

SEPTEMBER | 2020



"USDA is an equal opportunity provider and employer."

Tinora Middle School ~ Grades 5-8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1	2	3	4
7 NO SCHOOL LABOR DAY	8 Chicken Nuggets w/ BBQ Green beans Cherry tomatoes Applesauce	9 Hamburger Pickles French fries Peaches	10 Soft taco Lettuce & Cheese cup Sour cream & Salsa Corn & Black beans Snack Pineapple	11 Pizza Sticks w/ Marinara Steamed carrots Broccoli w/ dip Apple
14 French Toast w/syrup Sausage Carrots w/ dip Juice	15 Hot Dog Chili Sauce Doritos Sliced cucumbers Pears	16 Submarine Sandwich Mayo & Lettuce French fries Applesauce	17 Breaded Chicken Sandwich Mashed Potatoes Mandarin oranges	18 Stuffed Crust Pizza Romaine w/ dressing Sliced peppers w/ dip Peaches
21 Popcorn Chicken w/ BBQ Tater tots Pineapple Fish Sandwich	22 BBQ Pulled Pork Sandwich Green beans Cole slaw Applesauce Grilled Chicken Salad Meal	23 Hamburger Pickles French fries Peaches BBQ Chicken Sandwich	24 Grilled Cheese Baked Beans Carrots w/ dip Pears Burrito	25 Tony's Cheese Pizza Peas Cauliflower w/ dip Orange wedges
28 Fried Chicken Mashes Potatoes Roll Applesauce Salisbury Steak	29 Nachos w/ Cheese Corn Pretzel Mandarin oranges Grilled Chicken Salad Meal	30 Mini Corn Dogs French Fries 3 Bean salad Pineapple Pork Fritter Sandwich	1	2

News

Choice of Milk:
Chocolate
Strawberry
White

Breakfast
Adult 2.25
K-12 1.80
Reduced 0.30
Milk 0.60

Lunch
Adult 3.75
Student 3.00
Reduced 0.40
Milk 0.60

Breakfast is served daily
and includes:
Grain
Fruit
Juice
Milk
Grain choice: Pop tart,
cereal, granola bar,
Muffin, or toast.

Menu subject to change.