

## Social-emotional Supports at Laguna High School

We encourage you to call us and explore ways we can support your student if they're struggling with school during these trying times. If you would like your student to receive any of these supports, please contact the following:

- Frequent phone support/check-ins

Email your student's Principal, Aliie Greene [agreene@wscuhd.org](mailto:agreene@wscuhd.org) to arrange for Chris Van Stone ([cvanstone@wscuhd.org](mailto:cvanstone@wscuhd.org)) or Bobbi Rose ([brose@wscuhd.org](mailto:brose@wscuhd.org)) to provide phone support

- Academic, schedule, general guidance - your student's academic counselor is the single most important point of contact for you

Send an email to Kim Finch, [kfinch@wscuhd.org](mailto:kfinch@wscuhd.org)

- Outreach Therapy - group and individual counseling

Email Chris VanStone, LCSW at [cvanstone@wscuhd.org](mailto:cvanstone@wscuhd.org) or Bobbi Rose, MFT at [brose@wscuhd.org](mailto:brose@wscuhd.org)

- Career, jobs, and college support - often an important motivator

Email Kim Finch at [kfinch@wscuhd.org](mailto:kfinch@wscuhd.org) or Leah Woody at [lwoody@wscuhd.org](mailto:lwoody@wscuhd.org)

- Help accessing teen counseling for anxiety, depression, or substance abuse - free, easy, with or without insurance

- We have a service called Care Solace that will get your student an appointment for outside counseling. They help your student get an appointment regardless of whether or not you have insurance. With your input, they will work to complete any forms that are required.

- Send an email to the Principal, school counselor or MFT

- Attendance support for your student - help with planning a morning home routine or creating a daily study schedule

Call the main office at 824-6484 or email your Principal, Allie Greene