RICHMOND-BURTON
ROCKETS

20 Contact Days
Non Fall Sports Plans
9/7 - 10/31

IHSA has provided non fall sports teams with 20 contact days from September 7 - October 31. ALL IHSA/ISBE guidelines will be followed. Masks are to be worn AT ALL TIMES when inside. Masks are to be worn outside when not engaging in physical/strenous exercise. ALL student-athletes will be checked in and temperatures/symptoms will be recorded. Days may be cancelled due to weather.

Baseball: Tuesdays / Wednesdays 3:15 PM - 5:00 PM Varsity Baseball Field

Boys and Girls Soccer : Mondays / Wednesdays 3:15 PM - 4:15 PM Soccer Field

Boys and Girls Track: Tuesdays / Thursdays 3:15 PM - 4:15 PM Stadium Track

Boys Basketball: Tuesdays / Thursdays 3:15 PM - 4:15 PM Gym

Cheerleading: Tuesdays / Thursdays 3:15 PM - 4:00 PM Gym / Outside

Football: Mondays / Various Wednesdays / Fridays 3:15 PM-5:00 PM Practice Field

Girls Basketball: Mondays / Thursdays 3:15 PM - 4:00 PM Gym / Outside

Softball: Tuesdays / Thursdays 4:15 PM - 5:00 PM Softball Field

Volleyball: Wednesdays / Fridays 3:15 PM - 4:30 PM Gym

Wrestling: Mondays / Wednesdays 5:30 PM - 6:30 PM Gym

*****PLEASE NOTE SOME DAYS MAY BE VIRTUAL WORKOUTS/SEL ACTIVITIES. INFORMATION WILL BE SHARED DIRECTLY FROM COACHES.**