

October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Cheeseburger or Chicken Salad Sandwich French Fries Mixed Fruit Milk	2 Pizza Crunchers w/marinara sauce or Turkey Sandwich Carrots & Celery Sticks w/ranch Pears Milk	3
4	5 Ham & Cheese Pretzel Melt or Chicken Salad Sandwich Vegetable Soup Peaches Milk	6 Taco Salad w/lettuce & cheese Nacho Chips or Turkey Sandwich Black Beans Corn Pears Milk	7 Rigatoni & Meat sauce w/breadstick or Tuna Sandwich Green Beans Applesauce Milk *Chef Salad*	8 BBQ Chicken Sandwich on toasted bun or Bologna & Cheese Sandwich Steamed Broccoli w/cheese Pineapple Milk	9 Mini Pizza or Tuna Sandwich Tossed Salad Fruit Cup Milk	10
11	12 NO SCHOOL COLUMBUS DAY 	13 Hot Dog on a Bun or Chicken Salad Sandwich Baked Beans Peaches Milk	14 Chicken & Gravy over Mashed Potatoes w/Roll or Bologna Sandwich Mixed Fruit Milk *Chef Salad*	15 Deli Sub w/lettuce & cheese or Tuna Sandwich French Fries Strawberry Cup Milk	16 Homemade Pizza or Turkey Salad Sandwich Tossed Salad Fruit Cup Milk	17
18	19 Grilled Cheese or Egg Salad Sandwich Tomato Soup Baby Carrots Peaches Milk	20 Walking Taco w/lettuce & cheese or Bologna Sandwich Black Beans Corn Applesauce Milk	21 Macaroni & Cheese w/Roll or Tuna Salad Sandwich Green Beans Strawberry Cup Milk *Chef Salad*	22 Chicken Patty Sandwich or Ham & Cheese Sandwich Steamed Broccoli Mandarin Oranges Milk	23 Pizza Crunchers w/Marinara Sauce or Chicken Wrap Veggie Sticks Fruit Cup Milk	24
25	26 Breakfast for Lunch Pancakes & Sausage or Turkey Sandwich Hashbrown Fruit Cup Milk	27 Cheeseburger on a Bun or Chicken Wrap Corn Applesauce Milk	28 Popcorn Chicken w/Roll or Bologna Sandwich Broccoli Mandarin Oranges Milk *Chef Salad*	29 Meatball Sub w/Mozzarella Cheese or Chicken Salad Sandwich Green Beans Pears Milk	30 Mini Pizza or Tuna Sandwich Tossed Salad Peaches Milk	31
					Fun Lunch or PBJ Sandwich offered daily	- Assorted Lowfat Milk or Fat Free Milk offered - 1/4 cup baby carrots daily - Fresh Fruit served daily - All grains are 100% whole grain