

## Paris Schools Celebrate National School Lunch Week

*"Recipes for Success" during #NSLW17*



Paris, Arkansas – October 9, 2017 – To recognize the National School Lunch Program and the 30 million children it serves every day, Paris schools will recognize National School Lunch Week from October 9-13, 2017. The theme, “Recipes for Success” is an opportunity to show case some of our favorite recipes in our schools.

National School Lunch Week will emphasize the healthy foods that are offered daily at Paris schools. We would like to encourage you as a parent to come eat sometime with your student this week or anytime of the year so that you can try some of our meals. We will be giving out prizes, inviting our board members, mayor and parents to come eat with us at each school in celebration of NSLW

“School lunches are healthier than ever, with more fruits and vegetables, whole grains, and less fat and sodium,” said Vicki Churchman, Child Nutrition Director. “National School Lunch Week helps us educate parents and students about all the benefits of our lunch program, and the appealing choices we offer.”

Our meals for NSLW include some of the student’s favorites Chicken or Turkey Sandwich with Baked Fries, Baked Chicken or Breaded Steak Patty, Soft Taco or Chicken Fajitas, Spaghetti or Grilled Chicken and Submarine Sandwich or Tuna Salad with Baked Chips. We offer whole grains in our rolls and pastas, lean meats and lower sodium products, we serve more fruits and vegetables than in past years. High School and Middle School offer a fruit & veggie bar daily so that students have a wider variety of fruits & vegetables to choose from. We offer as many choices as possible and provide information on helping the students to make healthier choices daily.

The federally-funded National School Lunch Program (NSLP) provides nutritionally balanced, healthy meals to students every day. The program, which has been serving the nation’s children for over 60 years, requires school meals to meet federal nutrition standards like offering fruits and vegetables every day, serving whole grain-rich foods, and limiting fat, calories, and sodium.

The “Recipes for Success” campaign is made possible by the nonprofit School Nutrition Association. For more information on National School Lunch Week, visit [parisschools.org](http://parisschools.org) and/or <https://schoolnutrition.org/nslw/>.