

SEPTEMBER | 2020



Van Buren High School & Middle School Lunch Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8 Bosco Sticks w/ Marinara sauce Green Beans, Side Salad, Asst. Fruit, Milk	9 Teacher In-service day No School for students	10 Mini Cheese Pizza Corn, Caesar Side Salad, Asst. Fruit, Milk	11 Cheeseburger w/ Pickle Chips French Fries, Peas, Asst. Fruit, Milk	12
13	14 Beef and Noodles Mashed Potatoes & Gravy, Side Salad, Asst. Fruit, Milk	15 Hot Dog Sweet Carrots, Baked Beans, Asst. Fruit, Milk	16 Philly Cheese Steak Sandwich Green Beans, Cookie, Asst. Fruit, Milk	17 Homemade Mac & Cheese Peas, Side Salad, Asst. Fruit, Milk	18 Chicken Patty Sandwich French Fries, Steamed Broccoli, Asst. Fruit, Milk	19
20	21 Cheesy Beef Quesadilla Shredded Lettuce, Rice, Refried beans, Asst. Fruit, Milk	22 Spaghetti w/ Meat sauce Garlic Breadstick, Caesar side Salad, Asst. Fruit, Milk	23 BBQ Pulled Pork Sandwich Pasta Salad, Green Beans, Asst. Fruit, Milk	24 Homemade Meatloaf Mashed Potatoes & Gravy, Corn, Asst. Fruit, Milk	25 BBQ Chicken Chunks French Fries Carrot & Celery sticks w/ Ranch Asst. Fruit Milk	26
27	28 Pepperoni Pizza Peas, Side Salad, Asst. Fruit, Milk	29 Shredded Chicken Sandwich Pasta Salad, Green Beans, Asst. Fruit, Milk	30 Popcorn Chicken Mashed Potatoes & Gravy, Corn, Asst. Fruit, Milk	1	2	3

OCTOBER | 2020



VAN BUREN HIGH SCHOOL AND MIDDLE SCHOOL LUNCH MENU

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Reminder

	<p>29</p> 	<p>30</p> 	<p>1</p> <p><u>Bosco Sticks</u> w/ <u>Marinara sauce cup</u> Sweet Carrots, Side Salad, Asst. Fruit, Milk</p>	<p>2</p> <p><u>Homemade Shepherd's Pie</u> w/ <u>Mashed Potatoes</u> and <u>Mixed Vegetables</u>, Asst. Fruit, Milk</p>
<p>5</p> <p><u>BBQ Chicken</u> <u>Chunks</u> French Fries, Side Salad, Asst. Fruit, Milk</p>	<p>6</p> <p><u>General Tso's</u> <u>Chicken</u> Fried Rice, Broccoli, Asst. Fruit, Milk</p>	<p>7</p> <p><u>Fiestada Pizza</u> Corn, Roasted S.W. Potatoes, Asst. Fruit, Milk</p>	<p>8</p> <p><u>General Tso's</u> <u>Chicken</u> Fried Rice, Broccoli Asst. Fruit, Milk</p>	<p>9</p> <p><u>Spaghetti w/</u> <u>Meat sauce</u> Garlic Breadstick, Caesar Side Salad, Asst. Fruit, Milk</p>
<p>12</p> <p><u>Cheeseburger</u> w/ <u>Pickle chips</u> French Fries, Peas, Asst. Fruit, Milk</p>	<p>13</p> <p><u>Homemade</u> <u>Chicken & Noodles</u> Mashed Potatoes & Gravy, Sweet Carrots, Asst. Fruit, Milk</p>	<p>14</p> <p><u>BBQ Pulled Pork</u> <u>Sandwich</u> Baked Beans, Side Salad, Asst. Fruit, Milk</p>	<p>15</p> <p><u>Cheesy Beef</u> <u>Quesadilla</u> Mexican Rice, Refried Beans, Asst. Fruit, Milk</p>	<p>16</p> <p><u>Mini Corn Dogs</u> French Fries, Side Salad, Asst. Fruit, Milk</p>
<p>19</p> <p><u>Mini Corn Dogs</u> French Fries, Side Salad, Asst. Fruit, Milk</p>	<p>20</p> <p><u>Chicken</u> <u>Bacon Ranch Flatbread</u> Green Beans, Brownie, Asst. Fruit, Milk</p>	<p>21</p> <p><u>Philly</u> <u>Cheese Steak Sandwich</u> Pasta Salad, Peas, Asst. Fruit, Milk</p>	<p>22</p> <p><u>Chicken</u> <u>Bacon Ranch Flatbread</u> Green Beans, Brownie, Asst. Fruit, Milk</p>	<p>23</p> <p><u>Cheeseburger</u> w/ <u>Pickle Chips</u> French Fries, Side Salad, Asst. Fruit, Milk</p>
<p>26</p> <p><u>Chicken Patty</u> <u>Sandwich</u> Sweet Carrots, Asst. Fruit, Milk</p>	<p>27</p> <p><u>Pepperoni Pizza</u> Caesar Side Salad, Corn, Asst. Fruit, Milk</p>	<p>28</p> <p><u>Fiestada Pizza</u> Corn, Roasted S.W. Potatoes, Asst. Fruit, Milk</p>	<p>29</p> <p><u>Pepperoni Pizza</u> Caesar Side Salad, Corn, Asst. Fruit, Milk</p>	<p>30</p> <p><u>BBQ Chicken</u> <u>Chunks</u> French Fries, Side Salad, Asst. Fruit, Milk</p>

The V.B. High School and Middle School Cafeteria offers a variety of snacks and other refreshments!

Items like chips, fruit, juice, French fries, ice cream, bottled water, and more are available daily! These items can be purchased with funds from student lunch accounts or with cash payment.

