

Term: Spring | Issue 6 | Date: April 24, 2018

KEY DATES

Tuesday, April 24- Baseball @ Dufur 4:00pm, MS Track @ Trout Lake 4:00pm

Wednesday, April 25- Track @ Mt. Adams Invitational 2:00pm

Friday, April 27- MS Track @ Sherman 12:00pm, Tennis vs. Ione 4:00pm, FFA Banquet 6:30pm, 1/2 day P. 5-7/ PE

Saturday, April 28- Tennis @ Helix Invite 9:00am, Baseball vs. Dufur Double Header 11:00am, Track-Sherman Invitational 11:00am

Monday, April 30- School Safety Presentation 6:30pm in the school cafeteria

Tuesday, May 1- Baseball vs. Culver 4:00pm

Wednesday, May 2- Talent Show Tryouts 1:10pm

Thursday, May 3- Elementary Character Trait Assembly 2:45pm

Friday, May 4- 1/2 Day P. 1-4/ Music Tennis Sub-districts 9:00am @ Kennewick, MS Track @ Arlington 1:00pm

Saturday, May 5- Track vs. Arlington @10:00am, Baseball @ Culver Double Header 11:00am

Monday, May 7-11-6th Grade Outdoor School, Teacher Appreciation Week

SPRING ACADEMIC FORECASTING

Students will begin forecasting for their classes for the 2018-2019 school year soon. Creating a schedule that optimizes opportunities for learning is critical to your student's success. Please take time to review the forecasting materials available from school and work with your student to build a full schedule tailored to your student's needs and interests.

What are the goals of a carefully planned schedule?

- Preparation for college and/or career
- Exposure to rigorous academic material
- Opportunity to explore a great variety of electives
- A transcript that is competitive for college applications
- The option to secure extra support in academic areas that are challenging
- Opportunity to earn college credit, reducing the cost of college
- Preparation for college admission tests (SATs and ACTs)

Students, the opportunities provided by our seven period schedule will prepare you to earn a high school diploma, ready you for a career or college, and help you to pursue your extra-curricular interests. It is important to take the time now to plan and create a schedule that best reflects your interests and aspirations. We cannot emphasize enough that making the most of these years increases the likelihood of your post-high school success, whether you plan to enroll in college or pursue other post-secondary options after graduation.

Please reach out to the academic and support resources here at Sherman County School. Remember, we are here to put student success first.

SCS SCHOLARSHIP OPPORTUNITIES

The Sherman County School has a wonderful and active scholarship committee who works enthusiastically to secure scholarships for Sherman County School graduates. Here is a current list of awards. Make sure to contact Mrs. Connie Martin or Ms. Totaro for more information about applying for a scholarship your senior year of high school. Most scholarships have application deadlines and specific qualifying criteria.

- -Big Sky Scholar Athlete (\$500)
- -Elks Scholarships (\$500-\$6000/ 2 available)
- -OSAC (\$ varies)
- -Gorge Tech Alliance (\$2000)
- -Hispanic Scholarship Fund (\$500-\$5000)
- -Harrington Family Foundation (\$2500)
- -Oregon Collector's Association (\$500-\$1000)
- -Randy Rood/ Wasco Masonic (\$1000-\$2500)
- -Bruckert (\$ varies)
- -Oregon Women for Ag (varies)
- -Sherman County and Charles Davis Awards (\$500-\$2500) -Nina Rhinehart Fleckenstein (\$300)
- -Dave Miller Memorial (\$250)
- -OSEA Chapter 120 (\$200)
- -Michael Simantel Memorial Citizens Award (\$750)
- -Don, Susie, and Ron Thompson Memorial (\$1000)

- -Oregon Wheat League (\$1000/12 available)
- -North Central Cattleman's (\$ varies)
- -Northwest Farm Credit Services (\$2000)
- -Oregon PTA Association (\$500)
- -Far West Agri Business (up to \$1000)
- -Oregon Promise (covers tuition)
- -Raleigh T. Curtis Memorial (\$1500)
- -Pacific NW Feed and Grain (\$2000)
- -Bank of Eastern Oregon (\$500)
- -James Weir Trust/ SCS Board (\$ varies)
- -May Barnum and Dorotha Moore Leadership (\$500)
- -Mr. Husky (\$100/ participant \$250/ winner)
- -Mid Columbia Bus Smarter Balanced (\$100)
- -Jerry Dubois Memorial (\$300)

(All scholarships are at the control of the individual entity and can change at any time.)

