

# **Rejoice Athletics Covid Guidelines**

The Covid-19 pandemic has presented all schools with challenges and opportunities in keeping both athletes and spectators safe. With safety being paramount, the following recommendations will be in place for our athletic teams and for home contests. Below are the guidelines to be followed throughout the 20-21 school year, these procedures are subject to change. Coaches and student-athletes are not required to wear masks and/or face coverings but it is recommended. If they choose to wear masks and/or face coverings, it must not include messages or images that distract from the learning environment. As recommended by the CDC, we will use social distancing between persons (6ft between) when applicable.

## Travel Policy for Away Contest

□ Temperature checks and Covid-19 screenings will be required for each student-athlete and all coaches prior to boarding on non school days.

□ Masks are required at all times for coaches and student-athletes inside the Rejoice van.

□ 1 per seat whenever possible. No more than 2 per seat on buses.

□ Windows will remain down at all times to allow for air flow throughout the bus (weather permitting).

□ Student-athletes are encouraged to ride home from "away" contests with their parents. They may ride home with another parent with written notification in advance.

## **Returning to Athletics**

Temperatures will be taken and recorded daily by the coaches on non school days.
Any student with a temperature of 100.0+ or with Covid-19 symptoms will be sent home for the day. They may return after they have been symptom free for 48 hours.
Positive Covid-19 Case: Anyone with a positive test must go home and cannot return for 10 days from the onset of symptoms. They must be fever free without the aid of medication and must show symptom improvement before returning. Tests are not required to return.

Friend to friend exposure- We are not holding out. (unless symptoms are present)
And student with primary exposure (within six feet of positive case for more than fifteen minutes) will have to quarantine for 14 days.

□ Students and coaches must wash their hands before/after entering or exiting any facility. Hand sanitizer will be available.

□ There will be no sharing of water bottles, cups, towels and protective clothing/equipment. Athletes will need to bring an adequate amount of their own hydration products.

Avoiding contact when possible. (no handshakes, fist bumps etc.)

□ Maintaining 6ft of social distance between persons as recommended by the CDC.

□ Students and coaches must keep belongings separate from others.

### Home/Away Events

RCS will limit seating to half capacity, This is subject to change based on current

data.

□ Temperatures will be taken prior to entering any facility. Temperatures over 100.0+ will not be permitted to enter the facility.

Outdoor facilities: do not require masks for entry. (this is subject to change)

Seats may be sectioned off and marked accordingly. Please do not sit in taped off areas.

□ Indoor facilities: require a mask upon entry and screening and while moving throughout the facility. Masks may be taken off once you are seated.

□ Maintaining 6ft of social distance between persons as recommended by the CDC.

□ Volleyball teams will not switch sides between games.

□ Volleyballs will be sanitized between matches

□ Footballs will be sanitized at half time.

□ No locker rooms will be provided for volleyball. Teams should come dressed and ready to play. Football visitors will be provided a dressing room in the fieldhouse.

Usiting football press box personnel will be outside on the top crow's nest.

U When not participating, teams need to sit together in designated areas.

□ All teams will provide their own water for contests.

U Water fountains will not be in use.

□ Fans will enter through the designated propped door and exit through the designated door.

**RCS** Coaches disinfect benches, equipment, & locker room after games.

□ RCS Coaches distance players and yourself when addressing teams.

□ No post game hand shakes

#### Concessions

□ All concession volunteers must wear a mask.

□ Concessions will only sell prepackaged food items and bottled drinks.

\*Guidelines are subject to change based on data and information that is received