

Topics that Northwest Family Services Life Skills Facilitators can offer materials for 6th-12th grade:

- Friendships
- Societal Pressures
- Technology
- Tough topics (i.e. Crushes, Recognizing and respecting boundaries, Sexual harassment, Race and bias issues)
- Drug abuse and violence
- Making decisions
- Media Influence
- Coping with anxiety and anger
- Communication skills
- Social skills
- Assertiveness
- Resolving conflicts
- Resisting peer pressure
- Bullying
- The effects of e-cigarettes and vaping
- R.O.A.R program (for elementary students, focused on 4 to 8 year olds)

These topics and resources are taught through evidence based curriculums and can be taught in group settings within a classroom or with individuals. If your school and its students need resources or education on a topic that is not included in this list, we at Northwest Family Services can do our best to find other evidence based materials that will be useful to your school community.