

# HUSKY HERALD

Bi-Weekly Newsletter of Shelby-Rising City Public Schools

## NEWS & FEATURES

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## Husky Herald starts off

BY EMILY HOUDERSHELDT

The journalism class is busy working on the 2020-2021 yearbook and the biweekly newsletter. If you catch a journalism kid snapping pictures or asking you questions, they're hard at work.

We're asking students to also write in to the yearbook. We will publish the best and brightest of the responses we receive.

This week's new submission:

### STUDENT SUBMISSIONS

What is your favorite fall activity and why is it your favorite?

Send responses to:  
[journalism@shelby.esu7.org](mailto:journalism@shelby.esu7.org)

# TOP 3 REASONS FOR HIGH SCHOOL STRESS

Written by Kera Denbo

Tougher academics lead high school students to be overly stressed. Even if students have extra help available, they often feel overwhelmed.

There are many factors that play a role in causing this stress. The standards that students must learn rise every year with less time to learn them in. This causes students to panic and possibly get overwhelmed. Not only do they have higher academic standards, but they must also learn to balance their extracurricular activities with their academics.

If students are in any extracurricular activities such as one act, speech, or any sports; it can be tough to keep track of assignments or any tests as well as practices and performances. Most of the time, extracurricular activities take up most of a students extra time especially when involved in multiple. After school and weekends are most likely to be dedicated to practices, performances, and games. Not only do students need to balance academics and extracurricular activities, they also need to make an income.

Along with academics and extracurricular activities, getting a job is often expected of students in highschool. Jobs can also take up most of a students time if they have any left. Jobs are very important for money especially paying for gas or insurance, and often times, shopping. Even going to the gas station and getting snacks everyday, adds up.

Between higher academic standards, extracurricular activities, and jobs, high school students are often overwhelmed and stressed. This stress builds up overtime and causes many students to give up, drop out, or just not care anymore. Some students keep going and try their best to balance all of these activities and many succeed.

# SRC GIRLS' GOLF IS A HIT AT GICC AND LAKEVIEW

by Emily Augustin

The Shelby-Rising City girls golf team went to two meets in the past two weeks. They took a swing at GICC (Grand Island Central Catholic) and Lakeview.

Head coach Sara Jensen says, "The girls are continuing to improve in various areas, but we are still really searching for more consistency. A couple of our girls got into some trouble on the course at Indianhead with some water hazards, bunkers, and out of bounds. Our team is continuing to work on our mental toughness and trying to carry over what we are learning in practice to our meets. We are still working on things like nerves, competitiveness, and finishing all 18 holes with the same focus we have going into the first hole. I am excited to see how much we can improve in these areas over the next few weeks."

The Shelby-Rising City girls' golf team took a swing at the GICC (Grand Island Central Catholic) on Thursday, September 3rd. Sophomore Aurora Slusarski scored a 119 on the 18 holes, which was the best out of the SRC Girls Golf team. Senior Lilli Hernbloom scored a 128, Junior Josie Gates hit a 150, and sophomore Christina Ramirez ended the day with a 175.

At the Lakeview meet on September 10th, 2020, the SRC girls' golf team had a member get the best score in their entire golfing career! Senior Lilli Hernbloom shot a 108 and made a new PR for herself. The next best score of the team was shot by sophomore Aurora Slusarski who hit a 121. Following them are junior Josie Gates who scored 123, and sophomore Christina Ramirez hit a 136.

## Volleyball off to a rough start by Kera Denbo

The Shelby-Rising City volleyball team faced off against North Bend, Madison, Cross County and Aquinas over the past couple weeks. The Huskies picked up a win against Madison, but lost the other three matches. On September 1, the Huskies had a triangular with North Bend and Madison.

The Huskies dropped the first game to the North Bend Tigers in two sets. In the second game of the triangular, the Huskies beat the Madison Dragons 25-9 and 25-11.

On September 3, the Huskies had a game at Cross County. The Huskies suffered a loss 10-25, 15-25, then the third set was 21-25.

On Thursday, September 10 Shelby lost all three sets against Aquinas. Sean Wickham, the SRC girls volleyball coach, states that the girls have improved greatly on passing the ball since the beginning.

"We have two seniors with varsity experience. We have leaned on them a lot thus far," states Wickham. Wickham believes that seniors Reece Ingalls and Maddie Hopwood are going to allow the rest of the team to do great this year.

Wickham believes the team has gotten better at free-balling. He believes to be a really great team, the girls need to execute consistently.

# SRC HUSKIES FALL SHORT AGAINST HOWELLS-DODGE AND EXETER-MILLIGAN/FRIEND

**WRITTEN BY FISCHER WHITE**

Last Friday on September 4th, the SRC Huskies went on the road again to face off against the Howells-Dodge Jaguars. The Huskies were hoping to get redemption after their loss to the Thayer-Central Titans.

