring**

800-923-1100 or 805-641-1678

To apply: [onlinetutoring@schoolonwheels.org](mailto:onlinetutoring@schoolonwheels.org)

For homeless students specifically. Online tutoring and academic support, scholarship programs, positive role models and mentorship.

**Young Visionaries Free Online and In-Person Tutoring**

909-513-4287 – Don Gray – [dongray@yvyla-ie.org](mailto:dongray@yvyla-ie.org)

Free online and in Person tutoring for all students in elementary-middle-high school in all subjects.

Contact Young Visionaries Mentor Specialist Don Gray

## UTILITIES ASSISTANCE

### **A C.O.R.E. Solution**

760-563-6767

14318 California Ave, Ste. 106, Victorville, CA 92392

<http://www.acoresolution.org/>

HEAP gas assistance, electrical assistance, annual credit assistance, emergency utility assistance, Credit recovery and advocacy, life coaching and workshops, resources and referrals and assistance with college

### **California Lifeline Telephone Program**

866-272-0357

<https://www.californialifeline.com/en>

Provides discounted home phone service to income qualified households.

### **Catholic Charities**

760-243-1100

15000 7<sup>th</sup> St., Victorville, CA

<http://ccsbriv.org/>

Utilities assistance when funding available, emergency food assistance, food delivered to seniors with limited income. **Open during COVID**

### **Community Action Partnership of SB County**

909-723-1500

<http://www.sbcounty.gov/capsbc/>

Utility assistance and food bank.

### **Grid Alternatives**

951-272-4743

[www.Gridsolar.org](http://www.Gridsolar.org)

Non-profit community organization that connects families with government programs that allow GRID to provide solar at no cost to eligible homeowners.

### **Help Without Hoops Utility Assistance/Another Level for Women**

760-662-7515

11555 Cortez Ave, Adelanto, CA 92301

[www.anotherlevelforwomen.com](http://www.anotherlevelforwomen.com)

Timely assistance. Needs verified. May utilize this utility assistance program 1x per year.

### **Orenda Foundation Veterans Project**

760-962-1212

Utility assistance, transitional housing, case management, supportive services.

### **Salvation Army**

760-245-2545

14585 La Paz Dr. Victorville, CA

Utilities, rent, gas, housing, food, and clothing when funds are available.

**Samaritan Helping Hand**

760-243-5933

15527 8<sup>th</sup> Street, Victorville, CA

Utilities, groceries, shelter, bus tickets, clothing, pharmacy when funds are available.

**Southern California Edison**

800-447-6620 - <https://www.sce.com/care>

CARE program 20% off bill for low income families. Medical usage program.

760-322-2653 - As a C.A.R.E. customer, you may qualify for the Energy Savings-Assistance Program.

Whether you own or rent, you may be eligible to replace older appliances that use a lot of electricity with new energy-efficient models. Funding is limited and available on a first-come, first-serve basis

**Southwest Gas**

877-860-6020 - <https://www.swgas.com/en/california-energy-savings-assistance-program>

Energy Share fund helps customers with one-time financial emergency.

**Victor Valley Family Resource Center**

760-669-0300

16000 Yucca Street, Hesperia, CA

<http://vvfrc.org/>

Utility assistance, transitional housing, case management, supportive services.

**VETERANS' SERVICES**

**Divine Deployment Combat Veteran Outreach**

760-949-3497 and 760-508-0344 - Glenn and Paula Foster

Guides Veterans through the process of obtaining disability and health benefits.

**High Desert America's Job Center of California – EDD Workforce Veteran's Program**

760-552-6550

17310 Bear Valley Road, Victorville, CA 92392

[www.cacvso.org](http://www.cacvso.org)

Assists in finding jobs for Veterans. Individualized services for employment, training, job development, Cal JOBS listings, resource fairs 'Hire a Hero', and California Association of County Veterans Service Officers (CACVSO). A county level program with for veterans (and their dependents) with benefits that include: outpatient, pension, insurance, education assistance, vocational rehabilitation, home purchase assistance, and burial allowance.

