

ACKNOWLEDGEMENT OF RULES

Attention School Authorities: This form must be signed yearly by both the student and parent/guardian and be on file at your school before the student may participate in any practice session, scrimmage, or contest. A copy of the student's medical history and physical examination form signed by a physician or medical history form signed by a parent must also be on file at your school.

Student's Name _____ Date of Birth _____

Current School _____

Parent or Guardian's Permit

I hereby give my consent for the above student to compete in University Interscholastic League approved sports, and travel with the coach or other representative of the school on any trips.

Furthermore, as a condition of participation and for the purpose of ensuring compliance with University Interscholastic League (UIL) rules, I consent to the disclosure of personally identifiable information, including information that may be subject to the Family Educational Rights and Privacy Act (FERPA), regarding the above named student between and among the following: the high school or middle school where the student currently attends or has attended; any school the student transfers to; the relevant District Executive Committee and the UIL. I further understand that all information relevant to the student's UIL eligibility and compliance with other UIL rules may be discussed and considered in a public forum. I acknowledge that revocation of this consent must be in writing and delivered to the student's school and the UIL.

It is understood that even though protective equipment is worn by the athlete whenever needed, the possibility of an accident still remains. Neither the University Interscholastic League nor the high school assumes any responsibility in case an accident occurs.

I have read and understand the University Interscholastic League rules on the reverse side of this form and agree that my son/daughter will abide by all of the University Interscholastic League rules.

The undersigned agrees to be responsible for the safe return of all athletic equipment issued by the school to the above named student.

If, in the judgement of any representatives of the school, the above student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to said student by any physician, licensed athletic trainer, nurse, hospital, or school representative; and I do hereby agree to indemnify and save harmless the school and any school representative from any claim by any person whomsoever on account of such care and treatment of said student.

I have been provided the UIL Parent Information Manual regarding health and safety issues including concussions and my responsibilities as a parent/guardian. I understand that failure to provide accurate and truthful information on UIL forms could subject the student in question to penalties determined by the UIL.

The UIL Parent Information Manual is located at www.uil texas.org/files/athletics/manuals/parent-information-manual.pdf.

Your signature below gives authorization that is necessary for the school district, its licensed athletic trainers, coaches, associated physicians and student insurance personnel to share information concerning medical diagnosis and treatment for your student.

To the Parent: Check any activity in which this student is allowed to participate.

Baseball	Football	Softball	Tennis
Basketball	Golf	Swimming & Diving	Track & Field
Cross Country	Soccer	Team Tennis	Volleyball
Wrestling			

Date _____

Signature of parent or guardian _____

Street address _____

City _____ State _____ Zip _____

Home Phone _____ Business Phone _____

GENERAL INFORMATION

School coaches may not:

- Transport, register, or instruct students in grades 7-12 from their attendance zone in non-school baseball, basketball, football, soccer, softball, or volleyball camps (exception: See Section 1209 of the Constitution and Contest Rules).
- Give any instruction or schedule any practice for an individual or a team during the off-season except during the one in school day athletic period in baseball, basketball, football, soccer, softball, or volleyball
- Schools and school booster clubs may not provide funds, fees, or transportation for non-school activities.

GENERAL ELIGIBILITY RULES

According to UIL standards, students could be eligible to represent their school in interscholastic activities if they:

