

**Bangor School District  
Health Protocols  
2020-2021**

**COVID-19 is an illness caused by a newly identified type of coronavirus. Symptoms of COVID-19 may include: cough, fever, chills, shortness of breath or difficulty breathing, muscle or body aches, sore throat, new loss of taste or smell, congestion or runny nose, nausea, vomiting, diarrhea, and headache. COVID-19 can be easily transmitted from person to person in close contact through the respiratory droplets released by infected persons during coughing, sneezing, or even talking. We can decrease the risk of contracting COVID-19 through frequent handwashing, properly covering coughs and sneezes, practicing social distancing, staying at home when we are sick, and by wearing a cloth face covering.**

**Screening Students:**

- Parents/Guardians are encouraged to screen student at home for symptoms to promptly identify illness. Symptoms of COVID-19: fever of  $> 100.4$ , chills, cough, shortness of breath/difficulty breathing, fatigue body/muscle aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, or vomiting/diarrhea.
- Parent/Guardian are encouraged to check their child's temperature at home if they believe their child is ill and if they are able to do so. Student's temperatures will also be checked during first hour when they arrive at school.
- A student with a temperature of  $100.4$  or greater will be sent to the health office and assessed by the nurse or health assistant.
- Students should not be given a fever-reducing medication prior to coming to school (Tylenol or ibuprofen).
- Parent/Guardian should keep their child at home if they are ill and report illness to the school as usual. A detailed record of absences will be kept in the event we would need to assist public health with contact tracing.
- The elementary school and middle/high school will each have an isolation room available for students who are exhibiting COVID-19 symptoms.
- Staff entering the isolation room should don PPE: eye protection, mask, face shield, gloves, and gown.
- Students will be sent home if:
  - They have taken medications (Tylenol or Ibuprofen) within the last 24 hours to reduce fever.
  - They have tested positive for Covid-19, with or without symptoms, and have not yet finished their isolation period per public health recommendations.
  - Within the last two weeks, they have been considered a close contact of anyone who has tested positive for COVID-19.

### **Monitor Student and Staff Absences**

- Keep a detailed daily log of student and staff absence including:
  - Date
  - Full student/staff name
  - Date of birth
  - Reason for absence (symptoms)
  - Onset of symptoms
  - Grade level, student cohort name, teacher name, or classroom
  - Parent/guardian contact information
- Review absence list daily
- Report to local health department any three or more acute respiratory absences among students and staff with symptom onset within 72 hours of one another
- Assist health department with contact tracing.

### **Pick-Up/Drop Off:**

- Students should be dropped-off and picked up at designated areas. Parents/Guardians should not enter the school unless needed as visitors will be limited. If a parent or guardian needs to enter the building, they will be required to wear a face covering and will come to the district office to have their temperature checked. Any visitor exhibiting symptoms should not enter the building.
- No congregating at the entrances or exits.

### **Social Distancing**

- Whenever possible, staff and students will try to maintain a 6 foot distance between one another.

### **Masks/Face Coverings:**

- All students and staff who are able to properly and safely wear and remove a cloth face covering should wear one upon entering the school, except when eating or drinking, unless otherwise directed by the student/staff's medical provider. Masks promote the health and safety of students, staff, and community.
- Mask breaks will be offered as appropriate.
- The school district will provide two masks to students. Students should wear their own personal mask when riding on the bus. Masks will be washed daily at the school.
- Face coverings/masks are required upon entry to school buildings.

### **Hand Washing/Hand Sanitizing:**

- Students/staff will wash or sanitize their hands upon entering the building, entering/exiting classrooms, entering or exiting the cafeteria, wash hands after using the restroom, after recess, exiting the building, and as needed.
- Hand sanitizer will be located throughout the school buildings and classrooms.
- Educate on hand washing and properly covering coughs and sneezes.

### Decision Tree for Illness:

- If a student or staff is experiencing **one** of the following symptoms: **Cough, Shortness of Breath, New Loss of Taste/Smell, Fever, Vomiting or Diarrhea, OR** any **two** of these symptoms: Congestion, Runny Nose, Fatigue, Muscle and/or Body Aches, Sore Throat, Chills, Nausea, or Headache, the student will be placed in isolation and sent home. Family should contact the health care provider for direction on testing/evaluation. Staff should also follow the same protocol, notify their supervisor and leave school as soon as possible. \*If student/staff has blue lips, difficulty staying alert/awake, pain in the chest or Shortness of Breath, 911 will be called.
- If COVID testing is done:
  - Positive Results: Public Health will follow up. Student should stay home for 10 days since symptoms started AND until no fever for at least 24 hours without the use of fever-reducing medication (such as Tylenol or Ibuprofen) AND symptoms are improving. Siblings and household members should stay home for 14 days from the last contact with a symptomatic person.
  - Negative Results: If a diagnosis from a health care provider (such as Strep Throat, Norovirus, etc.), request a doctor's note for differential diagnosis; student should follow the WI Communicable Disease Guideline/Chart for exclusion. If symptoms worsen, family should contact their health care provider. Siblings and household members do not need to stay home. An alternative diagnosis is not required.
    - If the student or staff has a negative result, but was still considered a close contact to a positive case, the student or staff should still stay home for 10 days from onset of symptoms AND until no fever for 24 hours AND symptoms are improving. Siblings and household members should stay home for 14 days from last exposure.
    - If the student or staff was not considered a close contact to a positive case, the student or staff may return to school after being fever-free for 24 hours without the use of fever-reducing medication.