**Heroes Warehouse**

909-714-2640

[www.heroeswarehouse.org](http://www.heroeswarehouse.org)

Provides furniture for Veterans, active duty, reservists and their families who are in need. Must be able to pick up furniture yourself. It cannot be delivered. Must bring DD214 or Veteran ID.



**High Desert VET Center**

760-261-5925 and 877-WAR-VETS

[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

Supportive Services for Veterans, including Individual and group counseling for Veterans, service members and their families, family counseling for military related issues, Bereavement counseling for families who experience an active duty death, military sexual trauma counseling and referral, outreach and education regarding PTSD, community events, substance abuse assessment and referral, employment assessment & referral, VA benefits explanation and referral, screening & referral for medical issues including depression, etc. **Open during COVID**

**Life Community Development (Has a shelter home)**

15815 Horizon Way, Adelanto, CA

<http://www.lifecommunitydevelopment.org/>

Transitional housing and Supportive Services to homeless individuals in the High Desert. In addition, LCD offers other opportunities to foster self-sufficiency for homeless female veterans. Housing for male veterans. Contact through website only.

**Loma Linda Veterans Village Housing**

[www.hacsb.com](http://www.hacsb.com)

36 Project Based Voucher Units. Rental subsidy at 30% of the total household gross income. Facilitated by the Housing Authority of San Bernardino. Must be a veteran household.

**Military Services and Family Support Program**

Victor Community Support Services

760-255-1496

222 E. Main St., Barstow, CA 92311

Support program includes counseling, assessments and referrals for Veterans and their families.

**Open during COVID, virtual services**

**Orenda Foundation Veterans Project (Has a shelter)**

760-962-1212

Hesperia, CA

Transitional housing, case management, utility assistance, supportive services, sober living services for Veteran Men.

**PAWZ for Wounded Veterans Program - Canine Support Teams**

951-301-3625

PO Box 891767, Temecula, CA 92589

[www.cstdogs.org](http://www.cstdogs.org)

If you have a DD-214 and a verified medical disability, Canine Support Teams will help you receive a Service Dog at NO CHARGE. Every branch, every rank, every campaign. Go online to complete an application today!

**Veterans Crisis Line**

800-273-8255

## YOUTH PROGRAMS

### **Alpha Recovery Life Systems – Family Mentoring Program**

760-223-9272

10140 8<sup>th</sup> Avenue, Hesperia, CA 92345 (Back Campus)

Serves at-risk youth, families and individuals, with a strong component for veterans.

Provides various classes for \$15 per client with additional programs included as Youth Mentoring, Computer Applications, Anger Management/Parenting Component, Substance Abuse Education, PTSD training, Credit Awareness, Basic Life Skills, Furniture Rehabilitation and Air Filter cleaning. Provides certificated of completion.

### **Big Brothers Big Sisters of the Inland Empire**

909-763-5959

8880 Benson Ave. Suite 112, Montclair, CA 91763

[www.IEBigs.org/volunteer](http://www.IEBigs.org/volunteer)

Connects youth ages 6-18 years with a one-to-one, professionally supported mentor.

**Virtual services during COVID**

### **Catholic Big Brothers Big Sisters Program**

800-463-4066

[www.catholicbigbrothers.org](http://www.catholicbigbrothers.org)

A non-denominational mentoring program for children ages 6 to 14. Program offers quality one-on-one time with children to spend a minimum of one hour per week with a mentor doing activities such as playing sports, getting help with homework or just talking or having fun.

**Virtual services during COVID**

### **Devil Pups**

909-239-5029 – Sgt. Mike Buchanan

[Buchanan112@aol.com](mailto:Buchanan112@aol.com)

<http://devilpups.com/becoming-a-devil-pup/how-to-apply/>

The Devil Pups Program is a demanding physical and academic good citizenship program for young teenagers. The program is more mental than physical, reflecting the ‘whole person’ concept. Devil Pups is a non-profit organization designed to help boys and girls from all backgrounds gain self-confidence and learn to take responsibility for their actions. It is not a ‘mini boot camp’, para-military or recruiting organization for the Marine Corps. It is a camp comprising 10 days of challenge, teamwork, discipline and education for boys and girls between the ages of 14 and 17. **Closed during COVID**