- are not 19 years of age or older on or before September 1 of the current scholastic year. (See Section 446 of the Constitution and Contest Rules for exception).
- have not graduated from high school.
- are enrolled by the sixth class day of the current school year or have been in attendance for fifteen calendar days immediately preceding a varsity contest.
- are full-time students in the participant high school they wish to represent.
- initially enrolled in the ninth grade not more than four years ago.
- are meeting academic standards required by state law.
- live with their parents inside the school district attendance zone their first year of attendance. (Parent residence applies to varsity athletic eligibility only.) When the parents do not reside inside the district attendance zone the student could be eligible if: the student has been in continuous attendance for at least one calendar year and has not enrolled at another school; no inducement is given to the student to attend the school (for example: students or their parents must pay their room and board when they do not live with a relative; students driving back into the district should pay their own transportation costs); and it is not a violation of local school or TEA policies for the student to continue attending the school. Students placed by the Texas Youth Commission are covered under Custodial Residence (see Section 442 of the Constitution and Contest Rules).
- have observed all provisions of the Awards Rule.
- have not been recruited. (Does not apply to college recruiting as permitted by rule.)
- have not violated any provision of the summer camp rule. Incoming 10-12 grade students shall not attend a baseball, basketball, football, soccer, or volleyball camp in which a seventh through twelfth grade coach from their school district attendance zone, works with, instructs, transports or registers that student in the camp. Students who will be in grades 7, 8, and 9 may attend one baseball, one basketball, one football, one soccer, one softball, and one volleyball camp in which a coach from their school district attendance zone is employed, for no more than six consecutive days each summer in each type of sports camp. Baseball, Basketball, Football, Soccer, Softball, and Volleyball camps where school personnel work with their own students may be held in May, after the last day of school, June, July and August prior to the second Monday in August. If such camps are sponsored by school district personnel, they must be held within the boundaries of the school district and the superintendent or his designee shall approve the schedule of fees.
- have observed all provisions of the Athletic Amateur Rule. Students may not accept money or other valuable consideration (tangible or intangible property or service including anything that is usable, wearable, salable or consumable) for participating in any athletic sport during any part of the year. Athletes shall not receive valuable consideration for allowing their names to be used for the promotion of any product, plan or service. Students who inadvertently violate the amateur rule by accepting valuable consideration may regain athletic eligibility by returning the valuable consideration. If individuals return the valuable consideration within 30 days after they are informed of the rule violation, they regain their athletic eligibility when they return it. If they fail to return it within 30 days, they remain ineligible for one year from when they accepted it. During the period of time from when students receive valuable consideration until they return it, they are ineligible for varsity athletic competition in the sport in which the violation occurred. Minimum penalty for participating in a contest while ineligible is forfeiture of the contest.
- did not change schools for athletic purposes.

I understand that failure to provide accurate and truthful information on UIL forms could subject the student in question to penalties determined by the UIL.

I have read the regulations cited above and agree to follow the rules.

Date

Signature of student



CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student _____

Definition of Concussion - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

Prevention – Teach and practice safe play & proper technique.

- Follow the rules of play.
- Make sure the required protective equipment is worn for all practices and games.
- Protective equipment must fit properly and be inspected on a regular basis.

Signs and Symptoms of Concussion – The signs and symptoms of concussion may include but are not limited to: Headache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

Oversight - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician's assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

Treatment of Concussion - The student-athlete/cheerleader shall be removed from practice or participation immediately if suspected to have sustained a concussion. Every student-athlete/cheerleader suspected of sustaining a concussion shall be seen by a physician before they may return to athletic or cheerleading participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computer, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete/cheerleader may begin their district's Return to Play protocol as determined by the Concussion Oversight Team.

Return to Play - According to the Texas Education Code, Section 38.157:

A student removed from an interscholastic athletics practice or competition (including per UIL rule, cheerleading) under Section 38.156 may not be permitted to practice or participate again following the force or impact believed to have caused the concussion until:

- (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student's parent or guardian or another person with legal authority to make medical decisions for the student;
- (2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;
- (3) the treating physician has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play; and
- (4) the student and the student's parent or guardian or another person with legal authority to make medical decisions for the student:
 - (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;
 - (B) have provided the treating physician's written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and
 - (C) have signed a consent form indicating that the person signing:
 - (i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to-play protocol;
 - (ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;
 - (iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and
 - (iv) understands the immunity provisions under Section 38.159.

Parent or Guardian Signature

Date

Student Signature

Date



SUDDEN CARDIAC ARREST (SCA) AWARENESS FORM

The Basic Facts on Sudden Cardiac Arrest

Website Resources:

American Heart Association:
www.heart.org

Lead Author: Arnold Fenrich, MD
and Benjamin Levine, MD

Additional Reviewers: UIL Medical
Advisory Committee

Revised 2016

What is Sudden Cardiac Arrest?

- Occurs suddenly and often without warning.
- An electrical malfunction (short-circuit) causes the bottom chambers of the heart (ventricles) to beat dangerously fast (ventricular tachycardia or fibrillation) and disrupts the pumping ability of the heart.
- The heart cannot pump blood to the brain, lungs and other organs of the body.
- The person loses consciousness (passes out) and has no pulse.
- Death occurs within minutes if not treated immediately.

What causes Sudden Cardiac Arrest?

Inherited (passed on from family) **conditions present at birth of the heart muscle:**

Hypertrophic Cardiomyopathy – hypertrophy (thickening) of the left ventricle; the most common cause of sudden cardiac arrest in athletes in the U.S.

Arrhythmogenic Right Ventricular Cardiomyopathy – replacement of part of the right ventricle by fat and scar; the most common cause of sudden cardiac arrest in Italy.

Marfan Syndrome – a disorder of the structure of blood vessels that makes them prone to rupture; often associated with very long arms and unusually flexible joints.

Inherited conditions present at birth of the electrical system:

Long QT Syndrome – abnormality in the ion channels (electrical system) of the heart.

