

JUNIOR HIGH LUNCH MENU/SEPTEMBER 1 - 30, 2020

MENU SUBJECT TO CHANGE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SAUSAGE PIZZA SLICE GREEN BEANS ½ c CORN ½ c DICED PEARS ½ c MILK	2 MACARONI & CHEESE 2/3 c PEAS ¼ c CHERRY SIDEKICK 4 oz. MIXED FRUIT ½ c MILK	3 ORANGE CHICKEN FRIED RICE ½ c EGG ROLL w/sweet & sour BROCCOLI FLORETS ½ c DICED PEACHES ½ c FORTUNE COOKIE MILK	4 WG CHICKEN PATTY ON WG BUN w/mayo SWEET POTATO FRIES ½ c PORK & BEANS ½ c APPLE SLICES ½ c MILK
7 LABOR DAY NO SCHOOL	8 WG CHEESE QUESADILLA w/salsa ¼ c CORN ½ c REFRIED BEANS ¼ c PEARS ½ c MILK	9 CHICKEN & NOODLES GLAZED CARROTS ½ c BROCCOLI FLORETS ½ c w/dip WG BISCUIT APPLESAUCE ½ c MILK	10 WG CORN DOG w/catsup/mustard TATER TOTS ½ c PINTO BEANS ¼ c DICED PEACHES ½ c MILK	11 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES ½ c CELERY & CARROT STICKS 2 oz ea MANDARIN ORANGES ½ c MILK
14 POPCORN CHICKEN w/bbq POTATO SMILES GREEN BEANS ½ c DICED PEACHES ½ c MILK	15 MOZZARELLA BREADSTICKS w/marinara 2 oz CORN ½ c SEASONSED BLACK BEANS ½ c DICED PEARS MILK	16 SCHOOL IMPROVEMENT DAY NO LUNCH SERVED	17 TERRIYAKI CHICKEN FRIED RICE ½ c PEAS & CARROTS ¼ c EGG ROLL w/sweet & sour FORTUNE COOKIE PINEAPPLE MILK	18 HAM & CHEESE ON WG BUN w/mayo/mustard SWEET POTATO PUFFS ½ c CELERY STICKS 2 oz GRAPES MILK
21 WG CHICKEN NUGGETS w/bbq MASHED POTATOES ½ c & GRAVY 2 oz BROCCOLI FLORETS ½ c w/dip WG BISCUIT DICED PEACHES ½ c MILK	22 WG CHEESE PIZZA SLICE GREEN BEANS ½ c CORN ½ c GRAPES ½ c MILK	23 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) GLAZED CARROTS ½ c APPLESAUCE ½ c MILK	24 HOT DOG ON BUN w/catsup/mustard SWEET POTATO FRIES ½ c BAKED BEANS ½ c PINEAPPLE ½ c MILK	25 BBQ PORK ON BUN SAVORY POTATO CUBES ½ c CAULIFLOWER FLORETS ½ c w/ff dip APPLE SLICES MILK
28 WG CHICKEN TENDERS w/bbq MASHED POTATOES ½ c & GRAVY 2 oz BABY CARROTS ½ c w/dip WG BREAD SLICE APPLESAUCE ½ c MILK	29 WG PEPPERONI PIZZA SLICE GREEN BEANS ½ c CORN ½ c DICED PEARS ½ c FRUIT SNACK MILK	30 BBQ RIBLETS CHEESY POTATOES ½ c PEAS ½ c WG BREAD SLICE APPLESAUCE ½ c CHOCOLATE BIRTHDAY CUPCAKE MILK		

*WG/Whole Grain Rich