

SEPTEMBER 14-20, 2020

Menu items are subject to change based on the availability of stock. Students must take ½ cup of fruit or ½ cup of vegetables and two other items. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

Breakfast

Lunch

Supper

**MONDAY, SEPTEMBER 14**

Chilled Juice Assorted Cereal Pop-Tart or Nutri-Grain Bar   Milk	Hot Pocket Chips Cool Fruited Gelatin   Milk	DINING IN THE DORM
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**TUESDAY, SEPTEMBER 15**

Chilled Apple Juice Delicious Donut Variety Cereal   Milk	Beef Ravioli Garlic Bread Delectable Mandarin Oranges   Milk	DINING IN THE DORM
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**WEDNESDAY, SEPTEMBER 16—MEXICAN INDEPENDENCE DAY (CINCO DE MAYO CELEBRATES SOMETHING ELSE.)**

Chilled Grape Juice Cereal Graham Cracker Tasty Cheese Stick   Milk	Corn Dog Chips Crunchy Carrot Sticks Nature-Sweet Applesauce   Milk	DINING IN THE DORM
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**THURSDAY, SEPTEMBER 17**

Chilled Berry Juice Assorted Yogurt Variety Cereal   Milk	Pizza Chips Refreshing Watermelon   Milk	CLOSED
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**FRIDAY, SEPTEMBER 18—ROSH HASHANAH BEGINS AT SUNSET**

CLOSED	CLOSED	 CLOSED
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**SUNDAY, SEPTEMBER 20**

Fresh fruits and vegetables are a good source of vitamins, minerals, and fiber! Vegetables and fruits of different colors contain different nutrients, so make your plate colorful!

Chicken Wings  
 Creamy Mashed Potatoes  
 Sunny Golden Corn  
 Cool Pudding

Milk