Catecholaminergic Polymorphic Ventricular Tachycardia and Brugada Syndrome – other types of electrical abnormalities that are rare but run in families.

NonInherited (not passed on from the family, but still present at birth) **conditions:**

Coronary Artery Abnormalities – abnormality of the blood vessels that supply blood to the heart muscle. This is the second most common cause of sudden cardiac arrest in athletes in the U.S.

Aortic valve abnormalities – failure of the aortic valve (the valve between the heart and the aorta) to develop properly; usually causes a loud heart murmur.

Non-compaction Cardiomyopathy – a condition where the heart muscle does not develop normally.

Wolff-Parkinson-White Syndrome – an extra conducting fiber is present in the heart's electrical system and can increase the risk of arrhythmias.

Conditions not present at birth but acquired later in life:

Commotio Cordis – concussion of the heart that can occur from being hit in the chest by a ball, puck, or fist.

Myocarditis – infection or inflammation of the heart, usually caused by a virus.

Recreational/Performance-Enhancing drug use.

Idiopathic: Sometimes the underlying cause of the Sudden Cardiac Arrest is unknown, even after autopsy.

What are the symptoms/warning signs of Sudden Cardiac Arrest?

- Fainting/blackouts (especially during exercise)
- Dizziness
- Unusual fatigue/weakness
- Chest pain
- Shortness of breath
- Nausea/vomiting
- Palpitations (heart is beating unusually fast or skipping beats)
- Family history of sudden cardiac arrest at age < 50

ANY of these symptoms and warning signs that occur while exercising may necessitate further evaluation from your physician before returning to practice or a game.

What is the treatment for Sudden Cardiac Arrest?

Time is critical and an immediate response is vital.

- **CALL 911**
- **Begin CPR**
- **Use an Automated External Defibrillator (AED)**

What are ways to screen for Sudden Cardiac Arrest?

The American Heart Association recommends a pre-participation history and physical including 14 important cardiac elements.

The UIL *Pre-Participation Physical Evaluation – Medical History* form includes ALL 14 of these important cardiac elements and is mandatory annually.

<p>What are the current recommendations for screening young athletes?</p>	<p>Are there additional options available to screen for cardiac conditions?</p>	<p>Can Sudden Cardiac Arrest be prevented just through proper screening?</p>	<p>➤ Each school has a developed safety procedure to respond to a medical emergency involving a cardiac arrest.</p>
<p>The University Interscholastic League requires use of the specific Preparticipation Medical History form on a yearly basis. This process begins with the parents and student-athletes answering questions about symptoms during exercise (such as chest pain, dizziness, fainting, palpitations or shortness of breath); and questions about family health history.</p> <p>It is important to know if any family member died suddenly during physical activity or during a seizure. It is also important to know if anyone in the family under the age of 50 had an unexplained sudden death such as drowning or car accidents. This information must be provided annually because it is essential to identify those at risk for sudden cardiac death.</p>	<p>Additional screening using an electrocardiogram (ECG) and/or an echocardiogram (Echo) is readily available to all athletes from their personal physicians, but is not mandatory, and is generally not recommended by either the American Heart Association (AHA) or the American College of Cardiology (ACC). Limitations of additional screening include the possibility (~10%) of “false positives”, which leads to unnecessary stress for the student and parent or guardian as well as unnecessary restriction from athletic participation. There is also a possibility of “false negatives”, since not all cardiac conditions will be identified by additional screening.</p>	<p>A proper evaluation (Preparticipation Physical Evaluation – Medical History) should find many, but not all, conditions that could cause sudden death in the athlete. This is because some diseases are difficult to uncover and may only develop later in life. Others can develop following a normal screening evaluation, such as an infection of the heart muscle from a virus. This is why a medical history and a review of the family health history need to be performed on a yearly basis. With proper screening and evaluation, most cases can be identified and prevented.</p>	<p>The American Academy of Pediatrics recommends the AED should be placed in a central location that is accessible and ideally no more than a 1 to 1 1/2 minute walk from any location and that a call is made to activate 911 emergency system while the AED is being retrieved.</p>
<p>The University Interscholastic League requires the Preparticipation Physical Examination form prior to junior high athletic participation and again prior to the 1st and 3rd years of high school participation. The required physical exam includes measurement of blood pressure and a careful listening examination of the heart, especially for murmurs and rhythm abnormalities. If there are no warning signs reported on the health history and no abnormalities discovered on exam, no additional evaluation or testing is recommended for cardiac issues/concerns.</p>	<p>When should a student athlete see a heart specialist?</p> <p>If a qualified examiner has concerns, a referral to a child heart specialist, a pediatric cardiologist, is recommended. This specialist may perform a more thorough evaluation, including an electrocardiogram (ECG), which is a graph of the electrical activity of the heart. An echocardiogram, which is an ultrasound test to allow for direct visualization of the heart structure, may also be done. The specialist may also order a treadmill exercise test and/or a monitor to enable a longer recording of the heart rhythm. None of the testing is invasive or uncomfortable.</p>	<p>Why have an AED on site during sporting events</p> <p>The only effective treatment for ventricular fibrillation is immediate use of an automated external defibrillator (AED). An AED can restore the heart back into a normal rhythm. An AED is also life-saving for ventricular fibrillation caused by a blow to the chest over the heart (commotio cordis).</p> <p>Texas Senate Bill 7 requires that at any school sponsored athletic event or team practice in Texas public high schools the following must be available:</p> <ul style="list-style-type: none"> ➤ An AED is in an unlocked location on school property within a reasonable proximity to the athletic field or gymnasium ➤ All coaches, athletic trainers, PE teacher, nurses, band directors and cheerleader sponsors are certified in cardiopulmonary resuscitation (CPR) and the use of the AED. 	<p>Student & Parent/Guardian Signatures</p> <p>I certify that I have read and understand the above information.</p> <hr/> <p>Parent/Guardian Signature</p> <hr/> <p>Parent/Guardian Name (Print)</p> <hr/> <p>Date</p> <hr/> <p>Student Signature</p> <hr/> <p>Student Name (Print)</p> <hr/> <p>Date</p>



