

SILEX SCHOOL OCTOBER 2016 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 egg & cheese sandwich or cereal & toast chicken sandwich, french fries, broccoli, peaches	3 bagel or cereal & toast chili enchilada, lettuce, cheese, pineapple, water & milk	4 biscuit & gravy or cereal & biscuit chicken wings, potato salad, tomatoes, oranges water & milk	5 pancake on stick or cereal & toast twin cheeseburgers, tator tots, corn mixed fruit, water & milk	6 scramble egg or cereal & toast pizza, salad, carrot sticks, applesauce water & milk
9 omlete or cereal & toast bbq rib on bun, celery sticks, baked beans, peaches water & milk	10 cinnamon roll or cereal & toast nachos, shredded lettuce, black beans, pineapple water & milk	11 biscuit & gravy or cereal & biscuit orange chicken nuggets, egg roll, fried rice, oranges water & milk	12 breakfast burrito or cereal & toast pork tenderloin, potato triangles, coleslaw, slush cup water & milk	13 scramble egg or cereal & toast pasta w/meat sauce, salad, green beans, apple slices, water & milk
16 breakfast sandwich or cereal & toast sloppy joe on bun, tator tots, broccoli, peaches, water & milk	17 muffin or cereal & toast burrito, shredded lettuce, red beans, pineapple, water & milk	18 biscuit & gravy or cereal & biscuit popcorn chicken, french fries, peas, mandarin oranges water & milk	19 breakfast pizza or cereal & toast hot dog, chips, carrot sticks, apple slices water & milk EARLY OUT!!!!	NO SCHOOL
23 omlete or cereal & toast hamburger, sweet potato fries, mix vegetable, peaches water & milk	24 granola bar or cereal & toast tacos, shredded lettuce, tomatoes, pineapple, water & milk	25 biscuit & gravy or cereal & biscuit chicken nuggets, mashed potato w/gravy, oranges water & milk	26 french toast or cereal & toast bbq turkey burger, potato salad, peas, mixed fruit, water & milk	27 scramble egg or cereal & toast pizza, salad, carrot sticks, apple slices water & milk
30 egg on bagel or cereal & toast chicken sandwich, french fries, broccoli, peaches, water & milk	31 muffin or cereal & toast mini corn dogs, mac & cheese, green beans, oranges, water & milk			
This institution is an equal opportunity provider.				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on this menu				