

## Wellness Committee Meeting

August 4, 2021

Start Time: 0900

End Time: 0925

Cave City High School Library  
Cave City Public School District

Called to order at 0905 by Diana Gore

Members present are Diana Gore, Jamie King, Cheryl Bell and Debbie Asberry

Old Business: None

New Business: Discussing the need to form and how to form Wellness Committees within Middle School and Elementary campuses.

Meeting adjourned at 0925

Will advise of next district meeting via email.

Health and Wellness Committee Meeting Minutes  
9/15/2021

Cave City High School  
Cave City High School Cafeteria

Called to order at 1:00pm by Diana Gore

Members present: Stu Smart, Ashley Beller, Lilyona Kirk, Diana Gore,  
Elaine Nix

Members absent: Marc Walling and Sarah Vinson

Old Business:

Health and Wellness committees formed for Elementary and Middle  
School

New Business:

Will meet with other campus committees at least once a school year.

New Committee members: Lilyona Kirk and Stu Smart.

Menus (September and October)

Copy of Wellness Policy handed out as well as BMI report from last  
school year.

BMI for HS scheduled for 9/22/21

Student with severe peanut allergy on campus

Vending Machines

Concession stands

2<sup>nd</sup> Covid Immunization Clinic 9/17/2021

Flu Clinic set for October 1, 2021

Free lunches again for all students for 2021-2022 school year

Motion made to send out a REMIND message when flu forms go home  
with students, so parents are made aware to be looking for them.

Post flu clinic date on our school website

Meeting adjourned @ 1:15pm

Health and Wellness Committee Meeting Minutes  
11/17/21 @ 1pm

Start Time: 1:04pm

End Time: 1:30pm

Cave City High School Cafeteria

Cave City Public School District

Called to order @ 1:04pm by Diana Gore

Members present: Marc Walling, Ashley Beller, Diana Gore, Lilly Kirk  
and new member Kaylee Leddy (11<sup>th</sup> grader)

Members absent: Elaine Nix, Stu Smart, Sarah Vinson, Jamie King

Old Business: BMI

New Business: Covid Vaccination Clinics, Wellness Policy, BMI, Menus,  
Flu Clinic, School Nurse Survey Data (2019/2020), Immunizations

Discussion:

BMI: this year's numbers vs. last year's numbers

Menus, Menu items, Microwave, Number of students eating lunch in  
cafeteria vs. bringing lunch vs. not eating lunch

Staff shortage in Cafeteria and throughout

Wellness Policy

Covid positive numbers

Copy of School Nurse Survey Data provided

Immunizations

No new motions made

Meeting adjourned @ 1:30pm

Will advise of next Health and Wellness meeting via email for Jan 2022

## Health and Wellness Committee Meeting

May 20, 2022

Start Time: 1310

End Time: 1327

Cave City High School Cafeteria  
Cave City Public School District

Meeting called to order @1310 by Diana Gore

Members present are Diana Gore, Stu Smart, Elaine Nix, Ashley Beller

Members Absent: Lilly Kirk, Kaylee Leddy, Sarah Vinson, Jamie King

Old business: SHI, Elementary and Middle School Wellness Committee Formation

New Business: 2021-2022 HS SHI Binder, 2022-2023 Flu Clinic, Health and Wellness Live, Vending Machines, Health and Wellness education for next school year, Breakfast choices, Kitchen staff, Free or reduced breakfast/lunches for 2022-2023 unknown

Meeting adjourned at 1327

Will notify of next Health and Wellness Meeting via email.