

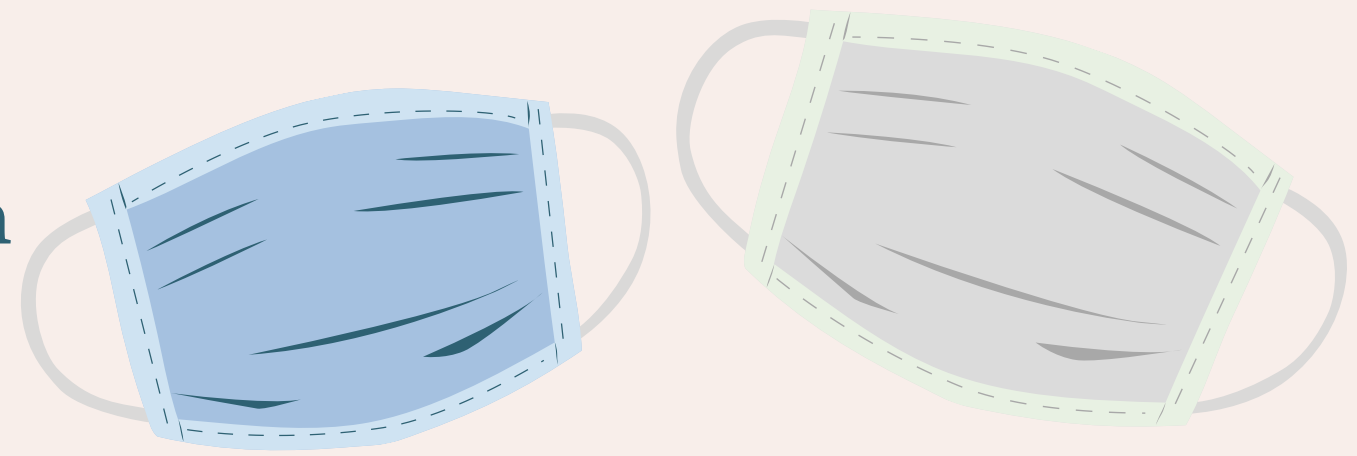


Prevent the spread of COVID-19

Even if you are 6 feet away from others, wearing a face covering has an important purpose to help others, and yourself, slow the spread of COVID-19. The use of masks can reduce transmission of the virus.

Why wear a mask?

Wearing a mask isn't simply about keeping students in the classroom. It's about protecting students, staff, & families to the greatest extent possible.



When exposed to a positive COVID case:

If I mask & quarantine

LOWER chance of infection ↓
&
REDUCED chance of spread ↓

If I don't mask, but I quarantine

HIGHER chance of infection ↑
&
REDUCED chance of spread ↓

If I mask, but I don't quarantine

LOWER chance of infection ↓
&
INCREASED chance of spread ↑

If I don't mask & don't quarantine

HIGHER chance of infection ↑
&
INCREASED chance of spread ↑

What is viral load?

It's the amount of virus in an infected person.

By creating a barrier between the droplets released from a person's mouth or nose, masks can reduce how much of the COVID-19 virus is passed on. This decrease in viral load exposure may help prevent infection or reduce the severity of illness, if infection occurs.

Social Distancing

Limiting close face-to-face contact with others is the best way to reduce the spread of COVID-19.

COVID-19 spreads mainly among people who are in close contact (within 6 feet) for 15 minutes or more.

