| September is National Suicide Awareness month  Did you know Suicide is the second leading cause of death for young people between ages 10 to 24.  If you or someone you know is in an emergency, call [The National Suicide Prevention Lifeline](http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx) at 800-273-TALK (8255) or call 911 immediately. |
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| https://suicidepreventionlifeline.org/ |

 

Call the NAMI Helpline at

[800-950-NAMI](tel:1-800-950-NAMI)

[Or in a crisis,](https://www.nami.org/Find-Support/NAMI-HelpLine#crisis)

text "NAMI" to 741741