The Huskies' shot at redemption was a miss. SRC lost to the Howells-Dodge Jaguars 50-0. This was a shocking defeat for the Huskies, but there was some good in the game.

Over the course of the past two games, senior Colin Wingard had 75 rushing yards on offense. Junior Grady Belt had seven receptions in the two games and averaged 5.7 yards per catch, with junior Grant Brigham adding a total of 67 receiving yards.

The Huskies were finally home on Friday the 11th, and they played against the Exeter-Milligan/Friend Bobcats.

On the first offensive series, the Huskies scored a touchdown, starting off strongly. The Huskies stayed neck and neck with the Bobcats until the third quarter, when the game got away from them. Junior Hunter White had a strong game last Friday, scoring two touchdowns and racking up 86 yards. Brigham contributed 64 yards. Wingard had a total of 185 passing yards.

The Huskies' defense played well, with six different players recording a tackle for loss. Belt led the team in total tackles with 19, while White brought in eight. Senior Mick Hoatson had two solid solo tackles that spurred the defense to hold their place.

Even though the Huskies lost against EMF 58-34, there were a lot of positives to build on for the upcoming season.

## SOFTBALL HITS A CURVEBALL.

**WRITTEN BY SOPHIA RENNER**

The Blue River Panthers have hit a strike along the road. Games haven't gone as well as they had started off within the 2020 season.

Coach Greg Jahde says, "The season so far has been like a roller coaster."

The team started out the first two games strongly, both defensively and offensively. There were then two or three games where no one played particularly well. When the team got to the Wisner tournament coach says "we had a great showing, getting 2nd place".

Then "Since that point, we have really struggled, especially on the defensive side of the ball". With each game though Jahde feels as if we are getting better. "We still have a long way to go."

We just need to remain positive and have the right mindset". With I myself being apart of the team I completely agree with this statement. Staying positive.

I asked Coach what he thinks the team could most improve on he says "Our biggest area that we need to improve on is our defense" The Panthers are still trying to find the right mix for that.

"If we can figure out what that looks like, I think we have a good chance of turning out to be pretty good" so if we can find a way to make outs on defense, we have a chance".



# CHOCOLATE CHIP COOKIE RECIPE

By Emily Augustin

What you need:

2 1/4 cups all-purpose flour  
1 teaspoon baking soda  
Fine salt  
1 1/2 sticks (12 tablespoons) unsalted butter, at room temperature  
3/4 cup packed light brown sugar  
2/3 cup granulated sugar  
2 large eggs  
1 teaspoon pure vanilla extract  
One 12-ounce bag semisweet chocolate chips



Directions:

Preheat oven to 375 degrees (F), and line 2 baking sheets with parchment paper. Whisk together the flour, baking soda, and 1 teaspoon salt in a large bowl. Beat the butter and both sugars on medium-high speed in the bowl of a stand mixer until light and fluffy, about 4 minutes. Add the eggs, one at time, beating after each addition to incorporate. Beat in the vanilla. Reduce the speed to medium, add the flour mixture and beat until incorporated. Stir in the chocolate chips.

Scoop 12 heaping tablespoons of dough about 2 inches apart onto each prepared baking sheet. Roll the dough into balls with slightly wet hands. Bake, rotating the cookie sheets from upper to lower racks halfway through, until golden but still soft in the center, 12 to 15 minutes. Let cool for a few minutes on the baking sheet, and then transfer to a rack to cool completely.

# Puzzle Page

## Word Scramble

okebntoo

snpceli

koobs

royancs

reesar

ookbgab

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senp

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# KIDDO CORNER

WHAT'S GOING ON IN THE ELEMENTARY?



## EMMA RABOURN

BY: SOPHIA RENNER

I started off the fourth week of school by interviewing some elementary students on asking how their school year has been going so far. The first student I interviewed was Emma Rabourn. Emma was definitely looking forward to coming back to school after a "long summer filled with tons of pool visits". She was so ready to come back and see everyone.

Emma loves that all her friends are super nice here at Shelby. Her favorite school lunch has to be popcorn chicken. "It's so good, it's probably one of the better ones". Emma will be doing Little Spikers volleyball, she's "really good and is so excited for it all to begin". I ended with asking Emma one last fun question, which was if she could be any animal for a day what would she be. "Well I'd be a dog, dogs are just my favorite animal".



## ALAYNA GABEL

The next student I interviewed was Alayna Gabel. Alayna was not looking forward to coming back to school. She enjoyed her summer spent at the lakes and playing with her sisters. The only thing she really likes about school is recess and being able to see all her friends within one day. Her favorite subject is art. "I just really love drawing and coloring in the classroom," Alayna said.

Alayna loves to eat in her free time. Her favorite food is ramen noodles. "I could eat them for every meal, every day, they're just soooo good," said Alayna. When asked what animal would she be for a day, if she could be any, she said, "either a zebra because it's my favorite animal or a tiger because I can scare people in school then."