

Lebanon Public Schools

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Dear Students, Parents and Guardians.

Good news, our possible case of COVID-19 at Lyman Memorial High School, that required us to have others quarantine, was a false alarm. The person's test came back negative. The people we have told to quarantine have been contacted and are able to return.

We have had other members of our school community receive tests for COVID-19, all negative so far. I am sure we will continue to have people get tests as we move through the year. A letter to parents does not always happen when someone is getting tested. In the recent situation at Lyman, there were indicators that made Uncas Health District officials feel the likelihood of a positive case was stronger than in other situations. This is why we took the extra measures to tell people they should quarantine and to make a public announcement.

In other situations, the principals and school nurses do preliminary contact tracing. They will identify people who were in close contact, within 6 feet for 15 or more minutes, with the person who is getting tested for COVID-19. This is so we will be prepared should we need to alert people and ask them to quarantine.

It is important to keep mind the positivity rate in CT is still very low. With the districts that have temporarily closed schools or quarantined staff and/or students due to positive tests, some have been in hybrid and others have been operating with in school instruction. People have lives outside of school and exposure could happen in other places. It will be our continued vigilance that will help to mitigate spread. Please contact the school nurse or school principal when someone in your home is suspected of having COVID-19 and will be tested. Continue to follow basic safety precautions listed below.

Precautionary Measures:

- Wash your hands often with soap and water for at least 20 seconds If soap and water are not available, use an alcohol-based hand sanitizer
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- Stay home when sick
- Stay home for 24 hours after a fever breaks
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces

· Wear a mask

Sincerely

Robert J. Angeli

Superintendent of Schools

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