

NEWELL SCHOOL MENU

Salad Bar Served Daily

SEPTEMBER	BREAKFAST	LUNCH
Monday 7	NO SCHOOL	HAPPY LABOR DAY!
Tuesday 8	PIZZA BAGEL OR CEREAL FRESH FRUIT JUICE MILK	BEEF FAJITAS TORTILLAS FAJITA VEGETABLES PINEAPPLE FRESH FRUIT MILK
Wednesday 9	BREAKFAST SANDWICH OR CEREAL FRESH FRUIT JUICE MILK	CHICKEN NUGGETS WHOLE GRAIN DINNER ROLL MASHED POTATOS/GRAVY PEACHES FRESH FRUIT MILK
Thursday 10	YOGURT PARFAIT OR CEREAL FRESH FRUIT JUICE MILK	HOT DOG WHOLE GRAIN BUN BAKED BEANS APPLESAUCE FRESH FRUIT MILK
FRIDAY 11	<p>DON'T LET THE ENTIRE STAIRCASE OVERWHELM YOU! JUST FOCUS ON THAT FIRST STEP. ONE STEP AT A TIME!</p>	

NON-DISCRIMINATION STATEMENT: In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write, to the secretary of agriculture, Wash, DC 20250

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SEPTEMBER	BREAKFAST	LUNCH
Monday 14	BREAKFAST STICK OR CEREAL FRESH FRUIT JUICE MILK	WALKING TACO CHIPS REFRIED BEANS APRICOTS FRESH FRUIT MILK
Tuesday 15	FRENCH TOAST SAUSAGE FRESH FRUIT JUICE MILK	CHICKEN ALFREDO CALIFORNIA BLEND PEARS FRESH FRUIT MILK
Wednesday 16	BREAKFAST BURRITO OR CEREAL FRESH FRUIT JUICE MILK	HAMBURGER DELUXE WHOLE GRAIN BUN PEAS AND CARROTS MANDARIN ORANGES FRESH FRUIT MILK
Thursday 17	MUFFIN OR CEREAL FRESH FRUIT JUICE MILK	QUESADILLA MIXED VEGETABLES PINEAPPLE FRESH FRUIT MILK
FRIDAY 18	YOU CAN'T GO BACK AND CHANGE THE BEGINNING, BUT YOU CAN START WHERE YOU ARE AND CHANGE THE ENDING	

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SEPTEMBER	BREAKFAST	LUNCH
Monday 21	BREAKFAST STICK OR CEREAL FRESH FRUIT JUICE MILK	SCALLOPED POTATOES WITH HAM PEAS TROPICAL FRUIT FRESH FRUIT MILK
Tuesday 22	FRENCH TOAST SAUSAGE FRESH FRUIT JUICE MILK	SPAGHETTI PIZZA CORN PEACHES FRESH FRUIT MILK
Wednesday 23	BREAKFAST BURRITO OR CEREAL FRESH FRUIT JUICE MILK	FISH NUGGETS GREEN BEANS AND CARROTS PINEAPPLE FRESH FRUIT MILK
Thursday 24	MUFFIN OR CEREAL FRESH FRUIT JUICE MILK	PIZZA CRUNCHERS BROCCOLI APPLESAUCE FRESH FRUIT MILK
FRIDAY 25	IF YOU ARE NOT WILLING TO LEARN, NO ONE CAN HELP YOU. IF YOU ARE DETERMINED TO LEARN. NO ONE CAN STOP YOU!!!	

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SEPT/OCT	BREAKFAST	LUNCH
Monday 28	OMELET WHOLE GRAIN TOAST FRESH FRUIT JUICE MILK	MEATBALL SANDWICH WHOLE GRAIN BUN PEAS AND CARROTS PEARS FRESH FRUIT MILK
Tuesday 29	MINI PANCAKE OR CEREAL FRESH FRUIT JUICE MILK	CHICKEN FAJITA TORTILLA FAJITA VEGETABLES MANDARIN ORANGES FRESH FRUIT MILK
Wednesday 30	DELIGHTFUL DONUTS OR CEREAL FRESH FRUIT JUICE MILK	TATERTOT CASSEROLE WHOLE GRAIN DINNER ROLL BEETS MIXED FRUIT FRESH FRUIT MILK
Thursday 1	APPLE PIE OATMEAL OR CEREAL FRESH FRUIT JUICE MILK	CORN DOGS BAKED BEANS APRICOTS FRESH FRUIT MILK
FRIDAY 2	PIZZA BAGEL	
	OR CEREAL	HAPPY
	FRESH FRUIT	
	JUICE	HOME COMING!!
	MILK	

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