### **Fire Explorer Program**

760-947-8023 – Hesperia Division 2

<http://www.sbcfire.org/Programs/FireExplorer.aspx>

The Fire Explorer program gives youth (ages 14-20) a first-hand experience in what it mentally and physically takes to be a professional firefighter. Participants will receive fire service training under supervision of trained firefighters. The program is designed to give participants beneficial experience, discipline, and knowledge that can apply to any career field. To join, contact the Division Headquarters nearest you. **Only accepting applications at this time**

**Get on the Bus / Family Express** [www.getonthebus.us](http://www.getonthebus.us)

Free transportation with the goal of uniting children with their mothers and/or fathers in prison.

**GreenBooks**

760-242-3668

18837 US Highway 18, Apple Valley, CA 92307

All books for sale \$3, buy books for .25 cents, donations accepted. **Open during COVID**

**Hesperia Parks and Recreation**

(760) 244-5488 & 760-244-1007

16292 Lime Street, Hesperia, CA 92345

13558 Palm St, Hesperia, CA 92344

<https://www.hesperiaparks.com/>

Adult and Children's sport, recreation and employment activities throughout the year. Afterschool programs at specific school sites throughout Hesperia. **Call to confirm, varies during COVID**

**Hesperia Police Explorer Program**

760-947-1500

15840 Smoke Tree Ave, Hesperia, CA 92345

<http://www.cityofhesperia.us/361/Explorer-Post>

Please walk into the station and fill out an application. They are looking for students!!!

The age range for membership in the Explorer Post is 14–20 years old.

The Hesperia Police Department's Explorer Post is one of the largest and most active in the County. Its 35 members volunteered over 8,000 hours last year in a wide variety of community events, including: Instructional exercises, Ride-along, Competitions, the Post also regularly schedules team building events for its members including: Camping trips, Day trips to Huntington Beach and Knott's Berry Farm, Explorer competitions in Las Vegas and Rancho Cucamonga. **No new applicants currently during COVID**

**Hesperia United Methodist Church**

760-244-7461

Free music lessons-keyboard, guitar, drums. Lessons every Thursday and Friday 4 p.m.-7 p.m.

**Closed during COVID**

**HPAL Boxing – (Hesperia Police Activities League)**

760-947-1500

15840 Smoke Tree Street Hesperia, CA 92345 (Police Department) 17508

Hercules St., #B5, Hesperia, CA 92345 (Boxing site)

<http://www.cityofhesperia.us/372/Hesperia-Police-Activities-League>

The value of athletic competition in building the character and confidence of participants has proven to be immense. Open to boys and girls age 11-18, the HPAL program emphasizes and reinforces the following concepts: Respect (for oneself and others), Self-discipline, Personal commitment, Responsibility, Citizenship. For more information about this program, or to get involved, please sign up for the program at the Police Department or the Hercules Site (Tuesdays/Thursdays 5:30-7pm). **Closed during COVID**

**IEHP Community Resource Center**

866-228-4347 [www.iehp.org/crc](http://www.iehp.org/crc)

12353 Mariposa Road, suite C2&C3, Victorville, CA 92395 (in Vallarta Market parking lot)

Daily classes for the entire family, kids, parents, teens and those with special needs.

Examples: Fitness and Dance Classes, kickboxing, yoga (even for seniors and disability too), nutrition and food demo classes (complete kitchen) free CPR classes, stress management, bullying and safe social media classes, birth control methods & STI prevention, family asthma class, medi-care 101 classes, advance care planning, and more. Check website for monthly updated classes. **Closed during COVID**

**Job Corps**

909-887-6305 or 442-243-9022

3173 Kerry St, San Bernardino, CA

<http://inlandempire.jobcorps.gov>

Nation's largest and most comprehensive residential, education and job training program for at-risk youth ages 16-24 years. Free federal program provides housing, food and job training in multiple areas as electrical, solar energy, carpentry, culinary skills, and many more. Informational orientation every Tuesday at 1PM. **Accepting applications and interest list but closed during COVID**

