

## SEIZURE ACTION PLAN

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

Cell Phone/Alternative Phone \_\_\_\_\_

### SEIZURE INFORMATION

Daily medications: \_\_\_\_\_

Type of seizures: \_\_\_\_\_

Seizure triggers/warning signs: \_\_\_\_\_

Instructions specific to this student: \_\_\_\_\_

### EMERGENCY RESPONSE

#### CALL 911 IF:

- ☐ A convulsive (tonic-clonic) seizure lasts for more than 5 minutes
- ☐ Repeated seizures occur
- ☐ Difficulty in breathing
- ☐ Diabetic
- ☐ Seizure occurs in water
- ☐ Other \_\_\_\_\_

DOES THIS STUDENT HAVE EMERGENCY MEDICATION (DIASTAT) AT SCHOOL? YES ☐ NO ☐

PHYSICIAN DIRECTIONS \_\_\_\_\_

### BASIC FIRST AID

- Remain calm
- Send for help- school nurse or another adult
- Track time
- Clear immediate area to keep student safe, ask other students to step out
- Do not restrain
- Do not put anything in mouth
- Stay with student
- Maintain airway
- Turn student on side

Physician name \_\_\_\_\_ Phone \_\_\_\_\_

Physician signature \_\_\_\_\_ Date \_\_\_\_\_

Parent signature \_\_\_\_\_ Date \_\_\_\_\_