1ST GRADE FLAT STANLEY Thank you to friends and family near and far for sending your letters and pictures.

STEM IN ELEM! SCIENCE, TECHNOLOGY, ENGINEERING, MATH. SIXTH GRADERS EXPLORING K'NEX KITS.





As I write this article, I can't help but think about how quickly this academic year has gone by. It feels like just a few weeks ago that we were starting our first day of school in September. With Spring Break behind us and spring sports in full swing for 5^{th} - 12^{th} grade students, we find ourselves on the final seven week countdown until summer fun! However, until we get to that point, there are still learning opportunities to accomplish end-of-the-year events to look forward to.

For students in 3rd - 8th and 11th grades, Oregon Smarter Balanced and OAKS testing has started. The 5th, 8th, and 11th grade students have already taken the state Social Studies and Science tests and everyone is going to be taking the English/Language Arts and Math tests over the next two months.

High school and 5^{th} - 8^{th} grade athletic teams have over 70 students who are participating in either track, tennis, or baseball, which is fantastic! The high school FFA program, under the watch of advisor Jared Collins, will be hosting the annual banquet on Friday April 27th at 6:30pm. Also our 6^{th} grade students will be heading to Outdoor School the week of May 7^{th} - 11^{th} , which is an annual event for our students to learn about the natural landscape and ecology of Eastern Oregon.

Even with everything coming up over the next few weeks, our high school students attended their annual Prom this past Saturday evening in The Dalles, alongside Dufur and South Wasco County high schools. It was a success and there was a great turnout of students. So no matter what you may be interested in, get involved, enjoy the last few weeks of school, and make memories that will last a lifetime.

-Mike Somnis, Principal

541-565-3500

msomnis@sherman.k12.or.us



COLLEGE AND CAREER FAIR



OAKS AND SMARTER BALANCED TEST TIPS

Standardized tests play an important role in public schools. Your child may take one or more standardized tests during the school year, and your child's teacher may spend class time on test preparation. As a parent or guardian, there are a number of ways that you can support your child before and after taking a standardized test, as well as a number of ways you can support your child's learning habits on a daily basis that will help him or her be more prepared when it's time to be tested.

Here are a few ways you can support your child's efforts on the test:

-Encourage an earlier bedtime. Students need 8-10 hours per night, according to the National Sleep Foundation. A lack of sleep can affect concentration, ability to think, and even memory. Make sleep a priority- regular bedtimes each night, limiting caffeinated beverages, and decreasing the screen time before bed can all help.

- **-Eat a filling breakfast.** Your brain uses 20% of all glucose, 35% of all vitamins and minerals, 40% of all water, and a staggering 50% of fats in our bodies. Research shows that students who eat breakfast perform better on exams. For the best breakfast, include slow-release carbohydrates, such as oats, whole grain bread or low-sugar cereal, as they provide slow-release energy. Add a protein food, such as milk, yogurt or eggs, to keep you feeling full for longer.
- -Follow the Three C's: Stay Cool, Calm, and Collected. Choose comfortable clothing and layer so you are neither too hot nor too cold. Keep a good attitude and remain calm. Take deep breaths if you find you are getting anxious. Focus on what you know and strategies you have for determining the answer. Remind yourself that you've been getting ready for these tests all year long!

SNEAK PEEK FOR MAY







Sherman County School District 65912 High School Loop Moro, Oregon 97039 541-565-3500

shermancountyschooldistrict.weebly.com