

LINCOLN COUNTY ELEMENTARIES & LCMS  
BREAKFAST MENU

**2020-2021**



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>SAUSAGE PANCAKE ON STICK – 18 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p> <p>WEEK ONE</p>	<p>YOGURT – 14 GRAMS w/ BREAKFAST BURRITTO – 25 GRAMS</p> <p>JUICE</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>BISCUIT STICKS / w GRAVY – 20 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>PANCAKES/ W SYRUP- 35 GRAMS</p> <p>SAUSAGE LINKS– 23 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>EGG, CHEESE, BACON BISCUIT – 29 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>
<p>OMELET – 1 GR. – BISCUIT- 27 GRAMS w/ YOGURT- 14 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p> <p>WEEK TWO</p>	<p>CHICKEN STRIPS/ w GRAVY &amp; TOAST – 40 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>SAUSAGE BISCUIT – 27 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>CEREAL/ w MUFFIN – 44 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>FRENCH TOAST – 34 GRAMS</p> <p>SAUSAGE LINKS – 23 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>
<p>SAUSAGE BISCUIT – 27 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p> <p>WEEK THREE</p>	<p>BREAKFAST PIZZA! SAUSAGE &amp; GRAVY- 25 GRAMS OR SAUSAGE &amp; CHEESE – 17 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>BISCUIT STICKS/ w/GRAVY 20 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>PANCAKES / W SYRUP -35 GRAMS w/ SMALL CEREAL BOWLS- 14 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>CHICKEN BISCUIT – 33 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>
<p>EGG, CHEESE, BACON BISCUIT – 29 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p> <p>WEEK FOUR</p>	<p>BISCUIT STICKS/ W GRAVY 20 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>FRENCH TOAST – 34 GRAMS &amp; SAUSAGE PATTY – 28 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>CHICKEN STRIPS w/GRAVY &amp; TOAST – 40 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>	<p>OMELET – 1 GRAM w/BISCUIT STICK – 13 GRAMS &amp; YOGURT – 14 GRAMS</p> <p>JUICE</p> <p>MILK CHOICES</p>
<p>WEEK ONE DATES: 09/28/2020 11/02/2020 11/30/2020 01/04/2021 02/01/2021 03/01/2021 03/29/2021 05/03/2021</p>	<p>WEEK TWO DATES: 10/12/2020 11/09/2020 12/07/2020 01/11/2021 02/08/2021 03/08/2021 04/21/2021 05/10/2021</p>	<p>WEEK THREE DATES 10/19/2020 11/16/2020 12/14/2020 01/18/2021 02/15/2021 03/15/2021 04/19/2021 05/17/2021</p>	<p>WEEK FOUR DATES 10/26/2020 11/23/2020 01/25/2021 02/22/2021 03/22/2021 04/26/2021 05/24/2021</p>	

**News**

FRUIT:

MONDAYS:  
CANNED FRUIT

TUESDAY:  
PEACH CUPS

WEDNESDAY:  
GRAPES

THURSDAY:  
BANANA

FRIDAY:  
APPLE SLICES

VARIETY OF MILK  
CHOICES OFFERED  
DAILY.