



# LOCKLAND CITY SCHOOLS - OCTOBER 2020

## LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Baked Chicken Tenders Whole Grain Dinner Roll Whipped Potatoes w/gravy Garden Salad with drsg Chilled Pineapple Milk	2 Cincinnati 3 Way Chili topped with shredded cheese Seasoned Green Beans Raw Vegetables with Dip Fresh Banana Milk
5 Choice of Grilled Hamburger or Cheeseburger WG Bun Baked Waffle Fries Chilled Applesauce Milk	6 Cincinnati Cheese Coney Dog Seasoned Corn Raw Vegetables with Dip Chilled Mixed Fruit Milk	7 Bosco Cheese filled Breadsticks served with warm marinara Fresh Caesar Salad w/croutons Seasoned Broccoli Florets Chilled Diced Peaches	8 Baked Mini Corn Dogs Baked Potato Wedges Chilled Diced Peaches Treat: Rice Krispie Treat Milk	9 Deli Italian Submarine Sandwich Baked Rold Gold Pretzels Lentil Pasta Salad, Raw Vegt, Dip Sidekick Frozen Treat Milk
12 Baked Popcorn Chicken Whole Grain Corn Bread Seasoned Green Beans Baby Carrots with dip Chilled Strawberry Cup Milk	13 BRUNCH FOR LUNCH Assorted Chilled Fruit Juice Baked Cheese Omelet Warm Fruit Muffin Baked Roasted Chunks Chilled Applesauce Milk	14 Mozzarella Cheese Sticks Served with warm marinara Baked Potato Wedges Seasoned Broccoli Florets Chilled Assorted Fruit Milk	15 Walking Taco with fixings Steamed Vegetable Rice Hummus with Tostitos Seasoned Corn Kernels Chilled Mandarin Oranges Milk	16 Personal Pan Cheese Pizza Baked Spiral Potatoes Fresh Garden Salad w/dressing Chilled Pineapple Milk
19 Crispy Chicken Sandwich On Whole Grain Bun Baked Sweet Potato Fries Fresh Red / Green Grapes Milk	20 Italian Rotini Pasta served with Toasted WG Garlic Bread Seasoned Corn Fresh Caesar Salad w/croutons Chilled Diced Pears Milk	21 Baked Chicken Nuggets Whole Grain Dinner Roll Homemade Baked Beans Seasoned Green Beans Chilled Applesauce Milk	22 Choice of Grilled Hamburger or Cheeseburger WG Bun Baked Tater Tots Chilled Petite Banana Milk	23 Stuffed Crust Cheese/Pepp Pizza Baked Thick Cut Potatoes Fresh Caesar Salad w/croutons Fresh Apple or Fresh Nectarine Milk
26 Cincinnati Chili Cheese Coney Baked Potato Coins Raw Vegetables with Dip Chilled Peach Slices Milk	27 Baked Chicken Tenders Whole Grain Corn Bread Whipped Potatoes w/gravy Garden Salad with drsg Chilled Pineapple Milk	28 Three Mini Cheese Calzones Baked Straight Cut Potatoes Raw Vegetable with dip Chilled Mandarin Oranges Milk	29 Sloppy Joe Sandwich Homemade Baked Beans Seasoned Carrot Coins Chilled Mixed Fruit Milk	30 <b>HAPPY HALLOWEEN</b> Baked Popcorn Chicken Warm Soft Pretzel Stick Baked Sweet Pot Waffle Potatoes Happy Halloween Treat

This institution is an equal opportunity provider

