

## Blue Creek School October 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Choice 2's
			1 Hot Dog	2 Chicken Fingers	Monday: Ham and Cheese Sandwich Tuesday: Bean and Cheese Burrito Wednesday: Turkey and Cheese Sandwich Thursday: Grill Cheese Friday: Tuna Sandwich Choice 3
5 Soft Pretzel w Cheese Dip	6 Mac & Cheese	7 Taco in a Bag	8 Hamburger	9 French Toast Stix w Sausage Link	M-F: Peanut Butter Sandwich Choice 4 M-F: Salad Bar
12 Pizza Stix	13 BBQ Pork Sandwich	14 Hot Dog	15 No School	16 No School	Fruits Vegetables Protein
19 Corn Dog	20 Chicken Alfredo	21 Grilled Chicken Sandwich	22 Hamburger	23 Orange Yogurt Parfait	Choose MyPlate.gov Blue Creek Lunch standards: Whole Wheat / Whole Grain products. Salad Bar standards: Lettuce,
26 Bosco Stix	27 Spaghetti	28 BBQ Chicken Sandwich	29 Hot Dog	30 Chicken Fingers	Carrots, Snap Peas, Broccoli, Peanut Butter, Cottage Cheese and a Whole Grain.