# **CURRICULUM COURSE OUTLINE**

Course Name(s):	Today's Children

Grade(s): 9-12

Department: Family and Consumer Science

Course Length: 1 Semester

Pre-requisite: None

### Textbook/Key Resource:

- The Developing Child
- Projector with computer
- Real Care Babies and equipment

**Course Description:** Students will learn about how children grow and develop. Topics to be explored: families and relationships, communication, understanding children's messages, child development and brain development, caring for and guiding children, health and safety of children, nutrition and making good choices for healthy lifestyles. Students will observe children in child care settings to better apply what they are learning.

#### Standards:

- CFR1: Students will evaluate management practices related to the human, economic and environmental resources.
- EC1: Students will integrate knowledge, skills and practices required for careers in early childhood, education and services.
- F1: Students will evaluate the significance of family and its effects on the well-being of individuals and society
- HD1: Students will analyze factors that influence human growth and development.
- IR1: Students will demonstrate respectful and caring relationships in the family, workplace and community.
- P1: Students will evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families.

Unit 1: Families	Unit Length: 3 weeks
Students will know: - Vocabulary of different Family Structures - Definition of what is a functional Family - The Family Life Cycle and strengths and challenged within each stage	Students will be able to: - Identify and analyze different family structures and their strengths and challenged - Demonstrate effective communication skills with in the family - Distinguish between stages in the family life cycle

### Standard(s):

- F1: Students will evaluate the significance of family and its effects on the well-being of individuals and society.
- EC1: Students will integrate knowledge, skills and practices required for careers in early childhood, education and services.
- IR1: Students will demonstrate respectful and caring relationships in the family, workplace and community.
- P1: Students will evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families.

Unit 2: Child Growth and Development	Unit Length: 11 weeks
Students will know:  - The development of: Prenatal, 1 <sup>st</sup> year of life, toddlers, preschool, school age, & teenage years.	Students will be able to:  - Recommend age appropriate toys and activities  - Differentiate the five areas of development  - Identify and analyze "typical development" of the different age groups in all five areas of development

#### Standard(s):

- EC1: Students will integrate knowledge, skills and practices required for careers in early childhood, education and services.
- HD1: Students will analyze factors that influence human growth and development.
- P1: Students will evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families.

Unit 3: Parenting/caregiver	Unit Length: 4 weeks (2 weeks- 5 classes after unit 1 and 2 weeks- 5 classes within Child growth and development)
Students will know:  - Characteristics of a healthy relationship  - Family skills and resources that are desirable for healthy child development.  - Parenting Styles  - Skills for guiding children	Students will be able to:  - Identify, evaluate and create examples and non-examples of healthy relationships.  - Describe a child's behavior based on parenting style and evaluate how this might affect the child in the future.  - Practice positive guidance communication skills.  - Evaluate the impact of positive guidance in a child's development.  - Distinguish between parenting styles.  - Demonstrate techniques for guiding children.

## Standard(s):

• CFR1: Students will evaluate management practices related to the human, economic and environmental resources.