

THS BREAKFAST SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Country Sausage Biscuit APPLES Chocolate Milk 1% White Milk 1% Apple Juice	2 NO SCHOOL !!	3 Trix Yogurt Graham Crackers Banana Chocolate Milk 1% White Milk 1% Apple Juice	4 Cereal WG Pop Tart Fresh Fruit Chocolate Milk 1% White Milk 1%
7 NO SCHOOL !!	8 WG Pancakes Syrup Red Grapes Chocolate Milk 1% White Milk 1%	9 Cereal Granola Bar APPLES Chocolate Milk 1% White Milk 1% Apple Juice	10 Yogurt Whole Grain Toast Fresh Fruit Variety Chocolate Milk 1% White Milk 1% Apple Juice	11 Cereal Biscuit Jelly Packet Fruit Variety Chocolate Milk 1% White Milk 1% Apple Juice
14 Cereal WG Pop Tart Fresh Fruit Variety Chocolate Milk 1% White Milk 1% Apple Juice	15 Mini Cinnamon Rolls APPLES Chocolate Milk 1% White Milk 1% Apple Juice	16 WG Pancakes Syrup ORANGE WEDGES Chocolate Milk 1% White Milk 1% Apple Juice	17 Cinnamon Sugar Oatmeal Whole Grain Toast Jelly Packet Banana Chocolate Milk 1% White Milk 1% Apple Juice	18 NO SCHOOL !!
21 Breakfast Pizza Whole Grain Toast APPLES Chocolate Milk 1% White Milk 1% Apple Juice	22 Breakfast Frudel Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	23 Cereal WG Pop Tart ORANGE WEDGES Chocolate Milk 1% White Milk 1% Apple Juice	24 Country Sausage Biscuit Banana Chocolate Milk 1% White Milk 1% Apple Juice	25 Cereal Whole Grain Toast Jelly Packet Fresh Fruit Variety Chocolate Milk 1% White Milk 1% Apple Juice
28 Cereal Fresh Fruit Variety Chocolate Milk 1% White Milk 1% Apple Juice Orange Juice	29 WG Pancakes Syrup Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	30 Cheesy Scrambled Eggs Whole Grain Toast Fresh Strawberries Fat Free Chocolate Milk White Milk 1% Apple Juice		

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