



**Western Foothills  
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I want to reach out to try to explain the process and procedures regarding positive Covid-19 cases in the community. I realize how concerning this is.

First, it is so important that everyone is doing the morning screening. This can be completed either by answering questions on MyMedBot or answering the hard-copy questions you have received. Stay home if answering a **yes** response to the questions OR with two or if you or your child has more of the "less common" symptoms. Please refer to your school nurse if you have any questions about this.

As we are experiencing positive Covid-19 cases in our communities, it is important to remember the definition of "exposure." If you were within 6 feet or less for 15-minutes (regardless of wearing a face covering) or more with the person testing positive you must quarantine - not come to school. This should be followed by the entire family living in the same household if those exposed are showing Covid-19 symptoms.

If we have a student testing positive, our school nurse immediately contacts Maine CDC. We follow what the CDC directs us to do. We determine who, in our schools, were "exposed" -- based on the definition. All those who were exposed will quarantine for fourteen days.

An "outbreak" occurs when there are three positive cases in one building within fourteen days. At this time, following CDC guidance, we would consider closing that school building for fourteen days and going to all remote learning for those students. That is why we are all working hard to get the plans and devices ready to go to each and every student. They have all been delivered to RSU 10 and are being programmed for student use this week!

Finally, each of us can do our part by wearing a mask, social distancing, hand sanitizing often, staying home if not feeling well or if being exposed to a person testing positive. I have observed our students doing an excellent job with these health and safety requirements! We want to stay in school!!

Thank you,  
Deb Alden  
Superintendent RSU #10 Schools