

Menus

School: Peoria Heights High School

Academic Year: 2020-21

Meal: Lunch

Month: September 2020

September				
M	Tu	W	Th	F
31 Pizza Alternative or Sack Lunch: Deli Sandwich Peppers, Peaches, Milk	1 Taco Bites w/Salsa Alternative or Sack Lunch: Grilled Cheese Broccoli/Cauliflower, Mandarin Oranges, Milk	2 Spicy Chicken Patty Alternative or Sack Lunch: Corn Dogs Side Salad, Mixed Fruit, Corn	3 Pretzel Nuggets Alternative or Sack Lunch: Hot Dogs Baby Carrots/Celery, Apple Slices, Milk	4
7	8 Burrito w/Salsa Alternate: Grilled Cheese Cucumber/Peppers, Pears, Milk	9 Pizza Alternate: Grilled Cheese Side Salad, Applesauce, Milk	10 BBQ/Rib on Bun Alternate: Grilled Cheese Fresh Carrots and Celery, Peaches, Milk	11 Taco Salad Alternate: Grilled Cheese Lettuce, cheese, salsa, refried beans, slushies, milk
14 Cheeseburger on a Bun Alternate: Deli Sandwich Peppers/Tomatoes, pears, milk	15 Orange Chicken w/Rice Alternate: Deli Sandwich Cucumbers/ Peppers, Fresh Watermelon, milk	16 Corndog Alternate: Deli Sandwich Side Salad, applesauce, milk	17 Chicken Tenders Alternate: Deli Sandwich Carrots/Celery, fresh honeydew melon, milk	18 Nachos and Cheese Alternate: Deli Sandwich Potato Wedges, apple slices, milk
21 Chicken Patty on Bun Alternate: Pizza Side Salad/Tomato, pineapple, milk	22 Taco Bites w/salsa Alternate: Pizza Cucumbers/peppers, Craisins, milk	23 1/2 DAY NO LUNCH SERVED! EAT YOUR BREAKFAST!!!	24 White Cheddar Mac and Cheese w/Chicken Alternate: Pizza Side Salad, Mixed fruit, milk	25 Sub Sandwich Alternate: Pizza Carrots/Celery Apple Slices, milk
28 Sloppy Joe on a Bun Alternate: Deli Wrap Pears, milk	29 Chicken Quesadilla w/Salsa Alternate: Deli Wrap Mandarin Oranges, milk	30 Pizza Alternate: Deli Wrap Applesauce, milk	1 1/2 DAY NO LUNCH SERVED!! EAT YOUR BREAKFAST!	2 NO SCHOOL!