University Interscholastic League



Parent and Student Agreement/Acknowledgement Form Anabolic Steroid Use and Random Steroid Testing

- Texas state law prohibits possessing, dispensing, delivering or administering a steroid in a manner not allowed by state law.
- Texas state law also provides that body building, muscle enhancement or the increase in muscle bulk or strength through the use of a steroid by a person who is in good health is not a valid medical purpose.
- Texas state law requires that only a licensed practitioner with prescriptive authority may prescribe a steroid for a person.
- Any violation of state law concerning steroids is a criminal offense punishable by confinement in jail or imprisonment in the Texas Department of Criminal Justice.

STUDENT ACKNOWLEDGEMENT AND AGREEMENT

As a prerequisite to participation in UIL athletic activities, I agree that I will not use anabolic steroids as defined in the UIL Anabolic Steroid Testing Program Protocol. I have read this form and understand that I may be asked to submit to testing for the presence of anabolic steroids in my body, and I do hereby agree to submit to such testing and analysis by a certified laboratory. I further understand and agree that the results of the steroid testing may be provided to certain individuals in my high school as specified in the UIL Anabolic Steroid Testing Program Protocol which is available on the UIL website at www.uil texas.org. I understand and agree that the results of steroid testing will be held confidential to the extent required by law. I understand that failure to provide accurate and truthful information could subject me to penalties as determined by UIL.

Student Name (Print): _____ Grade (9-12) _____

Student Signature: _____ Date: _____

PARENT/GUARDIAN CERTIFICATION AND ACKNOWLEDGEMENT

As a prerequisite to participation by my student in UIL athletic activities, I certify and acknowledge that I have read this form and understand that my student must refrain from anabolic steroid use and may be asked to submit to testing for the presence of anabolic steroids in his/her body. I do hereby agree to submit my child to such testing and analysis by a certified laboratory. I further understand and agree that the results of the steroid testing may be provided to certain individuals in my student's high school as specified in the UIL Anabolic Steroid Testing Program Protocol which is available on the UIL website at www.uil texas.org. I understand and agree that the results of steroid testing will be held confidential to the extent required by law. I understand that failure to provide accurate and truthful information could subject my student to penalties as determined by UIL.

Name (Print): _____

Signature: _____ Date: _____

Relationship to student: _____

School Year (to be completed annually) _____

EMERGENCY RELEASE FORM

ATTENTION: This form **MUST** be completed annually by parent (or guardian) and student, and on file with the athletic trainer **PRIOR TO** participation in any game.

Student Athlete's Name _____

Sex M / F Age _____ LAST FIRST (MI)
Date of Birth _____ Home Phone (____) _____

Address _____ Zip _____

Mother's Name _____ Work # _____ Cell # _____

Father's Name _____ Work # _____ Cell # _____

In case of emergency, contact: Name _____ Phone # (____) _____

Family Physician _____ Phone # _____

Circle your 1st Choice of Hospital: St. Joe's Bryan / College Station Med. / St. Joe's Caldwell

Insurance Information

Insurance Co. Name _____ Policy # _____

Name of Insured _____ Phone # (____) _____

Medication Permit

Licensed Athletic Trainers designated by the Snook Independent School District are hereby given my consent to administer non-prescription medication to said student, after consultation with the team physician and/or said student's parents or legal guardian. Further consent is hereby given to administer prescription medication to said student when prescribed by the team physician and/or student's personal physician.

