



United Way's East Grand Forks Backpack Program fights to end childhood hunger by providing food in students' backpacks to feed them. A donation can help provide up to six meals for kids who need a bit more help and hope when they're away from school. Together, we are ensuring no child goes hungry.

Donations can be delivered to:

United Way of Grand Forks, East Grand Forks & Area
1407 24th Ave S.
Suite 400
Grand Forks, ND 58201

Food List

**Please note all items must be individually packaged. All products must be "nut free", products containing peanuts or tree nuts cannot be accepted.*

Breakfast

Cereal (Single Serving)
Oatmeal Packets
Pop Tarts
Fruit/Cereal Bars

Entrees

Mac & Cheese (Easy Mac)
Ramen Noodles
Ravioli (must have pull open top)
Spaghetti-O's (must have pull open top)
Soup (must have pull open top)
Tuna/Chicken Lunch Kit

Snacks

Applesauce
Animal Crackers
Cheese Crackers
Crackers
Fruit Cups
Fruit Snacks
Goldfish Crackers
Raisins/Dried Fruit
Pretzels (Single Serving)
Pudding

Drinks

Shelf Stable Milk
Juice Boxes (prefer 100% juice)