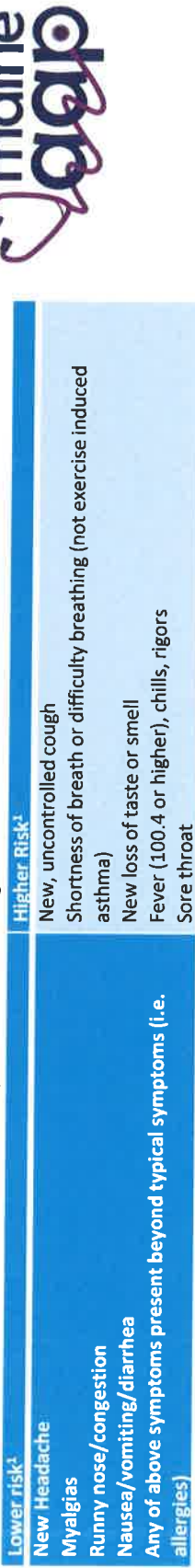


# MAAP: For Medical Providers: Assessing for COVID-19 in children with symptoms and NO KNOWN EXPOSURE to COVID-19<sup>1</sup> (Updated 8/7/20)

IF EXPOSED to COVID-19, algorithm does NOT apply, patient will follow CDC guidelines<sup>2</sup>



1 lower risk symptom  
Not exposed to COVID-19<sup>2</sup>

Return to school/child care<sup>4</sup> 24 hours after symptom improving

**Additional Information**

- Threshold for testing will depend on level of community transmission. Algorithms are not intended to replace clinical judgement.
- Exposure defined as within 6 feet for 15 minutes to COVID positive individual. If exposure, patient will follow CDC guidelines. Even if tested, an exposed patient will need 14 day quarantine. <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/contact-tracing.html>
- Swab refers to SARS-CoV-2/COVID-19 PCR test
- Return to school/child care requires provider note
- Other Dx to consider: Pertussis, Strep Throat, Common Cold, Flu, Asthma, Allergies, GI illness, Ear infection, etc.
- Maine Standing Order- on Maine CDC website: 1 year and up; [https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/documents/ME-DHHS-StandingOrder\\_COVID19testing\\_06-18-2020v2.pdf](https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/documents/ME-DHHS-StandingOrder_COVID19testing_06-18-2020v2.pdf)
- Testing Sites: <https://get-tested-covid19.org/>

≥ 2 lower risk symptoms OR 1 higher risk symptom  
Not exposed to COVID-19<sup>2</sup>

Swab done<sup>3</sup>  
Negative test for COVID-19

Return to school/child care<sup>4</sup> when afebrile 24 hours without antipyretics, and symptoms improving, and test has resulted negative

Seen by clinician and no swab done<sup>3</sup> and alternative diagnosis likely

Return to school/child care<sup>4</sup> when afebrile 24 hours without antipyretics, and symptoms improving

Swab done<sup>3</sup>  
Positive test for COVID-19

Return to school/child care<sup>4</sup> after 10 days AND 24 hours afebrile without antipyretics AND symptoms improving AND ME CDC approval

No swab<sup>3</sup> AND no alternative diagnosis (i.e. Family declines, unable to obtain test. etc.)

To be determined by PCP evaluation. Ideally swab and negative test. If unable to obtain swab, return to school/child care<sup>4</sup> after 10 days, 24 hours afebrile without antipyretics AND symptoms improving. CDC not notified of these cases.

This guidance was adapted from Washington University in St Louis by the Maine Chapter of the American Academy of Pediatrics, school nurses, school physicians, and Pediatric Infectious Disease Experts. It is subject to change based on the evolving science. <https://www.maineaap.org/news/2020/school-re-entry-resources> (8/7/20)