X _____
PARENT / GUARDIAN SIGNATURE

DATE

Medical History

Allergies? Yes / No

Allergies to Medications? Yes / No

Asthma? Yes / No

Contact / Glasses? Yes / No

Diabetes? Yes / No

Epilepsy? Yes / No

Heart Troubles? Yes / No

Missing Organs? Yes / No

Please explain all "Yes" answers and list all drug allergies. List medications currently taken by student.

In the event that the parents / guardian of the above named student cannot be contacted, I hereby accept the emergency services of the team physician and athletic trainer and hereby authorize the athletic trainer, coach, and other school officials to sign such papers as may be required to obtain immediate medical attention necessary for the welfare and safety of such student. I do hereby agree to indemnity and save harmless the school and any school or hospital representative from any claim by any person on account of such care and treatment of the said student.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

X _____
STUDENT SIGNATURE

PARENT / GUARDIAN SIGNATURE

DATE



SNOOK BLUEJAY
ATHLETIC DEPARTMENT
SOCIAL MEDIA POLICY & GUIDELINES FOR STUDENT-ATHLETES

Playing and competing in an athletic competition for Snook High School is a privilege. Student-athletes at Snook ISD are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team.

Facebook, Twitter and other social media sites have increased in popularity, and are used by the majority of students here at Snook ISD in one form or another.

Student-athletes should be aware that third parties could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posts. Inappropriate material found by third parties affects the perception of the student-athlete, the athletic department and the school. This can also be detrimental to a student-athlete's future.

Examples of inappropriate and offensive behaviors concerning participation in on-line communities may include depictions or presentations of the following but not limited to:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco
e.g., no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).
- Information that is sensitive or personal in nature to the Snook Athletic Department or the school, which is not public information.



SNOOK BLUEJAYS
ATHLETIC DEPARTMENT
SOCIAL MEDIA POLICY & GUIDELINES FOR STUDENT-ATHLETES

If a student-athlete's profile and its contents are found to be inappropriate in accordance with the above behaviors, he/she will be subject to the following penalties:

1. Written warning
2. A meeting with Director of Athletics and Head Coach
3. Penalties as determined by the athletic department, including but not limited to possible suspension from his/her athletic team.

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your email, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site.
- Consider how the above behaviors can be reflected in all applications.

Before You Post THINK

- T - Is it TRUE
- H - Is it Hurtful
- I - Is it Illegal
- N - Is it Necessary
- K - Is it Kind

If you are ever in doubt of the appropriateness of your on-line public material, consider whether it upholds and positively reflects your own values and ethics as well as the Snook ISD Athletic Department's and the schools. Remember, always present a positive image and don't do anything to embarrass yourself, the team, your family or the school.

By signing below you affirm that you understand the Snook ISD Athletic Department Social Media Policy and Guidelines for Student-Athletes and the requirements that you must adhere to as a Snook Bluejay student-athlete. Also, you affirm that failure to adhere to this policy and guidelines may result in consequences that include suspension from your athletic team.

Printed Name _____

Signature _____ Date _____

Snook Independent School District Mandatory Student Drug Testing Program Procedural Guidelines

The Snook Independent School District (“The District”), acting as a temporary guardian and tutor of the children entrusted to its care, conducts a mandatory drug testing program for high school students who participate in extra-curricular activities and students who obtain a parking pass. The aim of the mandatory drug testing program is to prevent SISD high school students from using prohibited, illegal drugs. The specific purposes of the program are:

- 1) to take a proactive approach toward drugs and alcohol;
- 2) to provide for the health and safety of students;
- 3) to undermine the effects of peer pressure by providing a legitimate reason for students to refuse to use illegal drugs;
- 4) to encourage student users to participate in drug treatment programs;
and
- 5) to recognize the responsibility of students involved in extracurricular activities to serve as positive role models for their peers and as representatives of the high school and of the school district as a whole.

Definitions:

A. Illegal Drugs to be Included in Screening

Each high school student eligible for participation in the mandatory drug testing program will submit to urinalysis testing designed to detect the presence of the following kinds of illegal drugs:

Alcohol

Amphetamines

Barbiturates

Benzodiazepines

Cocaine

Methaqualone

Opiates

-Including Codeine, Heroin, Morphine, Papaverine

Phencyclidine (PCP)

Steroids used for non-medicinal purposes

Tetrahydrocannabinols (THC)

-Marijuana

And other illegal drugs and controlled substances

These drugs shall be defined in the same manner provided in the Texas Health and Safety Code, and/or the Texas Alcoholic Beverage Code. The screenings are not designed to detect medical conditions or the presence of authorized prescriptions drugs.

