**Meal Storage and Heating Instructions**

Milk, String Cheese, Yogurt and Juices - refrigeration required. Consume by the “Best By” date.

Precooked Product (e.g.: Taco Meat, Hamburger, BBQ Pulled Pork, Beans, Corn, etc.)
- Store in refrigeration no longer than 5 days. Heating instructions: Remove from packaging and transfer to a microwave safe dish. Appliances vary. Adjust accordingly. Microwave on high 1 minute. Product is ready to consume when an internal temperature of 165 degrees is reached. If product has not reached an internal temperature of 165 degrees, continue to heat on high in 10 second intervals until minimum temperature of 165 degrees is reached. Product will be hot, eat with caution.

Frozen Product (e.g.: Pizza, Sweet Potato Fries, Breaded Chicken, Breaded Cheese Sticks, etc.)
- Store in refrigeration no longer than 5 days. Oven directions: Remove from packaging. Appliances vary. Adjust accordingly. Heat oven to 350 degrees. Place product on a baking sheet, and cook in the oven for 20 minutes. Product is ready to consume when an internal temperature of 165 degrees is reached. If product has not reached an internal temperature of 165 degrees, continue to cook in oven, checking every 5-10 minutes until minimum temperature of 165 degrees is reached. Product will be hot, eat with caution.

**Packed Menus can be found at cvcougars.org > food service > Packed Meal Menu. Menus are subject to change. If you have any questions, or need to request dietary substitutions, please call: Cassadaga Valley School Food Service Office at 962-8581 x1507.**