

# General Standards for Food

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- ▶ To be allowable, a food item must meet all of the competitive food nutrient standards

AND

1. Be a whole grain rich product; OR
2. Have as the first ingredient a fruit, vegetable, dairy product or protein food (meat, beans, poultry, etc.); OR
3. Be a “combination food” with at least  $\frac{1}{4}$  cup fruit and/or vegetable; OR
4. Contain 10% of the Daily Value on one nutrient of public health concern (only through June 30, 2016)
  - Calcium, potassium, vitamin D, dietary fiber.



# School Day

## Window 1

- First window is from midnight the night before until 30 minutes after the last lunch period. While this window is open, no sale of food or beverage may take place except as part of the school breakfast or school lunch program.

## Window 2

- The second window opens 30 minutes after the last lunch period and closes 30 minutes after the end of the official school day. While this window is open any food that is sold must meet all nutrition standards in the regulations (KY and or Federal).

## Window 3

- The third window opens 30 minutes after the end of the official school day and closes at midnight. During this window, there is no nutrient standards restricting what may be sold.