## RCISD SEPTEMBER 2020 Elementary Breakfast

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|--|---|--|---|
|   | 1  | 2   | 3  | 4   |
|   | Mini Pancakes  | Sausage Kolache   | Breakfast Burrito  | French Toast  |
|   | Yogurt   | Cheese Stick  | Fruit  | Yogurt  |
|   | Fruit  | Fruit   | Fruit Juice  | Fruit   |
|   | Fruit Juice  | Fruit Juice   | Milk Variety   | Fruit Juice   |
|   | Milk Variety   | Milk Variety  |  | Milk Variety  |
| 7   | 8  | 9   | 10   | 11  |
| HOLIDAY   | Cereal   | Breakfast Pocket  | Cereal   | Pancake Wrap  |
|   | Cheese stick   | Fruit   | Yogurt   | Yogurt  |
|   | Fruit  | Fruit Juice   | Fruit  | Fruit   |
|   | Fruit Juice  | Milk Variety  | Fruit Juice  | Fruit Juice   |
|   | Milk Variety   |   | Milk Variety   | Milk Variety  |
| 14  | 15   | 16  | 17   | 18  |
| Breakfast Pizza   | Cereal   | Waffle  | Cereal   | Sausage Biscuit   |
| Fruit   | Cheese stick   | Cheeses stick   | Yogurt   | Fruit   |
| Fruit Juice   | Fruit  | Fruit   | Fruit  | Fruit Juice   |
| Milk Variety  | Fruit Juice  | Fruit Juice   | Fruit Juice  | Milk Variety  |
|   | Milk Variety   | Milk Variety  | Milk Variety   |   |
| 21<br>Sausage Kolache<br>Fruit<br>Fruit Juice<br>Milk Variety           | 22<br>Cereal<br>Cheese stick<br>Fruit<br>Fruit Juice<br>Milk Variety | 23<br>Stuffed Bagel<br>Fruit<br>Fruit Juice<br>Milk Variety   | 24<br>Cereal<br>Yogurt<br>Fruit<br>Fruit Juice<br>Milk Variety | 25<br>Waffles<br>Yogurt<br>Fruit<br>Fruit Juice<br>Milk Variety |
| 28<br>Breakfast Bread<br>Yogurt<br>Fruit<br>Fruit Juice<br>Milk Variety | 29<br>Cereal<br>Cheese stick<br>Fruit<br>Fruit Juice<br>Milk Variety | 30<br>Breakfast Pizza<br>Fruit<br>Fruit Juice<br>Milk Variety |  |   |

Breakfast: Free to all students

<u>.unch</u>:

Regular Price Elementary School \$2.45 Regular Price Middle & High School \$2.80 Reduced Price: All Schools \$0.40 RCISD CAFETERIA OFFICE
1111 12TH STREET
325-884-3705 X 563
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Elementary Supervisor: Elida Cedillo

\*\*Menu subject change without notice

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## RCISD SEPTEMBER 2020 Elementary Lunch

| Monday                       | Tuesday                    | Wednesday                        | Thursday                        | Friday                              |
|------------------------------|----------------------------|----------------------------------|---------------------------------|-------------------------------------|
|                              | 1                          | 2                                | 3                               | 4                                   |
|                              | Tex-Mex Stack              | Pizza Pocket                     | X-Treme Burrito                 | Owl Chicken Bowl                    |
|                              | Meat, Corn Chips,          | Tuscan Veggies                   | Queso Blanco                    | (Chicken, Mashed Pota-              |
|                              | Cheese                     | Garden Salad                     | Corn                            | toes, Corn, Brown Gravy,            |
|                              | Beans                      | Marinara Sauce                   | Tomato Cup                      | Shredded Cheese)                    |
|                              | Carrots                    | Peaches                          | Snowball Salad                  | Green Beans                         |
|                              | Salsa                      | Rice Crispy Treat                | Milk Variety                    | Roll                                |
|                              | Cinnamon Apples            | Milk Variety                     |                                 | Apple Slices                        |
|                              | Sherbet Cup                | ,                                |                                 | Milk Variety                        |
|                              | Milk Variety               |                                  |                                 |                                     |
| 7                            | 8                          | 9                                | 10                              | 11                                  |
| HOLIDAY                      | Chili Cheese Totchos       | Chicken Nuggets                  | Cheese Pizza                    | Cheeseburger                        |
|                              | Cornbread                  | Mac & Cheese                     | Tiny Tomato Cup                 | Celery                              |
|                              | Fresh Veggie Cup           | Black-eyed Peas                  | Corn                            | Carrots                             |
|                              | Strawberries               | Garden Salad                     | Fruity Gelatin                  | Cinnamon Applesauce                 |
|                              | Milk Variety               | Grapes                           | Milk Variety                    | Cookie                              |
|                              |                            | Milk Variety                     |                                 | Milk Variety                        |
| 14                           | 15                         | 16                               | 17                              | 18                                  |
| Breaded Drumstick            | Crispy Tacos               | Lasagna                          | Pepperoni Pizza                 | Early Release                       |
| Biscuit                      | Cucumbers                  | Tuscan Veggies                   | Fries                           | PBJ Sandwich                        |
| Sweet Potato Fries           | Beans                      | Broccoli                         | Carrots                         | Cheese Stick                        |
| Corn                         | Salsa                      | Roll                             | Snowball Salad                  | Baby Carrots                        |
| Grapes                       | Orange Smiles              | Fruit Cup                        | Milk Variety                    | Celery Sticks                       |
| Milk Variety                 | Milk Variety               | Cookie                           |                                 | Animal Crackers                     |
|                              |                            | Milk Variety                     |                                 | Fruit                               |
|                              |                            |                                  |                                 | Milk Variety                        |
| 21                           | 22                         | 23                               | 24                              | 25                                  |
| Meatloaf<br>Mashed Potatoes  | Meat & Cheese Chalupas     | Chicken Tenders<br>Roll          | Chicken Spaghetti<br>Breadstick | BBQ on a Bun                        |
| Okra                         | Salsa<br>Cucumbers         | Gravy                            | Garden Salad                    | Coleslaw                            |
| Gravy                        | Beans                      | Steamed Broccoli                 | Carrots                         | Savory Green Beans<br>Orange Smiles |
| Roll                         | Rosy Applesauce            | Sweet Potato Fries               | Fresh Apple Slices              | Brownie                             |
| Strawberries<br>Milk Variety | Milk Variety               | Mixed Fruit<br>Rice Crispy Treat | Milk Variety                    | Milk Variety                        |
| wink variety                 |                            | Milk Variety                     |                                 | ,                                   |
| 28                           | 29                         | 30                               |                                 |                                     |
| Steak Fingers                | Spaghetti Bowl             | Boneless Chicken Wings           |                                 |                                     |
| Roll<br>Gravy                | Breadstick<br>Garden Salad | Celery Sticks<br>Carrots         |                                 |                                     |
| Mashed Potatoes              | California Blend Veggies   | Peaches                          |                                 |                                     |
| Tomato Cup                   | Fruit Cup                  | Pudding                          |                                 |                                     |
| Strawberries<br>Milk Variety | Milk Variety               | Milk Variety                     |                                 |                                     |
| with vallety                 |                            |                                  |                                 |                                     |

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