B. Eligibility for Testing Program

Mandatory Student Participants. Any student participating in extracurricular or athletic programs (any time during the school year) sponsored by Snook High School is eligible for and shall be included in the Drug Testing Program. This also includes any students participating in pre- or post- season practice during the school day or in meetings and practices held after school. The Drug Testing Program also includes any student who is afforded the privilege of obtaining a parking pass, which allows a student to drive and park a vehicle on the campus of Snook High School.

Voluntary Student Participants. Any parent or guardian who wants his or her student who is not part of the Mandatory Student Participants, to be included in the Drug Testing Program may voluntarily give written consent for his/her student to be included in the program. If the student is eighteen (18) or over, the student must give written consent for inclusion in the Drug Testing Program.

Procedures for Students:

Written Consent. At the beginning of each school year, students who drive and park a vehicle on district facilities as well as those participating in extracurricular activities shall complete and sign, in conjunction with the student's parent, guardian, or other person with lawful control, the District Student Code of Conduct and Informed Consent for Drug Testing. No student may drive or park on district premises or participate in practice or competition until this form has been properly executed and is on file with the district.

Testing Schedule. Students in the Mandatory Drug Testing Program will be randomly selected. The program will be scheduled to select up to fifty students once a month during the school year.

Student Selection for Random Testing. An independent laboratory will oversee the random selection of students.

Sample Collection:

Timing of Sample Collection. Urine samples and breathalyzer testing will be collected on the same day the student is selected for testing. Each student who is to be notified of selection for random testing shall proceed to the test site immediately. School officials will make every effort to insure that sample collection does not interfere with a student's ability to receive academic instruction. If the student is not on school property at the time and date random collections are done, the student shall be tested at the next most convenient time for the district.

Privacy During Sample Collection. Students will be provided as much privacy as possible during the collection of urine samples. Each student, whether male or female, will provide a urine sample from an individual bathroom with the door closed. A representative of the laboratory will stand outside the bathroom door to retrieve the sample from the student.

Failure to Provide Sample. Any student who refuses to provide a urine sample will be subject to sanctions for positive testing.

Chain of Custody:

When collected, all urine specimens will adhere immediately to a strict chain of custody as set out by the district's selected testing laboratory.

Prescription Medication:

Students selected for testing who are taking prescription medications that may fall under the type of drugs being tested for may provide a copy of the prescription or doctor's verification in a sealed envelope to school personnel or laboratory technician. Students who refuse or fail to provide verification of prescription medication usage and test positive will be subject to the sanctions specified for "Positive Tests."

Qualification of Testing Laboratory:

The testing laboratory must be certified and follow all guidelines of the Department of Health and Human Services. The employees of the testing laboratory who handle SISD student specimens must have experience in toxicology testing and chain of custody procedures.

Scope of the Test:

The testing lab will be instructed to test for the drugs listed in the "Definitions" section of this policy. Student samples will not be tested for the presence of any substance other than the drugs listed in this policy nor will samples be tested for the existence of any particular medical condition.

Limited Access to Testing Results:

Notification from Testing Lab. The testing lab will be authorized to telephone results only to the campus principal or to a school district employee that the principal may designate.

Notification from School Principal or Designee. Test results for students may be known only to the student, parent/guardian, the superintendent, the principal, and the student's coaches or sponsors.

Written Test Results. Any written test results from the testing lab will be sent to the principal only. All test results are to be kept in a secure location. Drug test results will be kept separately from a student's education records and destroyed when the individual is no longer a student in the Snook Independent School District.

Non-Punitive Nature of Policy

No student shall be penalized academically for testing positive for illegal drugs. The results of drug tests pursuant to this policy will not be documented in any student's academic record. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities absent legal compulsion by valid and binding subpoena or other legal process, which the district shall not solicit. In the event of service of any subpoena or legal process, the student's custodial parent or legal guardian will be notified in writing and/or by phone before response is made by the district.

Substance Use Violations:**A. Self-Referral**

1. A student cannot make a self-referral on a day selected for random drug testing.
2. On a date other than a day selected for random drug testing, a student may refer himself or herself to the student's coach, sponsor, or principal.
3. When a student initiates a self-referral, a conference will be required between the student's parent/guardian, the student's coach or sponsor, and a school administrator.
4. After a self-referral, a student will be ineligible to participate in extracurricular activities or to drive and park on campus until the student has completed the procedures and sanctions listed under FIRST OFFENSE. Failure to complete the procedures and sanctions will result in the student being dropped from extracurricular activities and driving/parking privileges until completion of the sanctions. When eligible to return, the student must be drug tested at the next random drug testing date. The student must receive a negative test result to be reinstated.
5. A student may self-refer only one time during the student's high school career.