**Juvenile Intervention Program**

909-387-3676

For 13-17 years. Juveniles must not have been to juvenile hall, be on probation or in any current ongoing criminal proceedings. Scared-straight program. Participant must have a parent or legal guardian who is capable and willing to attend. Parent must call. **Closed during COVID**

**Millionaire Mind Kids (MMK)**

760-240-4044 – Delores Williams CEO 15733

First Street, Victorville, CA 92395

[millionairemindkids@verizon.net](mailto:millionairemindkids@verizon.net)

Free Summer day camp programs in specialized educational career topics, including, STEM (Science, Technology, Engineering, Math & Robotics), ART, Law and Justice Academy, Aviation Career Education (ACE), Financial Literacy & Life Skills, Scholarship Academy and Taekwondo. Professionals from the field present to the students and field trips to work-sites offered. Please look them up on Facebook for updates and announcements. **Virtual programs during COVID**

**Never Leave Athletes Behind (NLAB) Sports**

909-918-6522

[www.nlabsports.org](http://www.nlabsports.org)

A youth sports and training organization. They play a vital role training young athletes as well as assisting and facilitating NLAB sporting camps and clinics in their respective sports. Our college athletes/coaches will share their life experiences, educational paths and more to help our young athletes make better decisions and prepare them for their athletic education journey. **Closed during COVID**

**SHOCK (Self-Discipline, Honor, Obedience, Character, and Knowledge)**

760-240-7400 ext. 7416

For Apple Valley residents, but may make exceptions. Ten-week juvenile intervention program for youth ages 13-17. Designed to combat the negative influences facing today's youth, including gangs, drugs, teen pregnancy, peer issues with. Meets Monday, Wednesdays and Fridays at the Apple Valley Middle School. **Closed during COVID-program may restart in February**

**Sunburst Youth Academy**

(562) 936-1759

4022 Saratoga Ave, Los Alamitos, CA 90720

<https://sunburstyouthacademy.com/>

National Guard Youth Challenge Program intervenes in, reclaims lives of 16-18-year-old high school dropouts; to produce graduates with values, life skills, education, and self-discipline necessary to succeed as productive citizens. Residential education academy. Students at-risk of dropping out of high school or credit deficient, Students free from any serious involvement with the law, free of felony charges and no pending court proceedings, and Live within one of the following counties: Imperial, Los Angeles, Orange, Riverside, San Bernardino, and San Diego.

**The Fam Spot (youth drop-in center) – Family Assistance Program**

760-843-0701

[www.familyassist.org](http://www.familyassist.org)

16857 C Street, Victorville, CA: Tuesday thru Saturday 2pm-8pm.

Youth drop-in and hang-out center with full supervision. Families can self-refer. Provides a positive environment and offers tools to help youth reach their full potential. Talk-it-out venting sessions, art classes, teen dating classes, anger management classes, the clothing closet, the social spot (rec room, outing field trips, giving-back community volunteering opportunities. The work spot (computer lab, internet/printer, tutoring, homework help, studying center, job search assistance, after school snacks. Safe, all-inclusive, LGBTQ friendly. **Open during COVID**

**Trevor Lifeline**

866-488-7386

<https://www.thetrevorproject.org/>

LGBTQ youth crisis, suicide prevention/intervention, referral, educational advocacy program.

**Trubian Village Male Youth Mentoring Program**

760-963-2026

11624 Cornell St., Adelanto, Ca 92301

[www.TrubianVillage.com](http://www.TrubianVillage.com)

Teaching boys to be men through integrity, honor and respect. For At-Risk Youth. Mentor groups. Provides African American studies designed to uplift and give guidance to youth among multiple topics.

**Closed during COVID until Sept. then virtual services**

**Young Visionaries Free Online and In-Person Tutoring & Mentoring**

909-513-4287 – Don Gray – [dongray@yvyla-ie.org](mailto:dongray@yvyla-ie.org)

Free online and in Person tutoring for all students in elementary-middle-high school in all subjects.

Contact Young Visionaries Mentor Specialist Don Gray. **Open during COVID**