

Dear Student-Athletes, Coaches, Staff, Officials, Administrators, Parents, and Patrons,

The number one priority of Skiatook Public Schools is the health and safety of its students and faculty members. Below are the guidelines to be followed throughout the 20-21 School Year. These procedures can be subject to change.

Skiatook Public Schools is requiring the wearing of masks at school for students and staff, so we will be applying this same expectation to athletic events. We would like to welcome you to our facilities. As we navigate through these uncertain times during the COVID-19 pandemic, we would like you to know that the health and safety of all student-athletes, coaches, staff, officials, administrators, parents, and patrons are our primary priority.

When you attend events in our facilities, we are asking you to follow the guidelines below:

- 1. Masks or face coverings are required for all participants, coaches, workers, officials, patrons or anyone entering a Skiatook Public Schools facility. Refusal to wear a mask or face covering will prevent admittance into the facility. We ask that all patrons exercise social distancing procedures within SPS facilities.
- 2. Participants, officials, and coaches may remove their masks when they reach their perspective playing field or court (ex: volleyball: on the court, softball: inside the playing field fence).
- 3. Skiatook ticket takers and sellers will be masked and gloved.
- 4. While we believe sportsmanship is paramount to the development of young people, at this time, we will recommend no hand shaking between opposing teams, both before and after games, to reduce contact as much as possible.
- 5. At some of our venues, there may be seating areas marked off as unavailable. Please refrain from sitting in these areas to help us keep everyone safe.
- 6. For Participants, Officials, and Coaches, no shared towels, clothing, shoes, water bottles, or equipment.
- 7. Locker Rooms will be accessible to teams, but we highly recommend visiting teams to come dressed and ready to participate for the event. Masks will be required in the locker rooms, athletic training rooms, and coaches' offices and any area considered outside of the playing field or court.
- 8. Only necessary personnel will be allowed in the press box or at the scorer's table.
- 9. When traveling to and from away events, all Skiatook coaches and student-athletes will be required to wear face coverings.
 - a. Temperature checks and COVID-19 screenings will be required for each student-athlete and all coaches prior to boarding.
 - b. Windows will remain down at all times to allow for air flow throughout the bus (weather permitting).
 - c. Student-athletes may ride home from "away" contests with only their parents. They must sign out with the Head Coach.
- 10. No spectators or students allowed on playing surface or fields after athletic events.

We thank you for your cooperation. If you have any questions or concerns before coming to our facilities, please do not hesitate to contact our Athletic Department at 918-396-5710, or by email at: sdean@skiatookschools.org or jgunther@skiatookschools.org.

Scott Dean Jill Gunther

Athletic Director Athletic Trainer



OKLAHOMA SECONDARY SCHOOL ACTIVITIES ASSOCIATION 7300 BROADWAY EXTENSION OKLAHOMA CITY, OK 73116



ACTIVITY SPECIFIC GUIDELINES FOR FALL ACTIVITIES:

CHEER:

- Maintain social distancing guidelines.
- Non-player personnel (coaches, managers, athletic trainers and support individuals) should wear a mask as much as possible during practice.

CROSS COUNTRY:

- · Masks or face coverings are recommended.
- Non-player personnel (coaches, managers, athletic trainers and support individuals) should wear a mask as much as possible during practice.

FALL BASEBALL:

- · Have team meetings in an outside area whenever possible.
- Adhere to social distancing guidelines of 6 feet spacing whenever possible.
- · No sharing of helmets or equipment unless absolutely necessary.
- Allow for social distancing during drill work and limit the number of athletes in a particular drill.
- · During a team batting practice time, do not allow athletes to congregate together in one area of the field.
- · Any equipment used including balls, bats, helmets, etc. must be disinfected appropriately with use
- Non-player personnel (coaches, managers, athletic trainers and support individuals) should wear a mask as much as possible during practice.

FAST-PITCH SOFTBALL:

- Maintain a physical distance of 6 feet when in in the dugout during scrimmages.
- · Limit batting cage to two people at a time.
- Create separate exit and entrances to the dugout and batting cage if possible.
- · Wipe equipment with disinfectant cloths after each half inning when scrimmaging.
- Do not share hydration bottles.
- Maintain social distancing during outfield and infield drills.
- Non-player personnel (coaches, managers, athletic trainers and support individuals) should wear a mask as much as possible during practice.

FOOTBALL:

- Have team meetings in an outdoor environment whenever possible.
- Social distancing should be observed as much as possible during practice. (such as, distance between players in lines, drill spacing
 on the practice area, break areas)
- Limit the number of large group meetings in confined spaces prior to practice and during practice sessions.
- · Consider scheduling practice pods of players with consistent personnel groupings.
- Clean and/or sanitize footballs as needed during practice.
- Clean and/or sanitize practice equipment (blocking and tackling dummies/shields) as needed during practice.
- Structure drill work and instruction to avoid coaching from directly in front of players.
- Consider film /video studying by players to be confined to small groups or individually.
- Consider social distancing when using an air-powered whistles for communication purposes.
- Non-player personnel (coaches, managers, athletic trainers and support individuals) should wear a mask as much as possible during practice.

VOLLEVRALL.

- · Disinfect the venue and all equipment, including volleyballs, where the activity will take place.
- Players and Coaches should wash and sanitize hands often.
- · Do not touch your face, eyes or mouth with unclean hands.
- Modify drills or activities to limit/reduce violations of social distancing requirements, including but not limited to: high fives, huddles, and team meetings.
- Practice social distancing as often as possible.
- Require all participants to wear a mask except those athletes on the court playing.
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze.
- Bring hand sanitizer and sanitizing wipes.
- Properly dispose of your personal drinking cups, bottles or utensils used.
- Sanitize all surfaces and volleyballs that were used during activities.
- Non-player personnel (coaches, managers, athletic trainers and support individuals) should wear a mask as much as possible during practice.