B. Sanctions for Positive Tests

Any student testing positive to a drug test will adhere to the following procedures and sanctions. Failure to complete procedures and sanctions will result in suspension of a student's eligibility to compete in extracurricular activities and suspension of the student's driving/parking privileges until completion of the terms in this policy. Consequences of positive test results shall be cumulative through the student's enrollment in the District.

a. FIRST OFFENSE: After one positive test result, a student will follow these procedures and sanctions.**Procedures:**

- (1) After being informed of a student's positive test results by the testing lab, the principal will notify the student's parents or guardians of the student's positive test. The principal and the coach or sponsor will meet with the parents or guardians of the student to discuss the applicable sanctions.
- (2) The student must complete a drug counseling program approved by the principal. The program will be at the expense of the student's parent or legal

guardian. This program must be complete before the student will be reinstated into extracurricular activities and reissued driving/parking privileges on campus.

Sanctions:

- (1) The student will be suspended from participation in extracurricular activities and driving/parking on the district's facilities for a period of time that includes fifteen instructional school days. The student's suspension begins once the student and parents have been notified of a confirmed positive result. During the period of suspension, the student may participate in practices but not in any competitive activities or performances.
- (2) The student shall be drug tested on the testing date following the conclusion of his/her fifteen instructional school day suspension. The parent or guardian of the student will be responsible for the cost of the second test. The student must have negative test result to be reinstated and released of his/her suspension.
- (3) The student will remain suspended from extracurricular activities and driving/parking privileges until such time as the student completes all parts of the procedures and sanctions set forth in this policy.

b. SECOND OFFENSE: After a second positive test result a student will follow these procedures and sanctions.

Procedures:

- (1) After being informed of a student's positive test result by the testing lab, the principal will notify the student's parents or guardians of the student's positive test. The principal and the coach or sponsor will meet with the parents or guardians of the student to discuss the applicable sanctions. During the period of suspension, the student may participate in practices but not in any competitive activities or performances.
- (2) The student must complete a drug counseling program approved by the principal. The program will be at the expense of the student's parent or legal guardian. This program must be complete before the student will be reinstated into extracurricular activities and reissued driving/parking privileges on campus.

Sanctions:

- (1) The student will be suspended from participation in extracurricular activities and driving/parking on the district's facilities for a period of time that includes thirty instructional school days. The student's suspension begins once the student and parents have been notified of a confirmed positive test result. During the period of suspension, the student shall not be permitted to participate in practices or any competitive activities or performances.
- (2) The student shall be drug tested on the testing date following the conclusion of his/her thirty instructional school day suspension. The parent or guardian of the student will be responsible for the costs of the second test. The student

must have a negative test result to be reinstated and released of his/her suspension.

- (3) The student will remain suspended from the extracurricular activities and driving/parking privileges until such time as the student completes all parts of the procedures and sanctions set forth in this policy.

c. THIRD OFFENSE: After a third positive test result a student will follow these procedures and sanctions.

Procedures

- (1) After being informed of a student's positive test results by the testing lab, the principal will notify the student's parents or guardians of the student's positive test. The principal and the coach or sponsor will meet with the parents or guardians of the student to discuss the applicable sanctions.
- (2) The student must complete a drug counseling program approved by the principal. The program will be at the expense of the student's parents or legal guardian. This program must be completed before the student will be reinstated into extracurricular activities and reissued driving/parking privileges on campus.
- (3) Upon conclusion of the suspension and upon completion of all procedures and sanction, the student must apply for reinstatement. See official reinstatement guidelines for appropriate procedures.

Sanctions:

- (1) The student will be suspended from participation in extracurricular activities and driving/parking on the district's facilities for a period of time that includes 365 calendar days. The student's suspension begins once the student and parents have been notified of a confirmed positive test result. The student shall not be permitted to participate in practices or any competitive events or performances.
- (2) The student shall be drug tested on the testing date following the conclusion of his/her twelve month suspension. The parent or guardian of the student will be responsible for the cost of the second test. The student must have a negative test result to be reinstated and released of his/her suspension.
- (3) The student will remain suspended from the extracurricular activities and driving/parking privileges until such time as the student completes all parts of the procedures and sanctions set forth in this policy.

d. FOURTH OFFENSE: After a fourth positive test result a student will follow these procedures and sanctions.