**\*\*Close contact: 1. Had direct physical contact with the person (hug or handshake); 2. Were within 6 feet of the person for more than 15 minutes. This includes single encounters of more than 15 minutes OR multiple encounters within a single day adding up to 15 minutes or more; 3. Had contact with a person's respiratory secretions (Coughed on, sneezed on, contact with a dirty tissue, shared a drinking glass or food, towels, or other personal items); 4. Lives with or stayed overnight for at least one night in a household with the person.**

- If COVID testing is not done:
  - Diagnosis received from physician (such as Norovirus, strep throat, etc.)
  - Request Dr. note from medical provider on differential diagnosis. Follow WI. Communicable Disease Guidelines/Chart for exclusion. If symptoms worsen, family should contact provider. Siblings and household members do not need to stay home.

- If student or staff was not tested and not seen by a medical provider, stay at home for 10 days from onset of symptoms AND until no fever for 24 hours without the use of fever-reducing medication (such as Tylenol or Ibuprofen) AND symptoms are improving. Siblings and household members stay home for 14 days from last exposure. (If not able to properly distance, day 1 could be the last day of isolation for the case).

### Health Room Management of Illness During COVID 19:

- #1. Does the individual have any of the following symptoms?
  - Bluish lips or face
  - Inability to wake or stay awake
  - New confusion
  - Persistent pain or pressure in the chest
  - Shortness of breath or difficulty breathing
    - If Yes: Call EMS/911. Contact school nurse and parent/guardian. Do not apply a mask.
    - If No: #2. Does the student have any of the following symptoms: 1. Cough (new or worsening), 2. Temperature of 100.4 or higher; 3. Diarrhea or vomiting; 4. New loss of taste or smell
      - If yes, place a mask or cloth facial covering on the student if not already wearing a mask. Do not place cloth face covering or surgical mask on anyone who is unconscious or has trouble breathing, anyone who is incapacitated or otherwise unable to remove the mask or face covering without assistance, or anyone who cannot tolerate a mask or cloth face covering due to developmental, medical, or behavioral health needs. Place student in isolation with adult supervision. Contact parent/guardian. Send student home ASAP with isolation guidelines and COVID-19 fact sheet. If unable to reach parent/guardian, allow student to rest with adult supervision. Monitor temperature every hour. If temperature reaches 104 call 911. If student develops difficulty breathing, bluish lips, tongue, or nailbeds, or any of the symptoms listed in #1 above, call EMS/911.
- If no: #3. Does the student have two or more of the following symptoms?: Headache, muscle pain, nausea, chills/shivering, sore throat, runny nose/congestion, unusual fatigue
  - If yes, place a mask or cloth facial covering on the student if not already wearing a mask. Do not place cloth face covering or surgical mask on anyone who is unconscious or has trouble breathing, anyone who is incapacitated or otherwise unable to remove the mask or face covering without assistance, or anyone who cannot tolerate a mask

or cloth face covering due to developmental, medical, or behavioral health needs. Place student in isolation with adult supervision. Contact parent/guardian. Send student home ASAP with isolation guidelines and COVID-19 fact sheet. If unable to reach parent/guardian, allow student to rest with adult supervision. Monitor temperature every hour. If temperature reaches 104 axillary or 105 orally/tympanic call 911. If student develops difficulty breathing, bluish lips, tongue, or nailbeds, or any of the symptoms listed in #1 above, call EMS/911.

- If no: follow routine illness/injury protocols.

- **If there is a Covid-19 lab confirmed case at school, there will be communication sent out to staff and families.**

## COVID-19: When a student, or faculty/staff member can return to school

**Purpose:** The purpose of this document is to assist school health care staff and public health officials in determining if a student, or faculty/staff member needs to be excluded from the facility for COVID-19 quarantine or isolation. The chart uses three criteria to determine this: close contact, symptoms, and COVID-19 test status.

**How to use:** The first step is to determine if the individual was a close contact to a COVID-19 case based on the definition below and then selecting the appropriate chart on the next page. The second step is to determine if the individual is showing symptoms of COVID-19 (symptomatic) or not. Finally determine if they were tested for COVID-19 and the result of the test. Key definitions are provided below.

### Definitions:

**Isolation** means keeping sick people away from healthy ones. This usually means that the sick person rests in their own bedroom or area of your home and stays away from others. This includes staying home from school.

**Quarantine** means separating people who were around someone who was sick, just in case they get sick. Since people who were around other sick people are more likely to get sick themselves, quarantine prevents them from accidentally spreading the virus to other people even before they realize they are sick. Usually people who are in quarantine stay at home and avoid going out or being around other people. This includes staying home from school.

**Close contact:** An individual is considered a close contact if **any** of following is true:

- Were within 6 feet of a positive person for more than 15 minutes total in a day.
- Had physical contact with the person.
- Had direct contact with the respiratory secretions of the person (i.e., from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items).
- Lives with or stayed overnight for at least one night in a household with the person. These close contact criteria apply regardless of mask use, face shields, or physical barriers, such as Plexiglas or plastic barriers. The only exception is if a health care worker in a school setting is wearing the proper personal protective equipment. When an individual's symptom, contact, or test status changes, their quarantine or isolation requirements should be reassessed.

### Symptoms

Symptoms are considered consistent with COVID-19 when one of the symptoms marked with a (^) or two of the other symptoms are present above baseline for that individual.

**Cough^ Shortness of breath or difficulty breathing^ New loss of taste or smell^**

**Congestion or runny nose**

**Fever or chills Nausea or vomiting Diarrhea Headache Fatigue Muscle or body aches**

**Sore throat**

## **References**

[www.dhs.wisconsin.gov](http://www.dhs.wisconsin.gov)

[www.cdc.gov](http://www.cdc.gov)