Procedures:

- (1) After being informed of a student's positive test results by the testing lab, the principal will notify student's parents or guardians of the student's positive test. The principal and the coach or sponsor will meet with the parents or guardians of the student to discuss the applicable sanctions.

Sanctions:

- (1) The student will be suspended permanently from participation in extracurricular activities and driving/parking on the district's facilities. This suspension will remain as long as the student is enrolled in SISD. The student's suspension begins once the students and parents have been notified of a confirmed positive test result.

RESPONSIBILITY FOR COSTS

SISD Responsibility. The District will be responsible for the cost associated with the random drug testing and oversight of the contracted laboratory.

Student and Parental Responsibility. The student and/or the student's parent or guardian will be responsible for any additional costs, including, but not limited to, any cost associated with a split screening following an initial positive test result, any cost associated with the required drug counseling program following a positive test result, and the cost of the second drug test required for reinstatement.

CHALLENGING INITIAL TEST RESULTS

If a student's parent or guardian wants to contest the initial positive test results, then the independent testing laboratory selected by the district shall arrange for a split portion of the urine specimen to be tested by another laboratory. Any such split screening will be done at the parent or guardian's expense. Such a request must be made to the principal in writing within 48 hours from first notification of positive test results.

APPEALS PROCESS

A student or parent may appeal a decision made under this policy in accordance with FNG (LOCAL). The student shall be ineligible for participation in extracurricular activities while the appeal is pending.

The preceding student drug testing program procedural guidelines were developed in accordance with SISD Board policy FNF (LOCAL) as adopted on March 28, 2016 by the SISD Board of Trustees.

Student Name: _____
Last First Middle

Current Grade Level: _____

**Snook Independent School District
Student Drug Testing Consent Form**

Statement of Purpose and Intent

Participation in school sponsored extra-curricular activities at the Snook Independent School District is a privilege. Activity Students carry a responsibility to themselves, their fellow students, their parents, and their school to set the highest possible examples of conduct, which includes avoiding the use or possession of illegal drugs.

Drug use of any kind is incompatible with participation in extra-curricular activities on behalf of the Snook Independent School District. For the safety, health, and well being of the students of the District, the Snook Independent School District has adopted the attached Student Drug Testing Procedural Guidelines and the Student Drug Testing Consent for use by all participating students at the high school level.

All Driving Students must also participate in the Student Drug Testing Program in order to have the privilege of parking on school grounds or within 300 feet of school property.

Participation in Extra-Curricular Activities and Parking Privileges in Snook I.S.D. Each Activity Student and Driving Student shall be provided with a copy of the Student Drug Testing Procedures and Student Drug Testing Consent, which shall be read, signed and dated by the student, parent or custodial guardian, and coach/sponsor before such student shall be eligible to practice or participate in any extra-curricular activities or permitted to park on or within 300 feet of school property. The consent shall be to provide a urine sample as chosen by the random selection basis at any time requested to be tested for illegal or performance-enhancing drugs. No student shall be allowed to practice or participate in any activity governed by the procedures, including parking on school property, unless the student has returned the properly signed Student Drug Testing Consent.

I understand after having read the "Student Drug Testing Procedural Guidelines" and "Student Drug Testing Consent" that, out of care for my safety and health, the Snook Independent School District enforces the rules applying to the consumption or possession of illegal and performance-enhancing drugs. As a member of a Snook extra-curricular interscholastic activity and/or as a driving student, I realize that the personal decision that I make daily in regard to the consumption or possession of illegal or performance-enhancing drugs may affect my health and well being as well as the possible endangerment of those around me and reflect upon any organization with which I am associated. If I choose to violate school policy regarding the use or possession of illegal or performance-enhancing drugs any time while I am involved in in-season or off-season activities and/or while participating as a driving student, I understand upon determination of that violation I will be subject to the restrictions on my participation as outlined in the Policy.

Signature of Student

Date

We have read and understood the Snook Independent School District "Student Drug Testing Procedural Guidelines" and "Student Drug Testing Consent." We desire that the student named above participate in the extra-curricular interscholastic programs and/or be designated as a Driving Student of the Snook Independent School District, and we hereby voluntarily agree to be subject to its terms. We accept the method of obtaining urine samples, testing and analysis of such specimens, and all other aspects of the program. We further agree and consent to the disclosure of the sampling, testing and results as provided in this program. ** Please retain your copy of the Student Drug Testing Policy as it will be the only copy your child receives while they are participating in Snook ISD extra-curricular activities or using school property to park their vehicles unless changes are made in future years.

Signature of Parent or Custodial Guardian

Date

Contact Phone Number

Signature of Coach/Sponsor/Principal

Date